

Clarissa Riojas

San Antonio, TX 78224

clarissa_riojas@yahoo.com

+1 210 879 5096

RN with 10 years of experience providing quality of care to a wide variety of patients from newborns to elderly. I am aiming to leverage my experience and knowledge to effectively fill the nursing position you have open. I am a Dedicated skilled RN with a broad range of healthcare experience and I rarely call in so I am very dependable. A

Caring professional with superior communication and management skills and I am ready to work for you.

Work Experience

RN Agency: Covid Unit and Hospital Assignments

Agency with Favorite Staffing and ShiftKey and Nursa - San Antonio, TX

January 2022 to Present

Previous covid Units in area. Med surg units at Rehab and LTACH Hospitals. Responsible for providing professional nursing skills in assessing, planning, implementing and evaluating the nursing care for assigned patients. Demonstrates the ability to perform a concise nursing assessment and reassesses and documents the proposed revision of interventions and desired outcomes. Responsible to document all nursing care in all assigned patient records. Demonstrates ability to assess patient's and/or significant other understanding of and compliance with instructions and health care teaching. Maintains patient's privacy and confidentiality of information and records at all times. Notifies appropriate nursing and medical staff to changes in the patient status. Provides direct care to assigned patients.

RN Skilled Medsurg Hall

Ensign Services - San Antonio, TX

May 2020 to January 2022

I was charge nurse to the covid hall. I have been the wound care nurse for the facility on different occasions. Skilled hall taking contracts with major hospitals to free up their beds for covid patient overload. Currently taking highly acute patients with issues like endocarditis requiring months of vancomycin, terminal cancer, spinal infections, and other general med surg type of issues. Frequently covid test patients and administer vaccines including the covid vaccine. I am head of their skilled hall assessing, planning, implementing, and evaluating patient care plans. Evaluating medical information. Providing direct and individualized bedside nursing care to pre-and post-surgery patients. Preparing, administering and recording prescribed medications. Changing dressings, inserting catheters, and starting IVs. Adjusting specialized medical equipment, as well as recording measurements. Monitoring patients' vitals and reporting reactions to medications in a timely manner. Collaborating on discharge planning with the healthcare team. Answering questions and educating patients on surgical procedures and post-surgery care. Maintaining and updating patient files, medical charts, and health records. Adhering to best nursing practices, standards, and protocols

Registered Nurse ~ Pediatric RN

Ability Pediatric In Home Health Care - San Antonio, TX

March 2017 to August 2019

As a pediatric in home health nurse I manage a patient with trachs, vents, g-tubes, cortical blindness, apnea, multiple contractures, seizure disorders, hip dysplasia's, COPD, CP, severe

Scoliosis, Port blood draws for labs, dysphagia, and many other special needs of the patient. I usually handle non-ambulatory patients that are 100% care giver dependent. I handle epilepsy and multiple seizures with various precautions. Capable of using a ventilator (Trilogy) as needed.

Capable of using Infinity, Kangaroo, and Kangaroo Joey feeding pumps. I have worked directly with other disciplinary teams like speech, physical, and occupation therapy to better the patients health by using hand splints, AFO's, back braces, standers, and massage therapies as tolerated. I administer skilled nursing care for all ages in their place of residence, I coordinate care with the interdisciplinary team, family and referring agency. I assume the responsibility for coordination of care as primary nurse.

Adult Liver Tumor Coordinator

Methodist Specialty and Transplant Hospital - San Antonio, TX

February 2018 to July 2018

Adult Liver Tumor Coordinator

TX - San Antonio, TX

February 2018 to July 2018

As a designated member of the transplant team my primarily responsibility was coordinating clinical aspects of patient care with Dr. Bathla for all tumor related liver issues. Worked with patients and their families in a compassionate and tactful manner in order to provide and facilitate access to continuity of care.

Office Location: 8026 Floyd Curl Dr, San Antonio, TX 78229

Adult Liver Transplant Coordinator

University Hospital - San Antonio, TX

September 2017 to December 2017

As a designated member of the transplant team my primarily responsibility was coordinating clinical aspects of patient care throughout all phases of transplantation and living donation.

Worked with patients and their families from referral, through the transplant evaluation and continuing during and after transplantation, in a compassionate and tactful manner in order to provide and facilitate access to continuity of care.

Registered Nurse ~ Pediatric RN

Office Location Pedia Pros Pediatric In Home Health Care - San Antonio, TX

February 2016 to March 2017

As a pediatric in home health nurse I manage a patient with trachs, g-tubes, cortical blindness, apnea, COPD, CP, and dysphagia. I handle non-ambulatory patients that are

100% care giver dependent. I handle epilepsy and multiple seizures with various precautions. Capable of using a ventilator (Trilogy) as needed. I administer skilled nursing care for all ages in their place of residence, I coordinate care with the interdisciplinary team, family and referring agency. I assume the responsibility for coordination of care as primary nurse.

Registered Nurse II~ Med Surg, Transplant, Specialty Med surg, NICU, Mother Baby, Newborn Nursery

Methodist Hospital - San Antonio, TX

July 2012 to February 2016

San Antonio, Texas

June 2012 - Feb 2016

Registered Nurse II~ Med surg, Specialty Med Surg, Transplant, Mother Baby, Newborn Nursery, NICU, Women's Surgical Unit

I was responsible for caring for both moms and their newborns after delivery. Monitoring mothers and helping to ensure proper recovery. I teach new moms how to address emotions, while also acting as a teacher for the new parents and usually giving instructions on how to care, bathe, breastfeed and/or bottle-feed the newborn and monitor his or her health. Also cover

Antepartum, NICU on multiple occasions and always took over care of 3 NICU babies,

Postpartum and Couplet Care as well as circulating during circumcisions. Also covered

Women's on multiple occasions and had multiple female patients with surgical issues, and Newborn Nursery.

Address: 7700 Floyd Curl Drive, San Antonio, TX 78229

Registered Nurse~ Med Surg, Transplant Nurse: Liver, Kidney, & Pancrease

Methodist Specialty and Transplant Hospital - San Antonio, TX

July 2012 to December 2013

Methodist Specialty and Transplant Hospital San Antonio, Texas

Registered Nurse ~ Transplant (Kidney, Pancreas, Liver)

As a professional Registered Nurse I am the patient and patient's family advocate.

Consistently applying and utilizing the nursing process, critical thinking skills, scientific judgment, technical skills and leadership to independently deliver safe nursing care to patients. Collaborates with the patient care team to achieve quality patient outcomes in alignment with the Hospital mission and with transplant goals. I demonstrates team work and adaptability and act as a resource person to the patient and the transplant care team. I promotes a positive image of nursing and demonstrates team work and adaptability through consistently following the standards of excellence. I have been in the surgical room for Kidney transplants. I am aware of all medications, dosages, and side effects for transplant drugs. I understand the transplant process and the care needed to maintain a transplanted organ.

Patient Care Assistant - 2W Transplant Floor

Address Methodist Specialty and Transplant Hospital - San Antonio, TX

May 2011 to July 2012

Integral part of the nursing team and is directly responsible to the Registered Nurse.

Involved in patient care and performs unit tasks according to knowledge, ability, and duties assigned.

Performs routine duties in caring for hospitalized patients as directed by the Registered Nurse; assists with patient activities as ordered, (i.e., turning and positioning patients in bed, getting patients up to a chair, and ambulating of patients); assists patients with activities of daily living including bathing, shaving, oral care, and other activities as appropriate. Maintains confidentiality of patient information and records at all times. Took vital signs, patient weights, and assists in maintaining accurate Intake and Output- especially with kidney patients; assists with serving and collecting food trays, water carafes, and nourishment. Feeds patients as necessary and as directed by the RN. Administers PEG feedings. Performed Ancillary Blood Glucose

Testing and documents results in the medical record. Assists the RN to collect data from patients on admission; reports to the appropriate RN and documents pertinent information such as I&O, Vital Signs, calorie counts, and patient weights.

Pharmacy Technician II

Methodist Specialty and Transplant Hospital - San Antonio, TX

November 2004 to February 2010

I worked with pharmacists to help prepare and give out prescription medication. Took prescriptions over the phone, worked with health professionals and customers, helped mix medicines, count pills, measure medication, label and give instructions for medications. Accurately input and verified prescription data into pharmacy systems with little to no supervision.

Constantly received and dispatched calls to physician offices across the United States.

Worked closely with pharmacists to identify errors within prescriptions, creating an efficient turnaround time for the company's consumers. Maintained a proactive customer support program by assisting clientele by contacting their physician to order/reorder new prescriptions. Clarified uncertain prescriptions using translation resolution strategies.

Pharmacy Technician

Methodist Specialty and Transplant Hospital - San Antonio, TX

January 2003 to January 2003

Education

Associates in Nursing in Nursing

San Antonio College of Nursing - San Antonio, TX

May 2012

High School Diploma

Thomas Jefferson High School - San Antonio, TX

June 2002

Skills

- Infant Care
- Pharmacy Technician Experience
- Nursing
- Senior Care
- Caregiving
- EMR Systems
- Toddler Care
- Data Collection
- Vital Signs
- Medication Administration
- Meal Preparation
- Patient Care
- Hospital Experience
- Critical Care Experience
- Triage
- Hospice Care
- Home Care
- Microsoft Word

Certifications and Licenses

BLS Certification

October 2021 to October 2023

RN

December 2021 to December 2023

ACLS Certification

February 2022 to February 2024