

# John Underwood

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Licensed circulating RN seeking to serve the needs of the local community in a surgical/ perioperative care setting.

Willing to relocate: Anywhere

Authorized to work in the US for any employer

## Work Experience

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### **OR Nurse**

Proliance Surgeons - Kirkland, WA

February 2022 to Present

- Currently serving as circulating RN for Ortho, Spine, and ENT cases.
- 40 hours a week FTE.

### **Surface Warfare Officer**

Navy Reserve - Everett, WA

October 2016 to Present

- Performed duties as Operations Officer for 48 Sailors
- Promoted to Lieutenant Commander, serving as Executive Officer

### **Registered Nurse**

St. Francis Hospital - Federal Way, WA

February 2021 to February 2022

- Served community as a perioperative nurse
- Assessed surgical patients and immediate nursing interventions
- Enabled a culture of safety and reducing capacity for infections

### **Registered Nurse**

Harborview Medical Center residency - Seattle, WA

October 2020 to January 2021

- Provided acute care to trauma, surgical, and medical patients

### **Nursing Technician**

HMC - Seattle, WA

June 2019 to October 2020

- Cared for patients on the general surgery floor as a CNA
- Practiced nursing skills under supervision of RN's

### **Emergency Medical Technician**

AMR - Seattle, WA

November 2017 to August 2018

- Served King County as EMT basic responder
- Safely transported 600 clients to King County hospitals

### **Surface Warfare Officer**

USN - Piti, GU

October 2009 to August 2016

- Mentored and Trained 10 direct and 4 indirect reports
- Managed Aviation and Land Range Operations under 1-star Admiral
- Command Fitness Leader

### **Law Enforcement Officer**

WRPD Warner Robins - GA

April 2008 to September 2009

- Worked with citizens in various communities for positive changes
- Liaison with Emergency Room staff at local hospital for 14 hours/week

### **Sales Representative**

Liberty Mutual - Norcross, GA

September 2007 to February 2008

- Organized and conducted corporate information sessions
- Educated target audiences on insurance coverage and gaps

### **Assistant Language Teacher- JET Program**

Aso Shi Board of Education - Kumamoto, Japan

July 2004 to July 2007

- Aso-Shi, Kumamoto JPN
- Taught English language to 560 Japanese students
- Led community English conversation group weekly for 17 people
- Qualified 3rd level for JLPT
- Actively participated in community and cultural events

## Education

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### **BSN**

Seattle University

2020

### **Certification**

Tacoma Community College

2017

### **B.A. in International Studies**

Emory University

2003

## Skills

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- - Providing direct patient care
- Timely planning and coordination
- High level of situational awareness
- Focused on safety and procedure
- Detail oriented
- Calm under pressure
- Effective communicator
- Flexible in dynamic environments
- EMT Experience
- Nursing
- EMR Systems
- Leadership
- Hospital Experience
- Customer Service
- Vital Signs
- Epic
- Medication Administration
- Experience Administering Injections

## Languages

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- Japanese - Intermediate

## Certifications and Licenses

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**EMT-B**

**CNA**

**RN**

**BLS Certification**

**CPR Certification**

**AED Certification**

**Secret Clearance**

## Additional Information

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BSN