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## Summary

I am a veteran and a highly experience and motivated RN with experience in areas of Med/Surg, Telemetry,LTAC, LTC, Rehab, Psyche, Home Health, Correctional, Education, Management. Work with other professionals and disciplines to meet patient's needs.

## **Skills Summary**

Computer documentation CPRS software.

EMR experience includes: MEDITECH, Epic, Therup, PCC, Pixus, Medicine dispense management with a patient population that includes: Adult, Geriatric & Adolescents.

Admissions, transfers, discharges, developing mental health, psychiatric and medical plans of care.

Care Plan updates, fall/risk monitoring, Braden scale and AIMS assessment.

Case Management

Scheduling, staffing assignments and input time for ADP

Intravenous management and care for client on IV central, PICC and PIV management.

## Experience

3/2020 - Current

SHIFTKEY – Travel Nursing and Nursing agencies

RN – Medical/Surgical, Rehab, Telemetry, at Hospitals,LTAC, SNF, acute psyche settings Travel nursing in: CT, IN, KS, MS, NC, SC, Tx, Ok

• Patient focused Med/Surg nursing with experience in providing care to stepdown and rehab units. Clinical expertise with medication management, intravenous management, insulin, heparin drips,wound vacs and care, venipuncture, respiratory Cpap, Bipap, capo therm, oxygen therapy maintenance with RT, infection control COVid management,staff education and development. Direct and indirect patient care, patient advocate and electronic charting.

## 9/2017 - 3/2020

Wellbridge Hospital, Plano, TX

RN – Behavioral Health (Full, Part time, Prn)

Care for the geriatric, adult, substance abuse, dual diagnosis, mental and psychiatric patient. Admisision assessment, management, discharge of psychiatric, mental and behavioral health patients.

\*Detox, behavioral health monitoring and management (CIWA, opiate and benzo) protocols. IV maintenance.

\*Medication, admission, staff, charge nurse and nurse supervisor. Crisis prevention and intervention.

\*Every shift documentation assessment, safety checks, IV hydration, monitor medical co-morbidities.

\*Care plan development and updates, fall risk, Braden scale, AIMS monitoring.

\*Monitor staff mental and behavioral health technicians. Pixus medication administration WITS documentation for admissions.

\*Staff and patient education and development staff in-service, evening groups and wrap up meeting for patients.

\*Perform and assist with infection control monitoring.

\*Perform wound care development, management of in-patient skin care of wounds. \*Supervisor, charge, medication, infection control monitoring and admission nurse duties in all aspects of nursing. Travel Nursing & Agency Nursing 8/16-Present Travel & Per diem nurse

\*Travel Nurse – Hospitals Charge, medication, staff nurse. Medical & psych units. Management of Mental and Behavioral, DDS patients with medical needs (IV ABT & hydration, trachea, wound and ostomy care, chronic medical needs). Admissions, discharge and care plan documentation. EMR experience includes: MEDITECH, Epic, Therup, PCC, Pixus, Medicine dispense management with a patient population that includes: Adult, Geriatric & Adolescents

\*Unit size and patient ratio varies (1-5,1-12, 1-23, 1-16). Nursing Supervisor @LTAC & rehab cfrs free floating unit assigned (IV, wound care, blood draw, medical emergencies, guide and manage nursing staff LPN's (certified nurse assistant).

Connecticut Valley Hospital, I Middletown, CT 08/12-9/16 Part time and Per diem nurse

\*Staff nurse on several units at psychiatric hospital, including DDS, adolescent, adult and gero-psychic patients, TBI, substance abuse dual diagnosed. Management of patients with mental health, psyche and behavioral issues.

\*Provide medical and psych nursing care. Supervision and guidance to mental health staff. Pixus med management. Chart audits, 24 – hour documentation, monthly, daily, and weekly charting. Computerized charting treatment plans. WITS

\*Provide nursing groups, maintain therapeutic environment, and assist with psychiatric, behavioral and medical emergencies. 458 bed hospital.

Westside Care Center/LTAC I Manchester, CT 10/2012-12/2014 Nursing Supervisor

\*Providing supervision, monitoring, direction and guidance of nursing staff providing patient care and nursing service. Perform admissions, assessments, transfers, discharges, treatments, IV. Peritoneal Dialysis service, manage emergency and non-medical issues.

\*Set up, prepare staffing patterns and issues. Promote continuity of care.

\*Assist all families and patients with needs and concerns. Provide scheduling, staffing assignments, input time for ADP. Infection control documentation promote staff development, education, planning and training. Care plan meetings with other disciplines and family for the development & implementation of patient care and service.

\*Work with Medical Director, APRN's, Psych (med options & harvest) for medical and mental health needs of the patient. Wound care management weekly rounds, documentation. EMR Point Click Care (PCC).

\*Provide educational and disciplinary actions to nursing staff. Work with all disciplines to provide and meet the needs of the patient. Work with clients with acute/chronic medical, psychiatric behavior and mental health needs. 165 bed facility (Acute Care, Rehab, LTC, Dementia Care and Mental Health Units).

Charlotte Hall Veteran's Home, Charlotte Hall, MD

3/2010 - 5/2012

Delegating Nurse / Director of Health and Wellness

HMR contractual service, managed all nursing staff and care to military patients in a 168 bed assisted living facility.

Provided guidance, supervision, education, monitoring, coordination and instruction to nursing staff at all levels.

Managed the overall care and service through EBP, theory and nursing process.

Addressed all medical and psychiatric emergencies.

Managed all state required assessment (HCPPA, ALM & LOC).

As the DN, Case Management of patients maintained.

Maintained service plan meeting with patient, families and other disciplines.

QA/QI meetings

Computer documentation CPRS software. Therup

MHM Medical Services & Department of Corrections, Patuxent, MD

2/2006 - 1/2010

RN – Medical/Rehab Unit

Provided medical/mental health nursing care to inmates.

Maintained, monitored and scheduled chronic care clinics, medical triage, sick call, medication management, IV and lab draws, medical and psych emergencies, medication administration to inmates. Provided care to emergencies of correctional officers.

Northwest Healthcare & Rehab Center, District of Columbia

9/2003 - 2/2006

Unit Manager/Weekend Supervisor

355 bed Rehab/Skilled facility. Managed 53 bed unit.

Coordinated licensed staff to care for patients. On weekends was the house supervisor.

Overall compliance with DCDOH regulations.

Acute care staff nurse on Pediatric Hematology/Oncology unit.

Agency nurse in hospitals in Baltimore.

Member of the armed forces (active, reserves and guard) serving as a medical specialist, supply, personnel and postal clerk. The USMC, Army Reserve and NC National Guard.

Morningside House Assisted Living, Laurel, Waldorf & Hanover, MD

8/2009 - 7/2012

Delegating Nurse/Case Manager

Provided patient assessments on admits, readmits and annuals, utilizing the state resident assessment tool to develop the client's health care needs, services and cost of the residents applying and living in the facility.

Sheppard Pratt Hospital, Ellicott City, MI 6/2008 – 5/2010 RN/Charge – Dual Diagnosed Unit Provided care on an adult substance abuse/mental health unit. Duties include: staff assignments, admissions, care planning, discharging, medication administration, patient education, precepted new nurses.

Comprehensive Health Academy, D.C. 9/2004 – 2/2006 Nursing Education & Clinical Instructor Instructor and trainer to LPN and nursing assistant students.

VMT Home Health Care Agency, DC 3/2008 – 7/2012 RN – Home Health (PRN) Provided health assessments to patients in their home post hospitalization as well as nursing care. Utilized OASIS documentation and Kinser EMR Start of care, Resumption of care, Recertification, discharge from services. Assessments done for Medicare, Medicaid, Medicaid waiver and veteran patients. Provided skilled visits, wound care monitoring, medication management, etc. Previous experience from May 1995 – 2004 in District of Columbia and Maryland. Experience includes children hospital new graduate pediatric oncology nurse, adult and geriatric acute care client with infectious diseases.

Education Chamberlain College of Nursing, Addison, IL 6/2017 – MSN

Howard County Community College, Ellicott City, MD 6/2005 – Certified Case Manager/Delegating Nurse

North Carolina Central University, Durham, NC 12/1994 - BSN