

# Claire Odia

## **Registered Nurse**

Portland, OR 97236

[odiac@csp.edu](mailto:odiac@csp.edu)

+1 503 803 3327

Registered Nurse seeking PRN and part time work opportunities!

Authorized to work in the US for any employer

## Work Experience

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### **Express Healthcare**

Express Healthcare Professionals - Tualatin, OR

October 2021 to Present

- I currently work for Express Healthcare as a Registered Nurse. I work in various long-term care, assisted living facilities and lately as vaccination support in the greater Portland community. Some of the responsibilities of my job include medication administration including PO, Sub-Q, sublingual and IM injections, following the general treatment plan and administering wound care, testing blood sugar glucose and administering injections.
- As an RN for various LTC facilities we often provide emotional and behavioral support to patients with dementia, Alzheimer's, and other chronic conditions. I prided myself on evaluating patient care needs, prioritizing treatment and maintaining patient flow. We accurately documented all elements of nursing assessment, treatments, medications, discharge instructions and follow-up care on various charting systems including Point Click Care.

### **Registered Nurse**

Providence st Vincent's - Portland, OR

June 2021 to Present

Registered Nurse on a busy medical-surgical unit. Typical patient ratio is 1:5 on a 30 bed unit. I am proficient in administering medications (PO, IV, IM, Subq), changing dressings, performing head to assessments, admitting and discharging patients and providing excellent patient care.

### **Certified Nursing Assistant (CNA) II**

Oregon Health & Science University - Portland, OR

October 2019 to Present

- I currently work as a CNA on a bone marrow transplant unit that serves the leukemia and lymphoma patient population
- My duties include obtaining and charting vitals, assisting patients with activities of daily living including toileting, eating, re-positioning, obtaining capillary blood sugars, and assisting with bathing.
- In addition, I assist the nurse in any treatment that needs additional services including wound changes and transferring patients using ceiling lifts and other electrical patient mobilization devices.

### **Caregiver**

Caregivers Placement Agency - Tigard, OR

2015 to 2020

- I worked for CPA for a total of five years as a nanny for various families in the Portland area.
- The children that I nannied for ranged in age from newborns to 15 years of age and older.
- Some of the duties that parents request of me included light housework, homework help, laundry, meal preparation, medication administration, organizing playdates, outdoor activities, and carpooling their children to and from school/lessons/etc. as well as various other tasks.

### **Server/Bartender**

Bar Carlo - Portland, OR

2014 to 2019

- I was a server/bartender as well as the resident pastry chef.
- In addition to serving cocktails and meals at Bar Carlo, handling cash and credit transactions and attending to front of house duties I was also in charge of taking inventory in the back and order food and kitchen supplies as needed.
- My experience as a server included using a POS system, effectively communicating with kitchen staff regarding customer allergies or dietary needs, fast and gracious service, knowledge of a variety of cocktails and wines and the ability to maintain a sense of calm under pressure and develop meaningful customer experiences

### **Line Cook**

Bon Appetit Management Company - Portland, OR

2010 to 2014

- Duties included: Analyzing menus and recipes, ordering specific supplies, cooking large quantities of soups, stews, breads, meats, etc. and preparing salads, desserts, drinks for 200+ a night.
- On my station, we were required to become familiar with a range of cuisines every week and produce huge quantities of gourmet quality food. I am very familiar with various kitchen equipment such as; deep fryers, smokers, woks, slicers, kettles, and tools to efficiently weigh and measure food.
- Also, I oversaw a station and ensured that enough product was produced for its daily needs and trained new employees on how to produce said product as well as work on that line's station.

## Education

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### **Bachelor's Degree in Nursing**

Concordia University St. Paul - Saint Paul, MN

2020 to 2021

### **Bachelor's Degree in Health Sciences**

Portland State University - Portland, OR

2016 to 2019

## Nursing Licenses

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### **RN**

State: OR

## Skills

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- CPR/BLS Certified
- Proficient in IV/PO/IM Medication Administration
- Detailed Electronic Documentation Experience with Epic
- Empathetic and Compassionate Patient Care
- Hospital Experience
- Nursing
- Vital Signs
- EMR Systems
- Experience Administering Injections
- Medical Records
- Nannyng
- Dementia Care
- Alzheimer's Care

## Links

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<http://www.linkedin.com/in/claire-odia-9b2440193>

## Certifications and Licenses

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### **Basic Life Support (BLS)**

March 2021 to March 2023

### **First Aid Certification**

### **CPR Certification**

### **CNA**

### **ACLS Certification**

### **BLS Certification**