

CRESTA VENA GALISTE

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PROFESSIONAL SUMMARY

A dedicated RN with 10 years of experience in providing individualized patient care mostly in the cardiac and medical-surgical units. Proven to be hard-working with great versatility in any given situation. Competent in delivering excellent nursing care who is seeking to fill the position as a travel nurse and be a great addition to your unit.

SKILLS

- Charge Nurse
- Preceptor
- Telemetry
- Phlebotomy/IV blood draws/IV insertions
- Strong critical thinking and complex problem solving
- Efficient multi-tasking and time management
- Care of post-op/post-procedural cardiac patients
- Excellent communication and interpersonal skills
- EPIC super user
- Culturally sensitive
- Multilingual

WORK HISTORY

RN, CARDIOVASCULAR CARE UNIT / HSHS St. John's Hospital - Springfield, IL / 03.2019 - Current

- Worked on 2 floors of cardiovascular care unit with total capacity of 65 cardiac beds all on telemetry.
- Provided direct care to 5-7 patients with varying cardiac diagnoses such as: Coronary artery disease, congestive heart failures, arrhythmia problems (ventricular tachycardia, atrial fibrillation, bradycardias, etc) on numerous cardiac drips.
- Admitted and cared for post op and post procedural patients including those who have undergone ablation, cardioversion, PCI, TAVR, TMVR. and open heart surgeries as early as post-op day 1.
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols to optimize performance and safety.
- Acted as charge nurse of the entire unit.
- Part of the rapid response team and responds to Codes when charge.

RN, INTENSIVE CARE UNIT / Baguio General Hospital And Medical Center - Baguio City, Benguet / 04.2018 - 12.2018

- 500 beds, ISO certified, level III medical center in the Philippines.
- Delivered direct and comprehensive nursing care to critically ill patients aged 18 and above both in medical and cardiac intensive care units.
- Closely evaluated and monitored patients' vital signs, level of consciousness, adequacy of ventilation and cardiac rhythm changes as seen on telemetry.
- Administered medications via different routes as determined by patient's condition, performed oral, tracheal and endotracheal suctioning. Administered enteral and parenteral feedings.

- Participated in codes, assisted in advanced airway insertions and CPR.
- Reported to physician regarding changes in patient's condition as well as prepared and implemented immediate nursing interventions.
- Cooperated with multi-disciplinary team of doctors, respiratory therapists and other nurses in stressful and fast paced environment.

STAFF RN, MEDICAL UNIT / Baguio General Hospital And Medical Center - Baguio City, Benguet / 11.2014 - 03.2018

- Identified patients' needs, planned care, implemented interventions, evaluated responses and charted nursing care done.
- Carried out physicians' legal orders such as but not limited to: admission and discharge, medication administration, vital signs monitoring, non-invasive procedures, pre and post-operative care.
- Assisted physicians in performing minimally invasive procedures done at bedside such as paracentesis, thoracentesis, chest tube insertion and removal, central line insertions, advanced airway insertions, etc.
- Acted as secondary charge nurse overseeing 15-30 patients when primary charge nurse is unavailable.
- Engaged in research study that helped decrease patient complaints on miscommunication by more than 30% and increased positive comments on patient satisfaction surveys.

RN-TRAINING PROGRAM / Baguio General Hospital and Medical Center - Baguio City, Benguet / 01.2013 - 12.2013

- Rotated every 3 months each to 4 units of the hospital namely: Nursery Unit, Obstetrics Unit, Surgical Unit, Medical Unit.
- Carried out doctor's orders and accomplished skilled nursing services with minimal supervision from senior nurse. These include but are not limited to: IV therapy, wound care, NG tube insertion, CPR, etc.
- Collaborated with various members of healthcare team by conferring with physicians and senior nurses to discuss diagnoses and devise well-coordinated treatment approaches.

EDUCATION

Saint Louis University - Baguio City, Philippines / 03.2012

Bachelor of Science: Nursing

- Graduated in Top 15% of Class
- Consistent Dean's Lister from 2008-2012
- Awarded the "Gawad San Luis" 2012 Certificate of Recognition for being one of the authors of a research study that was presented at the 8th International Nursing Conference.

ACCOMPLISHMENTS

- Daisy Award Nominee: Recognition given by patients for the outstanding effort made to provide extraordinary care.
- Good Catch Awardee: Awarded by HSHS St. John's Hospital to its employees who go above and beyond to keep patients' safety a priority.
- Excellence in Nursing Awardee: Unit wide awardee at HSHS St. John's Hospital.

CERTIFICATIONS

- BLS
- ACLS
- NIHSS