Terica Cardwell

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Mission Statement

To obtain a registered nurse position with advancement opportunities utilizing my skills, knowledge, and experience to provide safe and quality care.

Education

Associate of Applied Science in Nursing (RN) Graduation Date: 5/14/2016

Tidewater Community College Portsmouth, VA GPA: 3.5

Preceptorship: Maryview Medical Center, Labor and Delivery

Qualifications

RN-Registered Nurse, VA, Virginia Board of Nursing, license # 0001266992

ACLS-Advanced Cardiovascular Life Support, expires September 2022

BLS- Basic Life Support, AHA-American Heart Association, expires September 2022

NRP-Neonatal Resuscitation Program, expires January 2023

Intermediate Fetal Monitoring, AWHONN, expires January 2023

Advanced Fetal Monitoring, AWHONN, completed October 29, 2021

S.T.A.B.L.E, expires February 2023

A.L.S.O, expires January 2024

Medical Assistant Certificate, Tidewater Community College, VA, July 2009

Nurse Aide Certificate, Tidewater Community College, VA, March 2009

Medical Office Administration Certificate, Tidewater Community College, VA, July 2008

Work History

Registered Nurse, NMCP, Labor and Delivery, September 2018-Present

- · Admitting, transferring, and discharging patients.
- · Assessment of labor and postpartum patients, assessment of newborns, and assisting new mothers with breastfeeding.
- · Patient advocate
- · Circulate the OR & PACU
- · Assist with vaginal, vacuum assisted, and forcep assisted deliveries
- · Manage high risk antepartum patients
- · Manage patients with Magnesium, Remi-fentanyl, and Insulin IV drips
- · Administer blood when needed
- · Assist with epidural placement and manage patient pain with epidural & PCA pump
- · Assess cervical dilation
- · Manage Pitocin with induction
- · Assess fetal hearts and contraction patterns

Registered Nurse, MMC L&D, Portsmouth, VA, August 2016-June 2019

• Provide total care and support for triage, preterm, laboring, delivering, and post-partum patients

- Performed pre, intra, and postoperative care of patients undergoing cesarean sections
- Assisted and managed care of patients with the induction of labor
- Provided care for patients on magnesium sulfate
- Facilitate patient admissions and discharges
- · Managed care and resuscitated infant as needed during first hour of life
- Monitored and made appropriate interventions by reading and interpreting FHR monitors
- Start and maintain IV infusions, assisted with epidurals and managed PCA pump
- Educate patients and families

Medical Assistant, Tricare Prime Clinic; Virginia Beach, VA; January 2015-July 2016

- Prepare exam rooms before patient use
- Obtain and document patient's vital signs and medical history
- Prepare patients for, and assist providers with patient exams/procedures
- Obtain patient's medical record, lab, and x-ray results following appropriate procedures
- Assist staff with patient flow and give direct patient centered care as directed
- Ensure any broken or unsafe equipment is notified to the appropriate personnel in a timely manner
- Answer telephone and transcribe accurate messages. Supports front desk functions, as needed

Medical Assistant, Complete Women's Care; Virginia Beach, VA; August 2009-August 2014

- Obtain and document patient's medical history and vital signs
- Assist doctor with gynecological exams and procedures: Colposcopy, IUD, Implanon/Nexplanon, LEEP, Vulvar biopsy, Essure, Endometrial Ablation, GYN triage and FMLA for OB patients
- Administer injections & vaccinations, performed urinalysis, urine cultures, draw blood, & prepared specimens in vials to be sent off to lab

Medical Receptionist, Complete Women's Care; Virginia Beach, VA; May 2008-May 2009

- Answer phones, retrieve voicemails for prescriptions and lab results
- Provide financial oversight
- Check-in/check-out patients and schedule appointments

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References

Keimishia Holloway, BSN, RN

757-749-8507

Michelle Sarmiento, BSN, RN

757-636-4309

Kartina Marks, BSN RN

313-840-2352

Regina Moody, MSN, RN

757-724-7917

Ashley Pitchford, RN

757-240-7201

Eboni Glenn, RN

757-478-0568