# Ida Garza

Laredo, TX 78046 iagarza@msn.com +1 956 251 1349

Willing to relocate to: Texas - -

Authorized to work in the US for any employer

## Work Experience

## Registered Nurse, Skilled Unit

Favorite Staffing - San Diego, CA March 2022 to March 2022

Monitored patients' vital signs closely to spot problems and reported serious concerns to Charge Nurse for timely interventions.

Administered prescribed medications and monitored patients for side effects and adverse reactions.

Administered nebulizer treatments.

Measured skin areas weekly and documented findings.

Completed skin-related treatments on residents.

## **RN Youth Shelter Manager**

Krucial Staffing - Carrizo Springs, TX January 2022 to February 2022

Maintained safe, caring environments for youth.

Delivered top-notch care and implemented infection control procedures to protect youths and staff.

Collaborated with other medical and social service organizations to coordinate continuum of care.

Met with shelter staff and management to plan shift services.

Established and enforced organizational policies to keep operations in line with the facility's standards and regulatory requirements.

Maintained staff and youth accountability for the shelter.

PEDIATRIC REGISTERED NURSE Dec 2021 - Jan 2022

Krucial Staffing, Carrizo Springs, TX

LOUISIANA HURRICANE Response: LDH Region 6 Mega Shelter- Alexandria

Conducted wellness checks and screenings.

Complied with HIPAA guidelines in all areas of work.

Recognized changes requiring nursing intervention and implemented appropriate care to reduce risks.

Provided top-notch care, implementing infection control procedures to protect patients and staff.

Maintained accurate and complete records.

Recorded patients' medical information and vital signs.

Educated patients, family members, and caregivers on conditions and treatment protocols to aid in compliance and improve outcomes.

Completed detailed patient intakes, including documenting patient histories and current vitals.

Monitored, recorded, and reported symptoms or changes in patients' conditions.

#### **Registered Nurse**

Krucial Staffing - Alexandria, LA

August 2021 to September 2021

LOUSIANA HURRICANE Response: LDH Region 6 Mega Shelter- Alexandria

Conducted wellness checks and screenings.

Complied with HIPAA guidelines in all areas of work.

Recognized changes requiring nursing intervention and implemented appropriate care to reduce risks.

Provided top-notch care, implementing infection control procedures to protect patients and staff.

Maintained accurate and complete records.

Recorded patients' medical information and vital signs.

Educated patients, family members, and caregivers on conditions and treatment protocols to aid in compliance and improve outcomes.

Completed detailed patient intakes, including documenting patient histories and current vitals.

Monitored, recorded, and reported symptoms or changes in patients' conditions.

#### **Charge Registered Nurse**

U.S. Renal Care - Laredo, TX October 2019 to September 2021

Complete pre and post treatment physical assessments, documenting as required. Demonstrate effective staffing, as appropriate with staffing ratios per state regulations, under the direction on the Administrator.

Complete and document monthly review of patient medication profiles and administer medications as ordered by the physician. Participate as a member of the Interdisciplinary team in all required patient assessment and care planning activities.

Create, maintain, and enter information into databases. Operate office equipment, such as fax machines, copiers, or phone systems.

Provide hemodialysis therapy including but not limited to formulating dialysis plan per physician orders, weight and rate to be ultra filtrate, ensuring patient safety measures in place and complied with, administering medications or other appropriate treatments, discontinuing dialysis according to established procedure, documenting all activity appropriately.

Instruct patient on pre and post dialysis care.

Administer patient quality care in a considerate, respectful manner.

Participate in long-term and short-term care planning and monthly progress notes.

Provides oversight of the patient schedule and makes staff assignments; consistently reviews and evaluates patient priorities as changes occur in the condition of the patient or center; directs staff in work assignments to address these changes.

#### **Registered Nurse**

Satellite Healthcare/DSI Dialysis - PRN - Laredo, TX June 2015 to December 2020

Refer to aforementioned Dialysis Charge Nurse position.

## **Computer Information Systems Specialist**

U.S. Renal Care - Plano, TX February 2019 to October 2019

Consult with users, management, and technicians to assess computing needs and system requirements. Meet with department heads, managers, supervisors, and others, to solicit cooperation and resolve problems.

Provide users with technical support for computer problems.

Review and all systems charts and programs prior to their implementation.

Use informatics to implement health information technology applications to resolve clinical or health care administrative problems.

Deliver training programs for health information technology, creating operating manuals as needed.

#### **Charge RN**

U.S. Renal Care - Laredo South Dialysis & Home Dialysis - Laredo, TX September 2016 to February 2019

Refer to aforementioned Dialysis Charge Nurse position.

#### **Oasis Registered Nurse**

San Agustin Home Health - Laredo, TX October 2013 to December 2017

Perform initial patient evaluation visit, regularly re-evaluate the patient's nursing needs.

Initiate the plan of care and necessary revisions, furnish those services requiring substantial and specialized nursing skills.

Prepare clinical and progress notes, coordinate services, inform the physician and other personnel of changes in patients condition.

Instruct patient and family in meeting nursing and related needs, participate in in-service programs, and supervise and teach other nursing personnel.

#### **Registered Nurse - Family Health Nurse**

Blue Cross Blue Shield of Texas - Richardson, TX March 2016 to October 2016

Responsible for conducting medical management and health education programs for customers to influence the member's health choices and behaviors, to maintain cost containment, and to ensure appropriate services are being obtained and utilized.

Accountable for determining if medical programs are needed (Case

Management, Condition Management, Behavioral Health, Pharmacy, CCEI,

LSM, SB); supporting the reporting of medical management outcomes; contributing to the development of job aids and program enhancements.

## **Charge Registered Nurse**

US Renal Care - Laredo, TX July 2014 to May 2015

Refer to aforementioned Dialysis Charge Nurse position.

#### **Registered Nurse - Floor**

Laredo Medical Center - Med Surg - Laredo, TX July 2013 to March 2014

Assess and evaluate patients and coordinate patient care.

Monitor patients' progress and identify changes in health.

Act on any changes to ensure the comfort and safety of patients.

Communicate patient status updates to physician.

Record patients' medical histories.

Administer prescribed medications.

Deliver health management training to patients and their families.

Explain post treatment care.

#### **ASSOCIATE OF APPLIED SCIENCE in REGISTERED NURSE**

Laredo Community College - Laredo, TX May 2013

#### **ASSOCIATE OF APPLIED SCIENCE in ACCOUNTING**

Laredo Community College - Laredo, TX May 1991

#### Skills

- Skilled in conducting physical examinations.
  Broad medical terminology.
  Committed to compliance reporting.
  Bilingual in English/Spanish Enthusiastic caregiver Strong medical ethic
  Compassionate, hardworking, and committed to providing best patient care possible
- Medical Management
- Dialysis Experience
- Nursing
- · Laboratory Experience
- Medication Administration
- EMR Systems
- Infection Control Training
- Epic
- · Crisis Intervention
- · Nurse Management
- Triage
- Case Management
- HIPAA
- Experience Administering Injections
- Venipuncture
- Home Care
- Management
- Bilingual
- Spanish

## Languages

· Spanish - Expert

## Awards

## Laredo College Mary Alice Lopez Award 2010

August 2010

# **Laredo College Mary Alice Lopez Award 2013**

May 2013

Certifications and Licenses

**RN License** 

**CPR Certification** 

**BLS Certification** 

**Compact State Nurse License**