

N. Linda Soto
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Victoria, TX 77901
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Objective

2 year Registered Nurse with 7 years prior experience as an LVN, seeking an opportunity to start my next contract as a travel nurse. I am excited to meet new nurses and work in a new facility. I am wanting to gain more knowledge in the critical care world.

Education

Stroman High School 1995-1999

Victoria College 2011-2012

(Graduated from LVN School)

Victoria College 2018-2019

Associates Degree of Nursing

Work Experience

Citizens Medical Center December 2019-Present

- Provides high quality care for critically ill patients,DKA,Hypertensive crisis, Severe Sepsis, titrating drips for Hypotensive patients,Irregular heart rhythms,drug overdose, Hypothermia,etc.
- Administered IV, oral, OG, and NG tube medications as ordered and directed, along with injections.
- Provides care for post-op CABG patients
- Provided education to family members on patient's condition I a compassionate way.
- Assist in chest tube insert and removal, bronchoscopy, intubation and extubation
- Manages ventilated / sedated patients, arterial lines, central lines, Swan-Ganz catheters, and continuous EKG monitoring,
- Collaborates with physicians from all discipline teams to provide and manage critical ill patients
- Charge nurse experience in a 10 bed unit that excepts critical patients
- Charge nurse for COVID unit
- Float hospital to other floors for assistance

Retama Manor South Nursing Home 2012-Present (PRN)

- Transcribed physician's orders to resident charts, flow sheets, medication/treatment records and care plan as required.
- Conduct frequent rounds to check on residents and evaluated effectiveness of care delivery.
- Supervised nurses' aides or assistants.
- Medication Administration PO, IV, G tube, IM, SQ, Nebulizer
- Insert and D/C catheters, trach care, oxygen therapy, Insert and D/C IV lines
- Assisted physicians with special procedures such as wound care dressing changes
- Glucose finger stick testing.
- Admitted and discharged residents
- Provided bedside care by obtaining vital signs
- Reported abnormalities to the physician
- Identified and provided the physical, emotion and development needs of each patient.
- Enhanced a collaborative relationship between patient and family to maximize their ability to make informative decisions.
- Set up appointments and makes referrals for further testing and follow up care as needed.
- 20+ residents were under my care during shift

Dr. Armando Diaz May 2014-2016

- Kept detailed and accurate records during patient examinations to ensure quality of care
- Performed initial patient assessment before the doctor arrived in exam room
- Updated patient histories and medication reconciliation
- Administered Immunizations (Pneumonia, Influenza, Prevnar 13)
- Performed in office testing (Bone Density Scan, Urinalysis, PT/INR, HgA1C, Horizontal Gaze Nystagmus Test, EKG)
- Assisted with in office surgeries and non- invasive procedures (Steroid Injections, Ingrown Toenail Removal, Ear Lavage)
- Monitor abnormal labs and inform doctor for new orders based on results

Skills

- Patient teaching
- Ability to react to emergency situations implementing CPR or medical treatment as ordered by the medical doctor.
- Demonstrates appropriate physical assessment of pre and post-operative patients
- Initiate IV therapy

- Ability to place urinary catheters (single and Three way) using sterile technique. Demonstrates ability to initiate and maintain continuous bladder irrigation (CBI)
- Wound care
- Highly skilled in providing compassionate care and basic education to patients
- Hands on experience in assisting doctors and healthcare professionals with examination, treatments and procedures
- Strong attention to detail
- Excellent clinical skills and knowledge
- Good math skills and basic computer data entry skills
- Excellent interpersonal skills
- Highly organized
- Airway Management: Demonstrates proper Oxygen set-up (nasal cannula, venti mask, NRB, trach collar), tracheotomy care, and suctioning (Oral, nasal, and tracheal.)
- Able to multitask efficiently and effectively
- Works well with others
- Time management

License

- License Vocational Nursing 309140
- Registered Nurse 982330

Certifications:

- BLS
- ACLS
- NIH Stroke scale