

# PAUL RUGIRA, MSN, APRN, FNP-C

## FAMILY NURSE PRACTITIONER

FORT WORTH, TX | 817-793-2437 | [rugirap@gmail.com](mailto:rugirap@gmail.com)

[linkedin.com/in/paul-rugira-185210169](https://www.linkedin.com/in/paul-rugira-185210169)

### SUMMARY

Recently completed MSN-FNP and received FNP-BC certification after 9 years as a Registered Nurse and 20+ years in healthcare. Team player, consistently adding momentum to overall team performance and clinical excellence. Continual learner, actively seeking opportunities to broaden clinical experience while helping patients achieve effective and efficient clinical outcomes.

### EDUCATION

<b>MSN-FNP</b> , Texas A&M Corpus Christi, Corpus Christi, TX	January 2017 - May 2020
<b>BSN-RN</b> , Southwestern Adventist University, Keene, TX	August 2007 - May 2011
<b>General Studies</b> , Grossmont College, San Diego, CA	January 2004 - May 2003
<b>Nursing Assistant Course</b> , Educational Cultural Complex, San Diego, CA	March 2003 - May 2003
<b>Phlebotomy</b> , Concorde Career College, San Diego, CA	November 2001 - May 2002
<b>Health Sciences</b> , Chainama College of Health Sciences, Zambia, Africa	January 1997 - December 1999

### CERTIFICATIONS

- FNP-BC, Texas Board of Nursing, 2020
- RN Certificate, Texas Board of Nursing, 2011
- Certified Mental Health Worker, PART 1 - Basic, PART 2 - Advanced
- BLS and ACLS certified, current

### CORE COMPETENCIES

- Provides full range of outcome-based nurse practitioner services in accordance with privileges granted by the MTF.
- Diagnoses and treats patients with common acute conditions, chronic illnesses, and minor trauma within accepted protocols, clinical practice guidelines, Nurse Practice Acts, and in consultation with a physician.
- Promotes preventive care and health maintenance, including annual physicals, positive health behaviors, and self-care through both formal and individual education and counseling.
- Communicates and collaborates with a diverse group of people to inform healthcare team of plans and actions for teaching and education to benefit the patient, family, and organization.
- Technically direct and teach staff, providing evidenced-based education and participating in in-service training of staff members.
- Orders, interprets, and evaluates diagnostic tests to identify and assess patient clinical problems and health care needs.
- Records findings, and formulates plan and prognosis, based on patient condition, providing written home-going instructions.
- Collaborates with Physician and other health professionals to prepare comprehensive patient care plans.
- Prescribes or recommends medications or other treatments, such as physical therapy, inhalation therapy.
- Recognizes and identifies life threatening situations, responding with immediate action according to protocol.
- Delivers care to patients in ICU (Intensive Care Unit) settings, evaluating patient conditions, administering treatment, and providing recovery support.

### PROFESSIONAL NURSING EXPERIENCE

#### Charge RN

July 2014 - Present

#### *Texas Health Resources Specialty Hospital (Long-Term Care Acute)*

Fort Worth, TX

- Takes and records patient histories and provides direct patient care to patients who need constant care.
- Functions as charge nurse within ICU setting, evaluating individual and collective outcomes of patient care during shift compared to established standards, adjusting resource allocation as necessary and reporting to multi-disciplinary healthcare staff.
- Evaluates and interprets diagnostic tests, immediately responding with appropriate interventions in critical situations, including ACLS, administering fluids and lifesaving drips according to individualized treatment plans.
- Monitors and adjusts mechanical ventilation, determines need for sedation, and documents all processes in a timely manner.
- Educates patients and provides emotional support to the patients and their families.
- Facilitates discharge procedures, ensuring all information is relayed to multidisciplinary care teams.

#### Registered Nurse

January 2012 - June 2014

#### *Texas Health Resources Harris Hospital*

Fort Worth, TX

- Followed a Versant program of 12 months through various medical and surgical departments.
- Assessed signs and symptoms indicating physiologic and psychosocial changes in patient condition according to plan of care.

- Completed trainings and certifications as mandated by the position of RN.

**Patient Care Technician, Nurse Extern**

September 2009 - January 2012

***Texas Health Resources Hospital, Post-Surgical Floor***

Fort Worth, TX

- Provided basic nursing care to patients under the direct supervision of an RN.
- Cultivated a safe and supportive environment.
- Demonstrated clinical knowledge required to perform general care activities.
- Assisted patients with activities of daily living (ADLs).

**Nurse Assistant**

May 2008 - September 2009

***TRISUN Healthcare, Crowley Nursing Home and Rehab***

Crowley, TX

- Helped elderly patients with activities of daily living, included grooming, transferring, changing linens, making beds, feeding, companionship, helping patients ambulate, taking Vital Signs, and transporting when needed.
- Collected specimens such as stool, urine, sputum, and blood.
- Answered patient call signals, turning and re-positioning bedridden patients alone or with assistance to prevent bedsores.

**Basic Support Staff, promoted to Counselor II**

November 2001 - August 2007

***Developmental Services Continuum, Inc.***

Crowley, TX

- Assisted clients with developmental disabilities to implement Individual Program Plan and Individual Service Plan at home.
- Advocated for implementation the same plans at school and work.

**Assistant Manager**

September 2000 - November 2001

***7 Eleven Store***

Fort Worth, TX

- Handled cash expenses from merchandise purchased in store.
- Cleaned store and restocked shelves before end of shift.
- Balanced accounts weekly and monthly, placing inventory orders to maintain stock.

**Clinical Officer General**

December 1999 - September 2000

***Livingston General Hospital***

Zambia, Africa

- Examined outpatient clients, treating minor conditions and infectious diseases.
- Provided triage for patients being admitted for further investigation and treatment.
- Provided referrals to appropriate specialized district departments.