

# Crystal Hugen, RN

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## Professional Summary

Dedicated and flexible Licensed RN with 9 years of experience. 8 years in a Level II-25 bed Emergency Department and Rapid Treatment Area, upholding a high standard of nursing care for a diverse population ranging from pediatrics to geriatrics in a variety of settings including: ED, ICU, MS, Tele, Peds, Geriatrics & Psych. In addition, nearly 1 year experience in Correctional Institution level 4 prison with direct inmate interaction and patient care.

## Current Licenses and Certifications

- Registered Nurse - License #95022678
- BCLS - Basic Cardiac Life Support
- ALS - Advanced Life Support
- PALS - Pediatric Advanced Life Support
- NIHSS - National Institutes of Health Stroke Scale

## Qualifications

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|---------------------------------|-------------------------------------|--------------------------------|
| ● Conversational Spanish        | ● Broad Medical Terminology         | ● Physical Examinations        |
| ● Enthusiastic caregiver        | ● Multi-task/Calm/Positive Attitude | ● Infection Control            |
| ● Health and wellness           | ● Documentation & Charting          | ● Strong IV skills             |
| ● Culturally sensitive          | ● Emergency Preparedness            | ● IV Therapy Management        |
| ● Patient advocacy & education  | ● Disease Processes & Diagnostics   | ● Clinical Procedures & Assist |
| ● Care plan development         | ● Policies & Procedures             | ● Cerner & Meditech            |
| ● Strong medical ethic & values | ● Medication Administration         | ● Pt. Safety/Emotional Care    |
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## Professional Experience (Nursing)

### Registered Nurse | SHC - Kern Valley State Prison, Delano, CA | Nov 2021 - Aug 2022

- Evaluate/assess/treat inmate-patients who are Covid-19 confirmed and/or symptomatic.
- Covid testing - POC & PCR for entire facility.
- Quarantine and isolation rounding.
- Effectively collaborated with multi-disciplinary teams and resources, including ICN & CNO.
- Care planning & documentation.

### Registered Nurse | Dignity Health - Mercy Hospital, Bakersfield | Mar 2014 - Dec 2021

- Evaluate, assess, and triage incoming patients at all levels of care from life threatening, to acute, & chronic care. This includes caring for all level of patients "holding" in ER regularly.
- Analyzed and assessed patient's conditions and implemented effective treatments.
- Worked effectively collaborating with multi-disciplinary teams and resources.
- Care planning, patient edu, documentation, discharges, medication management, safety, treatment plans, and assist with various procedures.
- Ongoing monthly education/training and various hospital quarterly & annual skills.

### Registered Nurse | Bakersfield Hematology & Oncology, Bakersfield | July 2021 - Dec 2022 (per-diem)

- Evaluate, assess, & monitor patients while receiving chemotherapy, various infusions, & other treatments.
- Develop care plans, management protocols, administer medications, immunotherapy, chemotherapy, various infusions, and injections.
- Communicated & educated patients/family members on procedures, treatment & convey important information for self care & follow-up plans.
- Scheduled, monitored, tracked, & help optimize patient's treatment planning and care while collaborating with the multi-disciplinary team.

### **Registered Nurse | Physicians Plaza Surgical Center, Bakersfield | Jan 2016 – Jan 2017 (per-diem)**

- Caring for post-op patients, their condition, recovery and consciousness from anesthesia
- Monitor vital signs, cardiac monitor, airway & device management, & medicate.
- Keeping/applying dressings, bandages, clean, dry, and secure.
- Treating pain, N/V & other symptoms of post anesthesia.
- Communicating and educating patients & family members on procedures, post-op care, discharge, and follow-up.

### **Professional Experience (Other)**

#### **Home Health Aid | Malini Iyengar, M.D. | Nov 2010 – Apr 2011**

- Provided meal prep, feeding, bathing, clothing, toileting, passive ROM, and comfort for employer's mother.

#### **Certified Medical Assistant | New Hope Health Care – John Park, M.D. | Mar 1999 – Oct 2001**

- Complete patient care in family and alternative practice. *Duties: Pt. work-up, vitals, injections, phlebotomy, EKG, PFT, chelation therapy, assisted doctor w/various procedures. Follow-up, Rx, scheduling, and billing.*

#### **Certified Medical Assistant | Woman's Care Center – R. Wallrath, M.D. | Sep 1998 – Mar 1999**

- Complete patient care in gynecology, obstetrics, & aesthetics. *Duties: Pt. work-up, vitals, injections, phlebotomy, DEXA scan, hair & tattoo laser removal, assisted doctor w/ various procedures.*

#### **Clerical Positions | Various | October 2000 – November 2011**

- *Bookkeeping, Payroll (certified, staff, & analysis), Accounts Payable/Receivable, & HR.*
  - *Nursing school 2011-2013*
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### **EMR Software Experience**

- Cerner
- Medi-tech
- Azalea

### **Education and Training**

- ADN | May 2013 | Bakersfield College |Major: Registered Nursing
- AS | Dec 1998 | San Joaquin Valley College |Major: Clinical & Administrative Medical Assisting

### **Awards and Achievements**

- *Dignity/Mercy Hospital Employee Caregiver of the Year 2020*
- *Dignity/Mercy Hospital Employee Bravo Recognition 2014, 2016, 2019*
- *Bakersfield College Scholarships:*
  - \*Eileen Luevano Memorial Nursing 2012 & 2013
  - \*Dolores Cerro 2013
  - \*Health Careers 2012 & 2013

### **Community Service**

- Second Star To The Right for Pediatric Cancer
- Ronald McDonald Charities of Southern California
- Make-A-Wish Foundation
- Alzheimer's Disease Association of Kern County
- Pink Heals Tour, Community Cancer Awareness & Support
- Optimist International (Friends of Youth)