

KARINA L. BARRIA

Registered Nurse, Virginia Compact

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Objective: Motivated professional seeking a full-time position in an Emergency Room as I begin my new career as an RN; pursuing the completion of my bachelors, and ultimately masters as a Nurse Practitioner.

EXPERIENCE

Uglow Medspa [Operating Room Nurse Trainer]

Travel/Remote

October 2021-current

In charge of setting up ORs and create nursing protocols as well as traveling to assist/ train nurses in surgery.

MS Center of Greater Washington [Infusion Nurse Part Time]

Vienna, VA

October 2020-October 2021

Maintained cleanliness of the infusion center and administered IV/SubQ/IM medications to patients with varying diseases. Trained oncoming nurses and created protocols for each position.

Elite Body Sculpture[Operating Room Nurse LPN]

Vienna, VA

December 2019-December 2021

Maintain aseptic/sterile technique. Sterilized tools and assisted surgeons during surgery. Traveled and trained new nurses.

Dr. Amie Woods, Trauma Physician [Personal Assistant/ Mentorship]

Washington, D.C.

December 2017- December 2019

Assistance in personal tasks; Assist with presentation development; Planning travel arrangements; Regular discussions of medical trends/ practices; Routine study sessions.

Clinical Rotation INOVA ER

March 2017-April 2017 **Alexandria, VA**

Observed and assisted with emergency situations at INOVA hospital. Assisted with CPR, wound debridement, and several other cases.

Xsport Fitness [Personal Trainer]

Alexandria, Virginia

October 2012- July 2015

New Client Interviews; Full body composition and mobility assessments; Goal setting and hands-on application; regular analysis of progress and recalibration; Dietetic consultations.

Tampa Florida Parks and Recreation [Lifeguard]

Tampa, Florida

2011-2013

Check & maintain pool chemical balance. Observing and organizing the activities, enforcing applicable policies and regulations, monitoring patron safety in and out of the pool, rescuing swimmers in distress, providing emergency response care.

Larson Chiropractic [Courtside Assistant Athletic Trainer]

Wasilla, Alaska

August 2008- March 2011

Assistant to athletic training: aiding athlete injury prevention, addressing mild injuries, assisting in recovery efforts, and post-trauma therapy.

EDUCATION

Standard College of Nursing LPN-ASN(RN)

Falls Church, Virginia

September 2020-December 2021

Standard College of Nursing LPN

Falls Church, Virginia

July 2018- September 2019

Completed with a 3.3 GPA

Northern Virginia Community College

Springfield, Virginia

January 2017-May 2017

Successfully completed the EMT-Basic program

Twindly Bridge Charter High School

Wasilla, Alaska

August 2006- May 2011

SKILLS

- Bilingual: Spanish & English
- American Heart Association BLS
- IV Certification
- Red Cross Certified LifeGuard