

# Nicola Brown-Walters

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Authorized to work in the US for any employer

## Work Experience

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### **Charge Nurse**

Med-Surg Telemetry - Atlanta, GA

July 2019 to Present

This is a trauma one acute care hospital with a Medical Surgical Unit consisting of patients needing Intermediate care from surgical and medical procedures. It provides care for patients who need close monitoring during the initial period post major surgery, patients stepping down from intensive care or patients who are entering an acute ill phase. It also cares for patients with physical disabilities, treatment of disease or injury, diagnostics and screening procedures.

Professional Experience

### **Registered Nurse**

Maine General Hospital - Augusta, ME

January 2019 to July 2019

Maine

This is a Magnet acute care hospital with a Medical Surgical Unit consisting of 38 patients needing Intermediate care from surgical and medical procedures. It provides care for patients who need close monitoring during the initial period post major surgery, patients stepping down from intensive care or patients who are entering an acute ill phase. It also cares for patients with physical disabilities, treatment of disease or injury, diagnostics and screening procedures,

Professional Experience

### **Registered Nurse**

Lakewood Continuing Care

February 2018 to July 2019

Night shift)

Northern Light Healthcare

Maine

This is a continuing care facility that cares for skilled, long term and Alzheimer/dementia patients. It facilitates patient care and rehabilitation of residents to regain activities to their full potential. Duties performed include, medication administration, wound care, assessment, admission, transfer of resident to acute care facility, ostomy feed and care, catheter insertion and removal, IVF, patient advocate and ADLs. The relationship with the residents and their families, as well as the staff, are part of the wholesome

care and respect shown for each to ensure it is an environment conducive to healthy lifestyle, fostering of culture and therapeutic relationships.

### **Registered Nurse**

Continuing Care Unit

July 2017 to February 2018

Aroostook medical Centre, Mars Hill

Maine

This is a long term and skilled facility that facilitates geriatric residents for long- and short-term care. I worked both day and night shift on both unit with duties performed that included medication administration, wound care, assessment, admission, end of life care, IV therapy, ostomy care, insertion and removal of catheter, working with other disciplines and staff to achieve a better outcome of resident for wholesome care.

### **Registered Nurse**

Continuing Care Unit

May 2016 to May 2017

King Edward Memorial Hospital VII (KEMH)

Bermuda

The KEMH is a government owned type A tertiary hospital with bed count of Inpatient Acute Care beds 286, Continuing Care Unit beds 121 and Hospice beds 9. It facilitates patient care, research and clinical teaching of health care professionals. The hospital constitutes of medical, surgical, paediatrics, radiology, anaesthetic, obstetrics & gynaecology units. It also constitutes of referral and specialty services. Their vision is for Exceptional Care, Strong Partnerships and a Healthy Community while providing services caring for and acting in the best interests of patients, families and the community.

The Continuing care unit upper, Cooper unit is a 30-bed unit for patients of which I am assigned 15 patients per shift who need close monitoring and total care in meeting their activities of daily living. It also cares for patients with physical disabilities, treatment of disease or injury, and end of life care. My responsibilities include but not limited to the overall coordination and direction of nursing care utilizing the nursing process. I am accountable for the development, implementation and ongoing evaluation of the plan and care to achieve patient outcomes while working with other disciplines of the health care team to achieve favorable patient and family outcome. This includes but not limited to effective and efficient functioning of the unit, coordination of patient care, staffing allocation and use of other resources as required. In collaboration with the Clinical manager, I am responsible for delegation and supervision of non-professional and support staff. Establish and maintain a therapeutic relationship with patient and family, while respecting their culture and value system, lifestyle and their ability to participate in care.

Skills and responsibilities:

- Physical assessment and interpretation of social and psychological ability
- Implementation, coordination and ongoing evaluation of patient care
- Medication administration via enteral and parenteral route, intramuscular and subcutaneous injections
- Intravenous and blood products administration
- Possess basic knowledge and skills of blood taking
- Wound care using resources such as opsite flexigrid, natural autolytic debridement agent

- Prevention of pressure ulcer by ensuring clients are repositioned two (2) hourly, and providing perineal care as needed.
- Female catheterization and removal
- Catheter care for male and female
- Restraints are used as per physician order as a last resort when the potential benefits are greater than the potential harm

Cases treated:

- Alzheimer and dementia
- Cancer
- Diabetes
- Hypertension
- heart and kidney failure
- combative patients

Equipment Used:

- Kangaroo Enteral feeding pump
- Accu CHEK inform II
- MAK (medication administration check)
- Pyxis connect for scanning orders
- Pyxis med station 4000 (dispense medications)
- Mini-tor +Pus or vital signs check
- Sabina II (moving and handling of patients)
- Golvo lits and hoist
- Slide sheets
- Cardiopulmonary arrest cart equipments
- Body restraints (roll belt, soft belt, posey vest)
- Soft limb restraints (2 Or 4-point restraints), hand and finger mitt, quick release cuffs

## **Registered Nurse**

Intermediate Unit

August 2013 to May 2016

University Hospital of the West Indies, Mona  
Jamaica

The University Hospital of the West Indies (UHWI) is a government owned type A tertiary hospital with bed count of 579. It is a teaching hospital which facilitates patient care, research and clinical teaching of health care professionals. The UHWI constitutes of medical, surgical, paediatric, radiology, anaesthetic, obstetrics & gynaecology, and a 16-bed observation unit. The hospital also constitutes of Tropical Medical Research Unit, referral services and specialty services.

Intermediate unit is a step down from intensive care, It is a 17 bed unit as well as the burn care unit with 3 beds. It provides care for patients who need close monitoring during the initial period post major surgery, patients stepping down from intensive care or patients who are entering an acute ill phase. It also care for patients with physical disabilities, treatment of disease or injury, diagnostics and screening procedures,

Skills and responsibilities:

- monitoring done of patients for any changes in their Glasgow Coma Scale (GCS) reading or conscious level
- monitoring for seizures
- tube feedings
- wound care and dressing changes
- suctioning and tracheostomy care
- vital signs and input/output monitoring
- insertion and removal of urinary catheters
- Insertion and removal of nasogastric and orogastric tubes
- meeting hygienic needs and turning patients to prevent breakdown of skin at pressure points
- preparing patients for surgery
- staffing and allocation for the unit/ward
- Assist with activities of daily living
- Admission and Discharge planning
- Administering intravenous and oral medication
- Administration of blood and blood products
- Collection and interpretation of lab values
- Administering intravenous and parenteral fluids
- Assisting with lumbar puncture
- Assist with rehabilitative care
- oxygenation therapy
- assist doctors and other healthcare professionals in the daily care of patients and ensure proper documentation of care is done.
- My average daily caseload is 18 patients on the unit, providing wholesome and holistic care to the patients.
- Accompanying patients for diagnostic procedures
- Catheter care for males and females
- Blood sugar monitoring
- Complete physical assessment

#### Cases treated:

- neurosurgical
- cancer patients
- cardiothoracic
- abdominal surgery patients
- fractures
- care of burns patient

#### Equipment Used:

- heparin infusion pump
- chest tube management and underwater seal drainage
- Oxygen therapy via nebulisation, nasal cannula and face mask
- Feeding pumps
- Enteral feeding pumps
- Continuous bladder irrigation using a three-way catheter
- Traction and cast for bone alignment
- Hemovac drain monitoring
- Vital signs monitor

- Accu-chek blood glucose meter
- Personal protective equipment (PPE) for isolated patients

## **Registered Nurse**

Intermediate Unit - JM

October 2013 to December 2013

Medicine Unit

University Hospital of the West Indies, Mona  
Jamaica

I had orientation through the medicine unit to care for patients with medical conditions with collaborative effort. The medicine unit comprises of five adult medicine units and with bed capacity 100 combined. The medical units provide inpatient and outpatient care, referrals and serve as a teaching facility for health professionals.

Skills and responsibilities:

- monitoring done of patients for any changes in their Glasgow Coma Scale (GCS) reading or conscious level
- monitoring for seizures
- tube feedings
- wound care and dressing changes
- vital signs and input/output monitoring
- insertion and removal of urinary catheters
- Insertion and removal of nasogastric and orogastric tubes
- meeting hygienic needs and turning patients to prevent breakdown of skin at pressure points
- Assist with activities of daily living
- Admission and Discharge planning
- Administering intravenous and oral medication
- Administration of blood and blood products
- Collection and interpretation of lab values
- Administering intravenous and parenteral fluids
- Assist with rehabilitative care
- oxygenation therapy
- Accompanying patients for diagnostic procedures
- assist doctors and other healthcare professionals in the daily care of patients and ensure proper documentation of care is done.
- My daily caseload can be up to 10 assigned patients
- Catheter care for males and females
- Blood sugar monitoring
- Complete physical assessment

Cases treated:

- Infectious diseases e.g. malaria
- Meningitis
- MRSA
- Men and women health Benign Prostatic Hyperplasia angina
- Cancer

- sexually and transmitted diseases
- Renal failure
- Cardio pulmonary disease
- HIV

Equipment Used:

- heparin infusion pump
- personal protective equipment for isolated patients
- Oxygen therapy via nebulisation, nasal cannula and face mask
- Feeding pumps
- Enteral feeding pumps
- Continuous bladder irrigation using a three-way catheter
- Accu-chek blood glucose meter
- Vital signs monitor

### **Registered Nurse, Paediatrics Unit**

Intermediate Unit

August 2013 to October 2013

Mona  
Jamaica

The paediatrics unit of the UHWI consists of 75 bed capacity with surgical and medical conditions. There is one surgical unit, one medical unit and an orthopaedic unit for age group between the ages of 3 months to 12 years. Growth and development, nutrition and learning ability were also assessed and the necessary interventions made along with caring for the diagnosed condition, also as a teaching facility for health professionals.

Skills and responsibilities:

- Assisting with lumbar puncture
- Accompanying patients for diagnostic procedures
- Assist with activities of daily living
- Admission and Discharge planning
- Administering intravenous and oral medication
- Administration of blood and blood products
- vital signs and input/output monitoring
- Administering intravenous and parenteral fluids
- Assist with rehabilitative care
- oxygenation therapy such as nebulisation, nasal and face mask
- Accompanying patients for diagnostic procedures
- assist doctors and other healthcare professionals in the daily care of patients and ensure proper documentation of care is done.
- My average caseload can be 5 to 6 patients
- wound care and dressing changes
- Complete physical assessment

Cases treated:

- Medicine and surgical conditions

- e.g. colonic disease such as Hirsch sprung disease
- cancers
- renal disease
- cardiac abnormalities
- jaundice
- malnutrition
- HIV
- Juvenile arthritis
- fractures

Equipment Used:

- personal protective equipment for isolated patients
- Oxygen therapy via nebulisation, nasal cannula and face mask
- Feeding pumps
- Enteral feeding pumps
- Vital signs monitor
- Accu-chek blood glucose meter

### **Graduate Nurse, Surgery**

Intermediate Unit

November 2012 to August 2013

Mona

Jamaica

I worked as a graduate nurse within the surgical unit to garner experience as a registered nurse until my promotion was made to a registered nurse under continuous supervision

Skills and responsibilities:

- Complete physical assessment
- Assessment and planning of clients need for daily care to ensure all is done for the patient with proper time management using SOAPIE method
- Oral and parenteral medication administration with supervision
- assist patients with meeting activities of daily living such as bathing, hair and nail care, feeding
- monitoring vital signs and input/output monitoring
- wound care
- documentation and interpretation of lab results
- insertion and removal of urinary catheters under supervision
- nasogastric and orogastric tube feeding under supervision
- Preparation of patients for surgical procedures and discharge
- Intravenous infusion and blood product administration
- Admission and discharge planning
- Accompanying patients for diagnostic procedures
- Catheter care for males and females
- Blood sugar monitoring

Cases cared for:

- (Clinical care and not limited to patients with prostate and cervical cancer
- neurological conditions

- Intra-abdominal surgical procedures
- critical limb ischemias
- cardiac abnormalities

Equipment Used:

- heparin infusion pump
- chest tube management and underwater seal drainage
- Oxygen therapy via nebulisation, nasal cannula and face mask
- Feeding pumps
- Enteral feeding pumps
- Continuous bladder irrigation using a three-way catheter
- Hemovac drain monitoring
- Vital signs monitor
- Accu-chek blood glucose meter

**Patient Care Assistant**

Intermediate Unit

May 2005 to August 2009

Surgery unit

University Hospital of the West Indies, Mona  
Jamaica

Role and Responsibilities:

- monitoring done of patients for any changes in their Glasgow Coma Scale (GCS) reading or conscious level
- monitoring for seizures
- oral feeding
- wound care and dressing changes
- accompanying patients to the diagnostic unit
- vital signs and input/output monitoring
- meeting hygienic needs and turning patients to prevent breakdown of skin at pressure points
- Assist with activities of daily living
- Assist with rehabilitative care
- assist doctors, nurses and other healthcare professionals in the daily care of patients
- My average daily caseload is 18 patients on the unit, providing wholesome and holistic care to the patients.
- Blood sugar monitoring

Education

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**Doctor of Nursing Practice in DNP**

Walden University School of Nursing - Minneapolis, MN

June 2020 to Present

**MSN in Nurse Executive**

Walden University School of Nursing - Minneapolis, MN

November 2017 to February 2020



## **Bachelor's Degree in nursing**

University of the West Indies, School of Nursing

August 2009 to November 2012

School of Nursing University Hospital of the West Indies

2004 to 2005

## **graduate certificate in Licensure & Certificates**

St. Mary's College

1988 to 1993

## Nursing Licenses

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### **RN**

Expires: August 2022

State: GA

## Skills

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- Catheter Care
- EMR Systems
- Medication Administration
- Tube Feeding
- Nursing
- Critical Care Experience
- Alzheimer's Care
- Laboratory Experience
- Dementia Care
- Employee Orientation

## Certifications and Licenses

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### **BLS Certification**

### **BLS Certification**

### **ACLS Certification**

### **BLS Certification**

## Assessments

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### **Patient-Focused Care — Highly Proficient**

September 2020

Addressing concerns and using sensitivity when responding to needs and feelings of patients  
Full results: [Highly Proficient](#)

### **Clinical Judgment — Expert**

September 2020

Assessing a patient's condition and implementing the appropriate medical intervention  
Full results: [Expert](#)

### **Electronic Health Records: Best Practices — Expert**

September 2020

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use  
Full results: [Expert](#)

### **Home Health Aide Skills — Proficient**

September 2020

Providing care to patients in a home setting  
Full results: [Proficient](#)

### **Medical Terminology — Proficient**

September 2020

Understanding and using medical terminology  
Full results: [Proficient](#)

### **First Aid — Highly Proficient**

September 2020

Treating common medical emergencies  
Full results: [Highly Proficient](#)

### **Verbal Communication — Proficient**

September 2020

Speaking clearly, correctly, and concisely  
Full results: [Proficient](#)

### **Customer Focus & Orientation — Expert**

September 2020

Responding to customer situations with sensitivity  
Full results: [Expert](#)

### **Active Listening — Highly Proficient**

September 2020

Actively listening and appropriately responding in conversations  
Full results: [Highly Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.