

Laura Messmore

Registered Nurse

Yorkville, IL 60560

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Licensed Registered Nurse with healthcare experience providing quality care to a wide diversity of patients. Excellent interpersonal and team-building skills, demonstrates effective communication with individuals on all levels and builds rapport easily. An employee who exhibits a high aptitude for learning new skills and practicing expertise in hospital settings. Experience working with cardiac patients, telemetry monitoring, high risk/cardiac drips, providing excellent bedside care, etc. Bilingual, fluent in English and Spanish.

Authorized to work in the US for any employer

Work Experience

Registered Nurse

AMITA Health - Aurora, IL

January 2021 to Present

Telemetry Unit

Responsible for the assessment, monitoring, and treatment of patients with acute conditions relating to cardiac distress, respiratory distress, shock, etc. Care for pre- and post-operative patients.

- Assessing, planning, implementing, and evaluating patient care plans
- Providing direct and individualized bedside nursing care to pre- and post-procedure patients
- Changing dressings, inserting catheters, and starting IV's.
- Maintain accurate, detailed reports and records
- Administer medications to patients and monitor patients for reactions or side effects
- Record patients' medical information and vital signs
- Monitor, record, and report symptoms or changes in patients' conditions
- Consult and coordinate with healthcare team members to assess, plan, implement, or evaluate patient care plans
- Adhering to best nursing practices, standards, and protocols.

Registered Nurse

Symphony Post Acute Network - Aurora, IL

August 2020 to Present

- Medication administration, enteral nutrition (NGT, g-tube, PEG), IV drug therapy management
- Experience working in post acute care, rehabilitation, long-term care, mental health/dementia, and isolation units.
- Experienced caring for patients with diabetes, hospice care, and stroke patient care
- Monitoring vital parameters, and general condition of patient.
- Skilled in conducting physical examinations
- Strong clinical judgement

- Monitored, tracked, and conveyed important patient information to healthcare staff to optimize treatment planning and care delivery.
- Stringent hygiene standards of unit with disinfection and consistent restock of all necessary equipment.

Marketing Manager

Vault Design

December 2017 to August 2020

- Support the marketing department by scheduling and organizing the creation of website content
- Work with the graphic design team to help deliver content that meets client specifications
- Prepare letters and emails to clients in response to questions or to provide clarification on an ongoing project Monitor marketing industry news and submit reports on emerging trends to management each month
- Work with marketing team to coordinate day-to-day activities that lead to the completion of projects and tasks

Certified Nurse Assistant

TILLERS NURSING AND REHABILITATION CENTER - Oswego, IL

December 2008 to April 2011

- Care for individuals with dementia, Alzheimer's disease, physical disability, those undergoing post-operative recovery and convalescents.
- Assist with ADLs.
- Provided clean and safe homes for patients.
- Participated with patient in leisure activities and transportation so that they can remain engaged in their communities.
- Monitor and recorded vital signs such as temperature, blood pressure, pulse and respiration rates, and blood sugar Monitor patient intake and output and made notation of time and amount.
- Ensure comfort and cleanliness of patient and patient's surroundings

Education

Associate in Nursing

Waubonsee Community College - Sugar Grove, IL

June 2007 to April 2020

Associate in Political Science- International Relations

Northern Illinois University - DeKalb, IL

August 2016 to May 2017

Associate in Political Science

Waubonsee Community College - Sugar Grove, IL

January 2015 to June 2016

Skills

- Management Experience (4 years)
- Healthcare (4 years)
- Nursing

- Dementia Care
- Medication Administration
- Hospital Experience

Awards

Nursing Honors Graduate

March 2020

Graduated with Honors in the Nursing program at Waubensee Community College.

Skills USA- Medical Math

April 2008

Awarded second place in the state of Illinois during a Skills USA competition, competing against 1 competitor nominated by each county in the state.

Skills USA- CPR and First Aid

April 2008

Awarded 1st place in the state of Illinois during a Skills USA competition, competing against 1 competitor nominated by each county in the state.

Certifications and Licenses

Registered Nurse (RN)

BLS Certification

ACLS Certification

Cardiac Drip Certification

Present

NIH Stroke Scale

May 2022 to May 2024

Basic Cardiac Rhythms course