



# Zuliat O. Alabi

REGISTERED NURSE

301.412.6621



zoalabi@gmail.com



9902 Brookhaven Lane  
Upper Marlboro, MD 20772



## Education

Bachelor's of Science | Public Health  
University of MD, College Park  
2013

Associates in Nursing:  
Prince George's Community College  
2018

Capella University  
Bachelor's of Science | Nursing  
2019

## Licenses & Certifications

RN  
Registered Nurse  
Maryland & District of Columbia

Med Aesthetics Training, LLC,  
Botulinum Toxins & Dermal Fillers  
2019

BLS  
Basic Life Support  
American Heart Association  
July 2021

ACLS  
Advanced Cardiac Life Support  
American Heart Association  
July 2021

NIH Stroke Certified  
February 2021

## Professional Profile

A dedicated and compassionate nursing professional seeking to leverage experience and recent certification to the next phase of a rewarding career. Skilled in providing exceptional care to diverse patient populations. Well known for excellent rapport and patient advocacy. A loyal and collaborative team player who strives toward success in all endeavors.

## Experience

Intensive Care Unit Nurse (Travel Position)  
UMMC Baltimore, MD | Jan 2021- August 2021

Intensive Care Unit Nurse (Travel Position)  
Bon Secours Hospital Richmond, VA | April 2021- July 2021

Intensive Care Unit Nurse (Travel Position)  
Holy Cross Hospital Silver Spring, MD | Jan 2021- March 2021

Intensive Care Unit Nurse Christiana Hospital (Travel Position)  
Newark, Delaware | Nov 2020- Jan 2021

Intensive Care Unit Nurse (Travel Position)  
Adventist Health Care Center Shady Grove/ Rockville, MD | Jan 2020- August 2020

Provided care for patients in high turnover critical care unit.

- Advanced in care of patients with acute cardiac conditions, stroke, respiratory issues, severe sepsis, systemic infections, renal complications and post op.
- Cared for intubated patients who are sedated and or have various respiratory issues.
- Frequently monitored cardiac and critical vital signs to detect changes that would require lifesaving intervention.
- Administered drugs that require titration and or frequent assessment such as heparin, heparin, sedatives, and various vasopressors
- Frequently provided rapid response assessment and code blue response.

Progressive Care Nurse and Telemetry Nurse (Travel Position)  
University Of MD Capital Region Health/ La Plata, MD. | June 2019 – Jan 2020

Implemented total nursing care through the nursing process while communicating effectively with family members and patients.

- Evaluated patient's response to treatment, and progress toward goals.
- Acted as patient advocate; interacted in a timely manner between multidisciplinary staff to minimize delays and optimize patient care and efficiency.
- Administered and executed therapeutic physician and nurse-initiated interventions.
- Worked together with physicians to discuss and identify patient's treatment

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EXPERIENCE CONTINUED..

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## Areas of Expertise

Patient Assessment

Medication Administration

Physician Relations

Emergency Response

Healthcare Education

Treatment Planning

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## Other Skills

Cerner, Epic, & Point Click Care  
proficient

Microsoft Office Advanced

Detail Oriented

Fast learner

Compassionate

Advanced Customer Service

### Intensive Care Nurse

University Of MD Capital Region Health/ Cheverly, MD. | June 2018 – Jan. 2019

Provided care for the critically and acutely ill patients in level 2 trauma ICU.

- Assessed, planned, implemented and evaluated patient care and performed patient education in accordance to unit standards for all patient types.
- Recognized life threatening arrhythmias and means of treatment for patients in cardiac monitors, caring for A-lines, drawing ABG's and other labs, interpreting and reporting results for proper medical management.
- Responded to urgent changes in patient health resulting in "CODE BLUE" status. Worked with team members to administer CPR and life support on unresponsive patients.
- Collaborated with professionals across the organization to formulate an integrated care plan.
- Championed changes in documentation and drug administration processes

### LONG TERM CRITICAL CARE NURSE

Bridgepoint Hospital Ventilator Unit/ Washington, DC. | Jan. 2019 – Aug. 2019

Provided long term care for ventilator dependent, tracheostomy, and gastrointestinal tube patients..

- Assessed at-risk patients, interfaced with physicians, implemented prescribed protocols and formulated patient care plans as prescribed.
- Monitored blood glucose levels in diabetic patients through use of glucometer and, interfaced with laboratories to obtain results of analysis and follow-up on STAT orders.
- Transmitted pharmaceutical prescriptions for dispensing and interfaced with pharmacist on dosages and refills.
- Performed all routes of medication administration, administered treatments, performed dressing changes, tube and catheter insertion, and provided enteral tube feedings.
- Performed as role of charge nurse when needed and coordinated and

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## Professional Development

Botulinum Toxins & Dermal Fillers Course  
Med Aesthetics Training LLC,  
2019

Critical Care Proficiency Training  
Greater Washington Area Chapter of AACN  
2018