

# Akela Brown

## Registered Nurse BSN

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### OBJECTIVE

Labor and Delivery RN with 8 years of experience in the OB field. Passionate about labor support and spinning baby techniques. Highly motivated, easy to adapt, good listener, puts patient needs first, and great team work skills. Looking for a Labor and Delivery Travel Assignment.

### EXPERIENCE

Ascension Saint Agnes Hospital, Baltimore MD- Travel/ Contract -Labor and Delivery  
12/2021- Present

- Work collaboratively with a team of doctors, Midwives, Nurses, and nursing assistance adhering to the hospital's policies.
- Skills acquired include: cervical checks, fetal monitoring, providing care to laboring patients and postpartum moms, monitoring high risk antepartum, assisting in C-sections, vaginal deliveries, and managing postpartum hemorrhages, administering medications used in labor induction and magnesium for preterm labor and pre-eclampsia under a doctor's orders; blood administration, and monitoring intrauterine pressure catheters and fetal scalp electrode.
- Float to postpartum unit when needed
- Other duties include triage.

### Walter Reed National Military Medical Center- Labor and Delivery RN 5/2020-12/2020

- Assist Medical Doctors, residents and midwives with full term and premature delivery of newborns through vaginal delivery or C-sections.
- Manage high risk conditions in pregnant women, such as Advanced Maternal age (AMA), high risk patients with Gestational Diabetic Mellitus patients and receiving insulin therapy, Hypertension (Magnesium), Morbidly Obese, (HELLP) syndrome, Multiple Gestations, management of long term Antepartum patients, maintenance of Postpartum Hemorrhage, Dilation and Curettage, and palliative care for fetal loss after 16 + weeks.

- Circulate in the operating room
- Blood draw and IV insertion
- Recover patients from C-Section
- Medication administration which facilitates labor induction, tocolytics, seizure prevention, stabilizing blood pressure.
- Administration of antibiotics in patients who are Group B Streptococcus carriers and those who have chorioamnionitis

**Greater Baltimore Medical Center, Towson MD - Nurse Clinician I**  
*Postpartum*

MAY 2019 - PRESENT

- Provides consistent care to the postpartum patient. Using a holistic approach that respects patient care preferences and treatments to facilitate quality care and enhance patient outcomes.
- Clinically prepared, certified and proficient in providing basic cardiac life support (BLS), neonatal resuscitation program (NRP). Clinically proficient in attaining vascular access, both intravenous, phlebotomy collection care and maintenance (including central line and midline access). These skills are applied with the fundamentals of basic nursing care such as multi-disciplinary, effective communication, prioritization, time management, positive team dynamics, delegation, situational awareness, adaptation to timely changes in patient status, care needs, and interventions. Physically capable of the needs of postpartum patients and delivery.
- Experienced and skilled at completing physical assessments. Demonstrates the ability to assess patients related to comfort, educational, spiritual, emotional, cultural, cognitive, and health literacy needs.
- Utilizes the nursing process, demonstrates the ability to effectively and timely document patient information related to assessment, diagnosis, planning, intervention, outcomes, evaluation, safety, patient teaching, and plan of care.
- Experienced and proficient in the use of electronic medical records (i.e. EPIC), medical management systems ( i.e. Mobilab, Pyxis, interpreter services) and windows-based systems.

**Howard County General Hospital, Columbia MD - Nurse Clinician I**  
*Labor and Delivery*

AUGUST 2016 - April 2019

- Manage care of high risk pregnant population such as Advanced Maternal age (AMA), high risk patients patients with Gestational diabetes ( insulin infusion), Hypertension( Magnesium), Morbidly obese, Clotting disorders, Multiple Gestations, management of long term Antepartum patients, maintenance of Postpartum Hemorrhage, D&C`S, and Miscarriages 16+weeks.
- Provide basic care to obstetric and gynecologic patients. Focusing on interventions to achieve optimal health in pregnancy while effectively able to facilitate safe labor and deliveries for best patient outcomes in a specialty inpatient setting. Proficient in the education of and interpreting plan of care to patients and families, skills of triage and assessment of obstetric patients and fetal well-being in routine , urgent , and emergent situations. Proficient in attaining history, physical assessment, psychosocial assessment and meeting the needs of patients and families during hospital visits. Trained and clinically skilled in caring for obstetric patients accommodated by a level III Neonatal Intensive Care Unit ( NICU), including neonatal assessment , stabilization, management and care of neonates of high-risk pregnancies (that include antepartum, intrapartum, postpartum, and multiple gestation care) while working with Johns Hopkins Center for Maternal Fetal Medicine (MFM).
- Clinically prepared , certified and proficient in providing basic cardiac life support (BLS), neonatal resuscitation program (NRP), electronic fetal monitoring (C-EFM). Clinically proficient in attaining vascular access , both intravenous, phlebotomy collection care and maintenance (including central line and midline access). These skills are applied with the fundamentals of basic nursing care such as multi-disciplinary, effective communication, prioritization, time management, positive team dynamics, delegation, situational awareness, adaptation to timely changes in patient status, care needs,and interventions. Physically capable of the needs of labor and delivery, maternal child care ( including couplet care, basic newborn care) and neonatal care.
- Clinically skilled and proficient in the use of IV infusion pumps, PCA/epidural infusion pumps, EKG machines, capnography monitors, glucometers , sequential compression devices, non-pharmacological therapy, cardiac monitors, neonatal monitors, infant resuscitation equipment , radiant warmers, isolettes, birthing balls, birthing bars, labor positioning techniques and assisted delivery methods and interventions (i.e. vacuum assisted, forceps, and assisted deliveries).
- Clinically prepared for pre-op, operating room circulation, post-op and

post-anesthesia care of obstetric and cesarean section operative procedures including vaginal emergent deliveries ( singleton and multi-gestation ) in the operating room. Clinically prepared and proficient in the administration and patient care/continuous monitoring of high-alert medications (i.e. oxytocin, magnesium sulfate, insulin and blood products) as well as competent management of pain, labor progress and delivery, based on Maternal Early Warning System (MEWS) that include assessment and management of vital signs , bleeding and uterine atony. These skills include the application of knowledge and experience to understand and respond appropriately to fetal oxygenation, utero-placental circulation and the physiology of fetal heart rate regulation. Experienced in the use of AWHONN'S application of Postpartum Hemorrhage prevention , quantification, and management.

- Experienced and proficient in the use of electronic medical records (i.e. EPIC), medical manage systems ( i.e. Mobilab, Pyxis, interpreter services, OBIX, Intellispace) and windows-based systems.

### **Johns Hopkins Hospital, Baltimore, MD - Nurse Clinician I Perinatal**

MARCH 2014 - AUGUST 2016

- Manage care of high risk pregnant population such as Advanced Maternal age (AMA), high risk patients patients with Gestational diabetes ( insulin infusion), Hypertension( Magnesium), Morbidly obese, Clotting disorders, Multiple Gestations, magangement of long term Antepartum patients, maintenance of Postpartum Hemorrhage, D&C'S, and Miscarriages 16+weeks.
- Provides basic care to obstetric and gynecologic patients. Focusing on interventions to achieve optimal health in pregnancy while effectively able to facilitate safe labor and deliveries for best patient outcomes in a specialty inpatient setting. Proficient in the education of and interpreting plan of care to patients and families, skills of triage and assessment of obstetric patients and fetal well-being in routine, urgent, and emergent situations. Proficient in attaining history, physical assessment, psychosocial assessment and meeting the needs of patients and families during hospital visits. Trained and clinically skilled in caring for obstetric patients accommodated by a level III Neonatal Intensive Care Unit ( NICU), including neonatal assessment , stabilization, management and care of neonates of high-risk pregnancies (that include antepartum, intrapartum, postpartum, and multiple gestation care) while working with Johns Hopkins Center for Maternal Fetal Medicine (MFM).

- Clinically prepared, certified and proficient in providing basic cardiac life support (BLS), neonatal resuscitation program (NRP), electronic fetal monitoring (C-EFM). Clinically proficient in attaining vascular access , both intravenous, phlebotomy collection care and maintenance (including central line and midline access). These skills are applied with the fundamentals of basic nursing care such as multi-disciplinary, effective communication, prioritization, time management, positive team dynamics, delegation, situational awareness, adaptation to timely changes in patient status, care needs, and interventions. Physically capable of the needs of labor and delivery, maternal child care ( including couplet care, basic newborn care) and neonatal care.
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- Experienced and proficient in the use of electronic medical records (i.e. EPIC), medical manage systems ( i.e. Mobilab, Pyxis, interpreter services, OBIX, Intellispace) and windows-based systems.

## EDUCATION

**University of Cincinnati, Cincinnati, OH** - *Bachelor of Science in Nursing*

DECEMBER 2017- DECEMBER 2019

**Howard County Community College, Columbia, MD** - *Associate Degree in Nursing*

JUNE 2009- MAY 2013

**Audenreid High School, Philadelphia, PA** - *High School Diploma*

SEPTEMBER 1993- JUNE 1996

## Licenses and Certifications

- Board Certified Registered Nurse in the State of Maryland
- ACLS, BLS/CPR Certification
- Neonatal Resuscitation Certification (NRP)
- Electronic Fetal Monitoring Certification (EFM)

## Computer Skills

- Epic
- Meditech
- Centricity Perinatal (CPN)
- Microsoft Word, Microsoft Excel

## References

References are available upon request.