

# Thomasina Eaffah Amponsah

## **RN/LPN**

Brandon, FL 33511

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+1 813 298 9248

To obtain employment with growth potential

Willing to relocate: Anywhere

Authorized to work in the US for any employer

## Work Experience

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### **Travel RN**

ProMedica Senior Care - Towson, MD

April 2022 to Present

Skilled Nursing Unit (TCU) Nurse supervisor

### **Registered Nurse (Travel)**

Complete care of towson - Towson, MD

February 2022 to April 2022

RN Supervisor

SNF- skilled nursing facility

Medsurg

### **Registered Nurse**

Parkview Regional Medical Center - Kendallville, IN

November 2021 to January 2022

Urgent care multi clinics

Care for patients ages 0-100

Running plenty of random tests covid.flu strep, mono, pregnancy.Dot, urine and blood

Vitals, ekg audiology exams, STD testing

### **Registered Nurse Travel**

Complete care @'multi medical - Towson, MD

July 2021 to October 2021

Rn supervisor of LTC-SNF

### **RN Staff Nurse/Charge Nurse**

Wellpath - Annapolis, MD

May 2020 to May 2021

Admissions/discharge vaccinations,obtaining authorizations for medications/surgery.

RN supervisor SBAR handoff reports inventory control

### **RN Charge Nurse**

Ridge way manor - Catonsville, MD

March 2019 to April 2020

Travel skilled nursing home  
Charge nurse

### **RN Charge Nurse**

SPRING GROVE HOSPITAL CENTER - Catonsville, MD  
February 2018 to March 2019

specializing in psychiatric nursing nurse to patient ratio 1:11  
experience in collaborating with physicians and therapist with point of care for patients mental health

### **Registered Nurse (RN) Supervisor**

MedStar Good Samaritan - Baltimore, MD  
December 2017 to February 2018

Medsurg/neuro

1:7 patients ratio orthopedics

1;8 patient ratio neuro patients from surgery procedures maintaining there general health motoring  
assessments cleaning wounds changing bandages,assisting patients

### **LPN/RN Charge Nurse**

HCA Florida Brandon Hospital - Brandon, FL  
September 2015 to August 2017

Working in SNF/LTC almost 3 years as well as working private duty nursing parttime asst in tube feeding  
as well and iv insertions... suprapubic caths as well as picc line flushes ...medication dispensed by various  
routes ..exp in peds/adult casein various cases patients dealing with multi-gene disorders most patients  
non verbal had to change g-tubes,urinary caths male/female,taking urine/blood collections for labs clean  
trachs assistant with lifting and cleaning patients medication management and assessment under a  
medical doctor care while using various electronic medical records,,

### **LPN Supervisor**

USF PHYSICANS GROUP - Tampa, FL  
August 2008 to August 2015

Serve as a key member of interdisciplinary healthcare team for a busy family medical  
practice. Assist seven MDS as well as PA and RN team in ensuring optimal patient  
care and smooth daily functioning of office. Key Results: • Consistently praised for  
efficient handling of administrative duties (e.g., answering phones, scheduling appointments,  
maintaining medical records, patient processing, billing and bookkeeping)worked mutiple  
clinics cardiology,pulmonology,gastroenterology,neurology,nephrology,psychology,allergy/pulmonary  
ortho/sportsmedicine endocrine clinic hematology/rheumatology,memory clinic that allowed doctors and  
nursing staff to focus on the health concerns of their patients.

- Demonstrated proficiency in taking patient medical histories and vital signs, as well as in performing venipunctures, injections and various diagnostic procedures and ancillary tests (e.g., EKGs, phlebotomy,spirometry,immunoassays, chemistry analysis, hematology, urinalysis ).
- Ensured the cleanliness, sanitation and maintenance of all facilities, exam rooms and equipment.
- Helped implement practice's quality assurance and control program. Efforts ensured compliance with HIPAA, CLIA and OSHA regulations; improved patient care/satisfaction; and lowered monthly overhead by 12%.

- Reacted calmly and effectively in emergency situations, and added the personal, caring touch that immediately put patients at ease.

### **LPN (Licensed Practical Nurse)**

USF PHYSICIANS GROUP - Tampa, FL  
January 2006 to July 2008

- Collect patient forms, verify insurance, schedule appointments, patient history, in office testing Vitals
- Collected patient blood samples in a safe, sanitary manner for diagnostic testing
- Dot certified physicals, school, employment, sports, etc

### **LPN Staff Nurse**

Jamaica Hospital Medical Center Richmond Hills, NY - Richmond, NY  
February 1996 to December 2005

Worked in the ER Triage Greet Patients collect patient forms • Schedule Appointments • Collect methods of payment, cash, check, credit/debit card • Verify insurance, submit authorizations for surgery, referrals, • Submit codes for doctor visits, putting data in the EMR...2 years in a SNF LTC doing assessments administering medications given by various routes by mouth inhalation or perineal as injectables intramuscular/subcutaneous or inter dermal, flushing PICC lines inserting IV's and wound care

### **SpringGrove Hospital**

SPRING GROVE HOSPITAL - Catonsville, MD

## Education

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### **Bachelor of Science in Nursing**

Fla. State University - Gainesville, FL  
March 2016 to September 2018

### **Associate in Nursing**

Remington College of Nursing - Orlando, FL  
January 1991 to April 1993

### **High School Diploma**

John Jay High School - Brooklyn, NY  
June 1990

## Nursing Licenses

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### **PN**

Expires: April 2023

State: MD

### **RN**

Expires: April 2023

State: FL

## Skills

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- Injections (10+ years)
- EMR (10+ years)
- Vital Signs (10+ years)
- Patient Care (10+ years)
- Epic (10+ years)
- Phlebotomy (10+ years)
- EKG (10+ years)
- Venipuncture (10+ years)
- Medical Records (10+ years)
- Scheduling (6 years)
- EHR (10+ years)
- Filing (10+ years)
- Microsoft Word
- CPR Certified (10+ years)
- CPR (10+ years)
- Receptionist
- NCQA Standards
- Phone Etiquette
- Utilization Review
- Microsoft Office
- wound care (5 years)
- LPN
- RN (4 years)
- Staff Nurse
- Home Health
- Electronic Medical Records
- Medical Records
- coding
- Medical Billing
- Transcription
- Medical Coding
- Wound Care
- LVN
- Wound Care (7 years)
- ICD-9
- CPT Coding
- Allscripts
- Triage

- ICD-10
- Employee Orientation
- Anatomy Knowledge
- Insurance Verification
- Athenahealth
- Case Management
- Medication Administration
- Managed Care
- Acute Care
- Nursing
- Hospice Care
- Medical Office Experience
- Cerner
- Quality Assurance
- Nurse Management
- Supervising Experience
- Auditing
- Laboratory Experience
- Critical Care Experience
- Medical Scheduling
- Hospital Experience
- Tube Feeding
- Medical Terminology
- Occupational health
- Management

## Certifications and Licenses

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### **DOT**

February 2019 to Present

### **wound care**

Present

### **IV Certified**

October 2011 to Present

### **BLS Certification**

May 2022 to May 2024

### **BLS Certification**

### **ACLS Certification**

May 2022 to May 2024

**LPN**

December 2022

**AED Certification****CPR Certification****Compact State Nurse License****Additional Information**

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I am a Licensed Practical Nurse

i type 45wpm knowledgeable multiple medical software all scripts athena epic eclinical works twscan  
t systems off etc....all microsoft office experience and with multi-line telephone systems fax,copier  
machines with converting paper charts until electronic formats