

# SAN JUANA FLORES

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### Summary

Compassionate and highly competent Registered Nurse with 17 years of clinical nursing experience. Dedicated to providing high-quality patient care with focus on safety and using evidence-based practices to improve treatment outcomes. Skilled in quickly building connections with patients to build trust and rapport in stressful situations.

#### Skills

- Bilingual (Spanish)
- Clinical leadership and supervision Hospital environment
  Dispensing medication
- MEDITECH EMR
- CERNER EMR
- Charting and documentation
- Medication and IV administration

- Wound care
- Intake and discharge
- Building trust and rapport
- HIPAA and confidentiality

## Experience

SnapNurse @ Opelousas General Health System | Opelousas, LA **Medical Surgical Nurse** 02/2022 - 03/2022

Trusted Resource Associates @ VBMC-Brownsville | Brownsville, TX **Travel Registered Nurse** 06/2021 - 09/2021

- Performed nursing tasks to deliver high level of care and comply with procedures and regulations.
- Collaborated with multidisciplinary healthcare professionals to administer therapies and maintain continuum of care while at rehabilitation campus.
- Educated patients and families on medical and surgical procedures, medication regimens and pain management.
- Cared for COVID-19 patients, assessed patient conditions, monitored behaviors and updated supervising physicians with observations and
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Answered patient questions and provided take-home materials for further information.
- Promoted healthy lifestyle choices to reduce re-emergence of painful or dangerous symptoms.
- Instructed patients, families and caregivers on diagnoses, chronic disease management and medication self-management.
- Used facility EMR system to update patient records, transmit prescriptions and transfer files.
- Collaborated with interdisciplinary healthcare professionals to create, implement and adapt individualized care plans.
- Immunized patients against influenza and pneumonia to protect vulnerable populations from serious illnesses.
- Explained treatment procedures, medication risks, special diets and

physician instructions to patients.

- Prioritized patient care assignments based on patient conditions to achieve optimal outcomes.
- Reviewed physician orders and participated in medication management to optimize patient safety.
- Administered medications, tracked dosages and documented patient conditions.
- Responded to codes or patient crises as part of rapid-response team.
- Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.
- Cared for COVID-19 patients, coordinated with MD, RT,PT,ST
- Assessed patient conditions, monitored behaviors and updated supervising physicians with observations and concerns. Monitored and managed various treatment and care interventions.
- Updated physicians on patient test results and assisted in developing care plans.
- Performed blood and blood product transfusions and intravenous infusions to address patient symptoms or underlying causes.
- Helped patients and families feel comfortable during challenging and stressful situations, promoting recovery and reducing compliance issues.
- Utilized computerized Resource and Patient Management System (RPMS) and Electronic Health Record (EHR) system.
- Medical-Surgical / Orthopedic / Medical-Telemetry and 18 months ICU experience
- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Answered patient questions and provided take-home materials for further information.
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- Explained treatment procedures, medication risks, special diets and physician instructions to patients.
- Prioritized patient care assignments based on patient conditions to achieve optimal outcomes.
- Reviewed physician orders and participated in medication management to optimize patient safety.
- Collaborated with healthcare team to deliver ongoing case management services for case load of patients.
- Coordinated referrals, consultations for patient continuation of care
- Demonstrated professional conduct, service excellence and a commitment to high healthcare values.
- Notified physicians and other personnel of changes in patients' conditions.

Angel Staffing Solutions @ MISSION TRAILS BAPTIST | San Antonio, TX Crisis Care Registered Nurse 12/2020 - 04/2021

HARLINGEN MEDICAL CENTER | Harlingen, TX RN Staff Nurse 11/2011 - 12/2020

SUNGLO HOME HEALTH | HARLINGEN , TEXAS Home Health Registered Nurse Case Manager 06/2011 - 11/2011 DULCE ESPERENZA HOME HEALTH | MISSION, TEXAS

Home Health Registered Nurse Case Manager

03/2011 - 06/2011

Home Health Registered Nurse Case Manager

11/2010 - 03/2011

A Touch Home Health | McAllen, TX Home Health Registered Nurse Case Manager

05/2007 - 09/2010

Valley Baptist Medical Center | Brownsville, TX Staff Registered Nurse 05/2004 - 05/2007

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  - Demonstrated professional conduct, service excellence and a commitment to high healthcare values.
  - Notified physicians and other personnel of changes in patients' conditions.
  - Medical-Surgical / Medical-Telemetry
  - Administered oral, intramuscular and IV medications to patients and monitored responses.
  - Answered patient questions and provided take-home materials for further information.
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  - Prioritized patient care assignments based on patient conditions to achieve optimal outcomes.
  - Reviewed physician orders and participated in medication management to optimize patient safety.

## **Education and Training**

The University Of Texas At Brownsville And Texas Southmost College | Brownsville, TX Associate of Applied Science in NURSING 05/2004

#### Certifications

- BLS
- ACLS
- NIH

Vaccinations	
Up-to-date on all required vaccines	