# Lacey Overby

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Authorized to work in the US for any employer

### Work Experience

#### **RN Case Manager Home Health**

Elara Caring - Wichita Falls, TX

Present

Completed assessment of patient and family to determine home health needs

Initiated and developed the patient's plan of care which established goals-based on nursing diagnosis and incorporated therapeutic, preventive and rehabilitative nursing

Established a compassionate environment by providing emotional, psychological and spiritual support to patients, friends and families

Administered medication and treatments as prescribed by the physician

Identified discharge planning needs as part of the care plan development and implemented prior to discharging the patient

Assessed and completed home health aide and LVN evaluations

Effective counseling in health maintenance and disease management.

Performed all tasks with a patient-centered focus while seeking opportunities for improvement of processes and treatments.

Managed care for post-operative patients through discharge.

Liaised between patients and physicians to ensure patient comprehension of treatment plans.

Ensured HIPAA compliance.

Assisted patients with multiple chronic diagnoses including COPD and asthma.

Developed patient care plans, including assessments, evaluations and nursing diagnoses.

#### **RN- Charge Nurse**

Red River Hospital

May 2020 to August 2021

- Performed physical and mental health assessments, hearing/vision screenings, immunization administration
- Led nursing groups focusing on mental and physical health and provided group and individual counseling
- Provided ongoing evaluation of medication regime and monitored effectiveness
- Participated in weekly inter-disciplinary treatment team meetings to discuss individual client treatment plans and discharge planning
- Participated in milieu management, ensured safety for all staff and clients, and performed physical restraints as necessary
- Administered psychotropic medications as prescribed.
- Audited charts and documented patient care as provided.
- Monitored restraints as indicated according to facilities policies.

- Familiar with DSM as dated and psychotropic meds, possible side effects and treatments.
- Scheduled and prepared patients for Psychiatrist visitations.
- Provided injections, medications, and organized schedule for administering meds.
- Co facilitated and taught coping skills in wellness groups and multi family groups.
- Interfaced with social workers and doctors on care management.
- Performed HIV and STD pre- and post-test counseling

#### **LVN-Charge Nurse**

Sheridan Medical Lodge January 2017 to October 2017

Medicine administration (PO, IM, IV, G Tube)

Skilled nurse assessments/Admissions

Documented daily on over thirty patients' progression towards their individual health goals.

Followed procedures for recovering from serious illnesses and injuries, rehabilitation and treatment plans to accelerate patient recovery; minimize pain, discomfort, infections and complications; and optimize patient outcomes.

Wound care and dressing changes, (Including Wound Vacs, All stages of pressure ulcers, and amputations)

Tracheostomy care, G-Tube Feedings & Care, Respiratory Treatments & Assessments

IV Therapy

Patient Bathing & Hygiene assistance

**Blood Pressure monitoring** 

Psychiatric stability monitoring

Provided daily glucose checks and insulin administration

#### LVN

Wichita Home Health

August 2014 to November 2016

Delivered in-home nursing services that included:

Wound care and dressing changes, Tracheostomy and suctioning/Care, G-Tube Feedings & Care, Respiratory Treatments & Assessments, IV Therapy, Patient Bathing & Hygiene Assistance, Glucose Checks, Blood Pressure Monitoring, and Psychiatric stability.

Drew blood samples, test urine, screen vision and hearing, take and record vital signs, heights and weights to assist with patient screening as needed. Assist with follow up on abnormal test results and missed appointments by telephone and home visit.

Traveled throughout 100-mile territory to provide home-healthcare services to adult and elderly patients diagnosed with chronic/terminal conditions, convalescing from surgical

Followed procedures or recovering from serious illnesses and injuries. rehabilitation and treatment plans to accelerate patient recovery; minimize pain, discomfort, infections and complications; and optimize patient outcomes.

Assessed, monitored and documented patient progress, symptoms and vital signs on each visit. Educated clients and their families on the safe treatment of injuries, illnesses and conditions.

#### LVN

Allergy Center PA - Wichita Falls, TX December 2013 to August 2014

Recorded patients' medical history, vital statistics and test results in medical records.

Performed allergy skin testing, allergy injections and spirometry Administered immunizations, medications and nebulizer treatments.

Provided necessary health education training for patients.

Accurately documented all elements of nursing assessment, treatments, medications, discharge instructions and follow-up care.

Interviewed patients to obtain medical information and measure their vital signs, weight and height. Maintained patient charts and confidential files while managing front desk duties of a very active medical office.

#### LVN

Monterrey Care Center - Wichita Falls, TX February 2013 to December 2013

Medicine administration (PO, IM, IV, G Tube)

Skilled nurse assessments

Documentation

**Psychiatric Reviews** 

Wound Care (Including Wound Vacs, All stages of pressure ulcers, and amputations)

Tracheostomy care

Provide daily glucose checks and insulin administration

### Education

#### **ADN**

Vernon College 2018 to 2020

#### **BSN**

Midwestern State University

### **Nursing Licenses**

### RN

Expires: September 2023

State: TX

### Skills

- Laboratory Experience
- Medication Administration
- Nursing
- Vital Signs
- Tube Feeding
- EMR Systems
- · Nurse management

- Assisted living
- Experience Administering Injections
- Case Management
- Triage
- Home Care
- Caregiving

## Certifications and Licenses

### **BLS Certification**

LVN

**AED Certification** 

**CPR Certification** 

LPN

**Compact State Nurse License**