



SHAYLA DAVIS

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Skills

- Patient relations
- Collecting vital signs
- Grooming and bathing assistance
- Calm and level-headed under duress
- Medical terminology knowledge
- Quick problem solver
- Understands mobility assistance needs
- People skills
- Working collaboratively

Experience

Athletico | Rockford, IL

Rehabilitation Aide

12/2020 – 5/2022

- Assisted with gait training and supported patient safety in cases of total loss of balance.
- Educated on-site clients in therapeutic exercise equipment use and operation.
- Applied hot and cold packs according to therapist directions.
- Guided patients in passive ROM exercises and instructed movements to assist therapist.
- Delivered hands-on assistance to physical or occupational therapists in conducting in-patient treatment.
- Frequently checked up on patients and offered assistance on using equipment.
- Maintained and stocked equipment used in physical therapy and occupational therapy treatment areas.
- Answered phones, copied documents, and updated schedule boards.
- Documented and filed patient health reports and charts.
- Communicated with patients to explain procedures and confirm comprehension of treatment plans.
- Monitored and assisted both occupational and physical therapists during treatments.

Park Strathmoor | Rockford, IL

CNA

07/2020 - 01/2021

- Conducted routine checks on standard patient vitals, including blood pressure, blood sugar and heart rate.
- Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness.
- Documented activities and recorded information in EMR system.
- Fostered relationships with patients, caregivers and healthcare teams to achieve individual care plan targets.
- Documented patient intake and dietary requirements, also assisting with feeding and monitoring.
- Consulted with nurses to develop patient care plans and evaluate treatment options.

BusyBees | Phoenix, AZ

Babysitter

09/2018 - 04/2019

- Helped prepare meals, snacks and refreshments for children, accounting for individual dietary needs and restrictions.
- Engaged with children, providing nurturing, safe environments to promote emotional, social and intellectual growth.

- Helped with bathing, dressing, teeth brushing and diapering to promote healthy personal hygiene and good oral health.

Education and Training

Rockford Christian High School | Rockford, IL

High School Diploma

05/2018

Grand Canyon University | Phoenix, AZ

Some College (No Degree) in Nursing

Rock Valley College | Rockford, IL

Associates of Science in Nursing, graduating May 13th 2022

Certifications

- CNA License
- CPR certified
- NCLEX test date: June 29th

Activities and Honors

- High School National Honors Society 2018
- High School Varsity volleyball team captain 2016-2018