

Sophia Ocampo

Mesa, AZ 85205

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Committed and motivated Registered Nurse seeking a position working with patients. Providing my ability to handle high-stress, fast-paced situations and effective problem-solving skills.

Willing to relocate: Anywhere

Authorized to work in the US for any employer

Work Experience

Registered Nurse

Banner Health - Mesa, AZ

April 2021 to Present

- Closely monitor patients to identify signs of arrhythmias and other life-threatening complications.
- Responsible for administering prescribed medications and perform treatment of patients as prescribed by physician.
- Educate patients and families on disease prevention, healthy diet and exercise, and lifestyle changes.
- Ensure that the service meets the expected goals and objectives of the organization.
- Provide professional nursing care in collaboration with other members of the healthcare team, including physicians.
- Plan and implement patient care/teaching as needed, based on total assessment and age of the patient.
- Evaluate/document patient response to treatment and recognize changes; take appropriate actions based on assessment.
- Gained comprehensive knowledge of all available resources within the community to coordinate optimal post-discharge care for cardiac patients.

Registered Nurse

Select Specialty Hospital - Phoenix, AZ

January 2018 to Present

- Receiving admissions and/or transfers to the unit
- Initial and on-going systematic patient assessment
- Timely and accurate documentation
- Interpreting assessment/diagnostic data including labs, telemetry
- Ensuring medical orders are transcribed and processed accurately
- Competence in Rapid Response and code events
- Promoting continuous quality improvement
- Teaching and counseling patients/families

Charge Nurse

The Plaza Assisted Living - Honolulu, HI

October 2016 to January 2018

Primary care, assessment and evaluation of geriatric

patients.

Charge nurse on floor. Oversaw average of 35 patients per shift.

Oversaw and managed number clinical and support staff in patient care activities while maintaining a high level of staff morale and professionalism.

Pharmacological and non-pharmacological management and treatment of various disorders and diseases.

Self-directed with astute judgment skills. High level of personal accountability.

Liaised between patients and physicians to ensure patient comprehension of treatment plans.

Instructed patients and family members on proper discharge care.

Monitored patient reactions to drugs and carefully documented progress of individuals.

Ensured HIPAA compliance.

RN

MGA Homehealthcare - Phoenix, AZ

June 2016 to October 2016

-GT feeding

-BIPAP/ Ventilator

-Glucose checks

-Medication Administration

-Observed and documented patient status and reported patient complaints to the case manager.

- Collected urine and fecal samples.- Assisted with adequate nutrition and fluid intake.

- Positioned residents for comfort and aid to prevent skin pressure problems.

- Assisted with transferring residents in and out of wheelchairs and adaptive equipment.

- Charted daily information on the residents such as mood changes, mobility activity, eating percentage, and daily input and output.

- Assisted with ADL's

- Provided patients and families with emotional support.

- Promoted continuity of care by accurately and completely communicating to others.

Education

Bachelor of Science in Nursing

Lyceum of the Philippines University

2012

Nursing Licenses

RN

Expires: April 2024

State: AZ

Skills

- Critical Care
- Staff Nurse
- Laboratory Experience
- Cardiac care , communication, patient care (5 years)
- Nurse Management
- Epic
- Hospital Experience
- Cerner

Certifications and Licenses

BLS Certification

ACLS Certification

Compact State Nurse License