# Chareese Towoju

# **BSN, Registered Nurse**

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Passionate about collaborating within a professional team and utilizing my skillset to offer the highest level of patient centered care. Currently seeking a new graduate RN position that will expand my nursing education, skills and knowledge to reinforce the facility's operations, while providing a platform to practice exceptional leadership skills and care while advocating for patient safety, and hospital standards.

Authorized to work in the US for any employer

# Work Experience

### Registered Nurse (RN) Research Nurse IV Nurse ICU Nurse

The Shepherd Center - Atlanta, GA July 2018 to Present

• Clinical Trials Services our clinical trials team manages the entire clinical trial cycle including: assessment, initiation, incorporating study protocol into clinical operations; subject recruitment and retention; data collection; monitoring; and study close-out. Close collaboration with corporate teams ensures that mutual goals are met. The Principal Investigator provides leadership to the clinical trials team, and is supported by the clinical trials team in every aspect of trial conduct.

The following are examples of services the clinical trials team provides to industry sponsors, contract research organizations (CROs) and Principal Investigators. Work as a resource: Site Selection, Study Initiation, Implementation of the Study and Study Closure.

Other duties included but were not limited too were:

- starting intravenous lines
- Inserting and maintaining PICC or midlines
- Routine PICC/ midline dressing changes
- Teaching intravenous access and PICC insertion
- Outpatient or ambulatory care infusion nurse
- Intermittent chemotherapy infusion
- Blood transfusions
- Antibiotic infusions
- Steroid infusions
- Nutrition replacement/ vitamin infusions
- Fluid/ electrolyte infusions
- Patient/family education with regards to line site, tubing, and catheter management
- Patient/family education on the rationale for therapy
- Education on possible side effects/ adverse effects of therapy, and signs and symptoms of infection to report
- Collaboration and communication with the ordering physician throughout therapy

- · Line maintenance and troubleshooting
- Administering medications and fluid therapy
- Reviewing pertinent lab values and drug information
- Developing a plan of care with the patient, family, and physician with regards to infusion therapy
- Monitor the patient's response to treatment throughout therapy
- · Assessing line site and patency regularly, keeping infection control and prevention as a priority

#### Member

The National Society of Leadership and Success January 2017 to Present

### Registered Nurse (RN)

Krucial Staffing - Dallas, TX Present

ER Nurse Med Surge NHISS certification

#### **ER Nurse**

Krucial Staffing - Texas June 2021 to October 2021

COVID Emergency response ER nurse.

### **Psychiatric Mental Health Nurse**

Georgia Regional Hospital - Atlanta, GA July 2019 to December 2020

- Partner with individuals to achieve their recovery goals
- Provide health promotion and maintenance
- Conduct intake screening, evaluation, and triage
- Provide Case management
- Teach self-care activities
- Administer and monitor psychobiological treatment regimens
- Practice crisis intervention and stabilization
- Engage in psychiatric rehabilitation and intervention
- Educate patients, families, and communities
- Coordinate care
- Work within interdisciplinary teams
- Provide individual, group, and/or family sessions
- Administer medication for acute and chronic illnesses
- Conduct comprehensive assessments
- Provide clinical supervision
- Diagnose, treat, and manage chronic or acute illness
- Provide integrative therapy interventions
- Order, perform, and interpret lab tests and other diagnostic studies
- Provide preventative care including screening and immunizations
- Develop policies for programs and systems
- Make referrals for health problems outside your scope of practice
- Perform procedures

### **Medical Surgical Nurse**

Roselane Health & Rehab - Marietta, GA May 2017 to November 2019

- Assesses the physical, psychological, sociocultural, and spiritual dimensions of clients and their families, as well as their educational and discharge needs in order to formulate nursing diagnoses
- Plans nursing care while acknowledging that rehabilitation nursing is practiced within a collaborative team.
- Implements a plan of care by providing nursing care and education directly or through ancillary personnel, as needed, to maintain and restore function and prevent complications and further loss
- Evaluates the nursing care that is being provided and modifies the plan, as needed, to achieve measurable goals and objectives
- Provides in-service education for healthcare team members and members of the community regarding the prevention of disabilities.
- Contributes to a safe and therapeutic environment and supports activities that promote the clients' return of function and prevent complications or chronic illness
- Collaborates with team members to achieve cost-effective care by utilizing appropriate clinical measures to meet emergent physical, psychosocial, and spiritual needs.
- Demonstrates effective oral and written communication skills to develop a rapport with clients, their families, and health team members and to ensure the fulfilment of requirements for legal documentation and reimbursement.
- Input and Implemented new orders
- Post op Wound care
- Staffing
- Central line care and Maintenance
- Cardiac Monitoring

### **Capstone Nurse**

AG Rhodes Cobb

March 2018 to April 2018

- · Administered Meds
- Patient Centered Care
- Properly communicated and obtained patient information while respecting the rights and privacy and confidentiality of each patient's information.

#### **Collaborative Health Nurse**

Oakhurst Medical Center January 2018 to February 2018

- Performs and directs nursing care and patient education as appropriate; develops and monitors patient care plans for assigned patients, completes treatments or procedures ordered by physicians or mid-level providers and assists them with any procedures when necessary.
- Assists in supervising the medical assistants as needed for efficient operation of the center.
- Checks and maintains the emergency cart on the area, works with medical emergencies as the supervising RN, identifies and takes appropriate actions on medical emergencies as specified by BCLS protocols.
- Collaborates with social worker and nutritionist for comprehensive case management.

# **Critical Care Nurse**

Grady Memorial Hospital

September 2017 to October 2017

- Performs patient feedings, tracheostomy, G-tube and J-tube care.
- Performs patient head to toe assessments, medication administration, tracheostomy care, neurological checks, and monitored patient progress toward good health.
- Observation of cardiac strips on the cardiac/tele unit.

### **Community Health Nurse**

Regency Park Health & Rehabilitation March 2017 to April 2017

- Delegated tasks to unlicensed assistive personnel within their scope of practice.
- Educated patients on discharge instructions and obtained patient signatures for understanding of discharge instructions.
- Responsible for checking patient vital signs which included heart rate and temperature.

#### **Critical Care Nurse**

Eastside Medical Center January 2017 to February 2017

- Assisted with Trach Suctioning
- Monitored patient's EEG
- Cared for patients on Ventilators, and initiated Vent Protocols
- Triaged patients admitted in to the ED for emergent care.
- Cardiac Monitoring
- Performed IV insertions, Foley catheter insertions, medication administration as well as initiating IV fluids and IVPB medications

#### **Pediatric Health Nurse**

Children's Healthcare of Atlanta November 2016 to December 2016

- Performed patient morning and afternoon vital signs.
- Assisted with notifying proper authorities during a child abuse case
- Cleft palate care
- Monitored labs
- Administered Various meds while providing necessary material, or patient teaching

### **Mental Health Nurse**

Cobb-Douglas County

September 2016 to October 2016

- Provided therapeutic communication to patients by listening and giving feedback.
- Administered psychiatric, cholesterol and blood pressure medications.
- Facilitated group sessions which included art and music therapy.
- Administered daily patient medications.
- Assessed patients regarding one on one and group interactions.

#### **Maternal-Child Nurse**

Floyd Medical Center July 2016 to August 2016

• Observed vaginal and cesarean deliveries.

- Performed medication administration, FHR monitoring, and head to toe assessments on mother and baby.
- Fed and bathed newborns in the NICU and administered Hepatitis B shots to infants
- Performed head to toe assessments and focused assessments as well as medication administration of morning and afternoon medications.
- Provided perineal care and bed baths.
- Circumcision care

### **Medical Surgical II Nurse**

Saint Joseph's Health System March 2016 to April 2016

- Evaluated the patient and their family while respecting their role in determining the nature of care to be provided, including Advanced Directives
- Assisted with Pleural Effusion
- · Diabetic wound care
- Executed strict isolation measures for patients who were immunocompromised.
- Performed basic patient care such as vital signs, baths, and handing out food trays.
- Performed head to toe assessments.

# **Medical Surgical I Nurse**

Saint Joseph's Health Systems January 2016 to February 2016

- Conducted ambulation activities which included walking patients with gate belt, flipping to prevent bed sores and lifting limbs to help alleviate stiffness
- Wound Care
- Trach Care
- Catheter Care

#### **Nursing II Nurse**

Regency Park Health and Rehabilitation November 2015 to December 2015

- Glucose checks
- Provided perineal care and bed baths.
- Executed strict isolation measures for patients who were immunocompromised.
- Performed basic patient care such as vital signs, baths, and handing out food trays.
- Performed head to toe assessments.
- Conducted ambulation activities which included walking patients with gate belt, flipping to prevent bed sores and lifting limbs to help alleviate stiffness.

#### **Nursing I Nurse**

Quinton Memorial Health and Rehabilitation September 2015 to October 2015

- · Provided perineal care and bed baths.
- Executed strict isolation measures for patients who were immunocompromised.
- Performed basic patient care such as vital signs, baths, and handing out food trays.
- Performed head to toe assessments.
- Conducted ambulation activities which included walking patients with gate belt, flipping to prevent bed sores and lifting limbs to help alleviate stiffness.

# **Community Service/Volunteer**

Noah's Ark Children's Shelter 2005 to 2010

- Coordinated and led activities utilized by the children occupying the shelter.
- Assisted with an initiative that collected contributions of gently used furniture, clothing, and other household items to utilize for the children within the shelter.
- Cleaned, organized, and assisted with the daily tasks associated with the shelter, and the animal sanctuary.

### Education

# **Bachelor of Science in Nursing in Clinical**

Chamberlain College of Nursing - Atlanta, GA May 2015 to 2018

# **Nursing Licenses**

#### RN

#### RN

### Skills

- Med Surg
- RN
- Medical Surgical
- Catheter Care
- Medication Administration
- Nursing
- Triage
- Critical Care Experience
- EMR Systems
- Hospital Experience
- Infusion Experience
- Nursing
- Epic
- ICU Experience
- Infusion
- Clinical trials
- Acute care
- Home care
- Phlebotomy

- Medical office experience
- Laboratory experience
- Case management
- Basic IV
- Vital Signs
- Medical Records
- Experience Administering Injections
- Patient Monitoring
- Patient Care
- · Behavioral Health
- Caregiving
- · Travel nursing
- English
- Clinical research

# Certifications and Licenses

**BLS Certification** 

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**ACLS Certification** 

**PALS Certification** 

**NHISS** certification

Present

**CPR Certification** 

**NALS Certification** 

**TNCC Certification** 

**NRP Certification** 

**Compact State Nurse License** 

**AED Certification** 

**Certified Case Manager**