

ALENI FRAGOSO

REGISTERED NURSE

PERSONAL PROFILE

Nursing RN graduate seeking to use earned skills and knowledge to assist in a nursing role. Patient oriented and self-driven individual with diversified skills including being a natural leader, ambitious, goal-driven, and articulate. I offer diverse clinical experience and I am a committed and enthusiastic individual motivated to help and inspire others. I have the important ability to operate both independently and in fast paced team environments with excellent interpersonal skills, and a dedicated worker with a sense of purpose.

SKILLS & ABILITIES

- Motivated, well-disciplined individual
- Finds joy in assisting others
- Microsoft Office (Word, PPT, Excel, etc.)
- Spanish Fluent (speaking, reading, writing)
- Problem solving
- Organization and prioritization
- Bedside monitoring
- Catheterization

CERTIFICATIONS

- Registered Nurse New Jersey State board of Nursing | 2021
#26NR22753900
- Basic Life Support (BLS) Certified | 2021-2023
- American Heart Association
- New Jersey Notary Public | 2019-2024
- 3rd Degree Black Belt | July 2014
- Dragon Kim's Karate USA

CONTACT INFORMATION

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Fountain, CO 80817

EXPERIENCE

Charge Registered Nurse

Center at Centennial (2021-Present)

- Assessed, planned, implemented, and evaluated patient care plans
- Administered prescribed medications and educated patients and families on medications and pain management
- Advocate for patients and communicate with interdisciplinary team
- Coordinated discharge planning activities
- Provided nursing care such as vital signs, catheters, feeding tubes, IV, central lines, wound care, and phlebotomy
- Fast-paced critical thinker and decision maker

Operating Room Patient Care Technician

JFK Medical Center (2020-2021)

- Responsible for the disposal of used needles
- Maintained inventory of blankets and sheets and requisitioned new supplies when needed
- Ensured all medical equipment and supplies physicians needed were in the room prior to surgery
- Helped surgical team don sterile gloves and gowns
- Responsible for taking specimens for laboratory analysis
- Resupplied and reset surgical suites for next procedure

Student Nurse / Clinical Rotations

JFK Medical Center (2019-2021)

-Develop and implement nursing care plans for patients and coordinate with team members to facilitate comprehensive and optimal care for each patient.

Highlights:

- Labor and Deliver
- Postpartum
- Medical/Surgical
- Pediatrics

Office Manager

Dragon Kim's Karate USA (2011-2020)

- Provide outstanding customer service to current and potential clients
- Handle all administrative work and incoming payments
- Ensure the daily, weekly, and monthly goals are met in an efficient manner
- Schedule all appointments and handle phone calls

EDUCATION

Western Governor's University

Bachelor of Science (B.S.) Nursing Candidate
(Expected graduation December 2022)

JFK Muhlenberg School of Nursing

Associate in Science (A.S.) Nursing, May 2021

Saint Peter's University

Bachelor of Science (B.S.) Biology, May 2017

- National Society of Leadership and Success
- Spanish Honor Society

References available upon request