# Crystal Ellsworth

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# Work Experience

### **Registered Nurse PACU**

Tact Medical Staffing - New York, NY January 2022 to Present

Assist patients for surgical procedures; starting IV's, administering pre-operative medications, provide physical assessments, review labs, EKG's and History and Physicals. Draw up IV medications, ensure all consents are signed, medication reconciliation forms and other pertinent forms are complete and signed by patient and staff.

Assess patients airway and progress post anesthesia drugs and gas. Assess vital signs, provide dressing changes as needed, administer pain medications and additional IV medication as indicated by MD or CRNA orders, provide education to patient and families regarding care of specific procedure received. Ensure patient meets criteria for discharge and assist patient to personal vehicle with care giver.

#### **Contract Infusion Nurse**

Infusion of Care October 2019 to Present

Initiate and maintain intravenous lines and tubing, administer medications and fluids as ordered by MD in patient's homes. Educate patients and families regarding disease process and signs and symptoms regarding post infusion reactions.

#### **Nurse Manager**

Athenix Body Sculpting June 2018 to Present

Athenix Body Sculpting: June 2018 - Current

Nurse Manager: Collaborate with OR and ancillary teams regarding changes to surgical schedules and contraindications that may delay surgical times or possible delays. Manage OR staffing schedule, maintain daily, monthly, quarterly, and yearly logs that are mandatory for AAAHC (Accreditation Association for Ambulatory Health Care) surveys. Adopted and implemented new policies and procedures mandated by AAAHC for initial credentialing survey. Collaborate with bio-med for equipment repairs and yearly maintenance, process orders for OR supplies and equipment. Collaborate with FDA for narcotic ordering and processing, maintain accurate supply and medication counts to ensure availability. Provide chart reviews after surgical procedures to ensure accuracy and implement new processes if needed. Consult with attorneys and legal assistants when applicable and submit requested records when appropriate. Submit payroll for employees to corporate office, maintain personnel files and ensure licenses, certifications and MD/CRNA credentials are accurate and updated accordingly. Write performance improvement plans when needed, interview and train new employees while providing feedback in areas of improvement in a positive supportive manner. Consulted for surgical candidates, providing clinical expertise regarding patient expectations and optimal results.

Pre-Op - Assist patients for surgical procedures; starting IV's, administering pre-operative medications, provide physical assessments, review labs, EKG's and History and Physicals. Draw up IV medications, ensure all consents are signed, medication reconciliation forms and other pertinent forms are complete and signed by patient and staff.

Circulate: Assist anesthesia with intubation and medication administration, prep patient for surgery post intubation with sterile scrub, foley catheter insertion, SCD placement, grounding pad placement, ensure upper and lower extremities are strapped for patient safety and ensure BAIR hugger is in place for optimal temperature regulation. Provide Surgeon and Surgical Tech with sterile instruments and additional supplies needed, maintain safe OR environment, weigh and prep tissue samples for laboratory processing and keep accurate weights and fluid counts during procedures. Assist with patient re-positioning while maintaining a sterile environment, assist with extubating, application of dressings and needed garments. PACU: Assess patients airway and progress post anesthesia drugs and gas. Assess vital signs, provide dressing changes as needed, administer pain medications and additional IV medication as indicated by MD or CRNA orders, provide education to patient and families regarding care of specific procedure received. Ensure patient meets criteria for discharge and assist patient to personal vehicle with care giver.

### **Temporary Contract Emergency/Trauma Services Nurse**

Medical Staffing Network/Providence Health Hospitals September 2017 to June 2018

Assess, plan and provide treatments, medications and assist physicians with various procedures as needed for patients ranging from newborn to geriatrics. Continually assess patients and their needs and provide education regarding their disease process, medication, and treatment options. Assist with intubation, CPR, chest tube insertion, laceration repairs and numerous other procedures needed to stabilize and maintain the hemodynamic state. Often float to other inpatient departments when needed such as Medical/Surgical unit and Labor and Delivery and provided direct patient care for pediatric to geriatric populations.

# **Emergency/Trauma Services Per Diem RN**

Legacy Meridian Park April 2017 to February 2018

Assess, plan, and provide treatments, medications and assist physicians with various procedures as needed for patients ranging from newborn to geriatrics. Continually assess patients and their needs and provide education regarding their disease process, medication, and treatment options. Assist with intubation, CPR, chest tube insertion, laceration repairs and numerous other procedures needed to stabilize and maintain the hemodynamic state. Often float to other inpatient departments when needed such as Medical/Surgical unit and Labor and Delivery and provided direct patient care for pediatric to geriatric populations.

BSN University of Phoenix 2018 to 2018

# **Emergency/Trauma Services RN**

Willamette Valley Medical Center April 2015 to April 2017

Assess, plan and provide treatments, medications and assist physicians with various procedures as needed for patients ranging from newborn to geriatrics. Continually assess patients and their needs and provide education regarding their disease process, medications, and treatment options. Assist with

intubation, CPR, chest tube insertion, laceration repairs and numerous other procedures needed to stabilize and maintain the hemodynamic state. Often float to other inpatient departments when needed such as Medical/Surgical unit and Labor and Delivery and provided direct patient care for pediatric to geriatric populations.

# **Hospice Case Manager RN**

Serenity Palliative Care and Hospice December 2013 to April 2015

Provide care and education to patients and their families at end of life in their homes and care facilities. Coordinate care with medical director, social worker, chaplains and hospice aides to ensure all of patient's needs are being met.

#### RN

Riverton Memorial Hospital (LifePoint Hospitals) September 2009 to December 2013

September 2009 - December 2013:

Infusion Services - Provided direct patient care to infusion and oncology patients from pediatrics to geriatrics. Started and maintained peripheral IV's, maintained PICC lines, accessed port-a-cath's and administered medications as ordered.

RN: Labor and Delivery, gynecology, newborn, and special care nursery: Provided direct patient care to laboring patients, post-partum patients, neonate and GYN patients per MD orders. Started and maintained IV lines on adults and neonate, inserted urinary catheters as needed, provided NG/OG tube feedings as ordered, administered IV, PO, SQ and IM injections as indicated. Circulated in the operating room during cesarean sections and collaborated with interdisciplinary team for additional services if needed such as speech therapy, physical therapy, psychiatric evaluations, etc.

### **RN-Temporary**

Help for Health Hospice April 2009 to June 2009

Case Manager: Provided end of life care to patents. Administered pain medications as indicated for pain control. Provided emotional support for patients and their families.

### RN

Core Medical Group Travel Company January 2009 to April 2009

13week contract position: Provided direct patient care to patients ranging from newborn to geriatrics. Administered tube feedings as needed, started and maintained IV lines, insert- ed urinary catheters, inserted OG/NG tubes as indicated. Provided education to patients and families regarding diagnosis, disease process and when to seek help once discharged home.

### **RN-Temporary**

Amedisys Home Health and Hospice June 2008 to January 2009

Case Managed patients in their homes. Provided direct patient care from young adult to geriatrics. Assessed and staged wounds and provided dressing changes when appropriate, Inserted and maintained urinary catheters, maintained PICC lines and administered medications as ordered.

# **RN - Medical Surgical Unit Travel**

Core Medical Group - Rawlins General Hospital November 2007 to June 2008

position: Provided direct patent care to patents ranging from newborn to geriatrics. Administered tube feedings as needed, started, and maintained IV lines, inserted urinary catheters, inserted OG/NG tubes as indicated, provided seizure precautions, and provided education to patients and families regarding diagnosis, disease process and when to seek help once discharged home.

#### RN

Riverton Memorial Hospital June 2007 to November 2007

Medical-Surgical Unit/New graduate program: Provided direct patient care to patients ranging from newborn to geriatrics. Administered tube feedings as needed, started, maintained IV lines, inserted urinary catheters, inserted OG/NG tubes as indicated, provided seizure precautions, and provided education to patients and families regarding diagnosis, disease process and when to seek help once discharged home.

College Degree

#### Education

### **Bachelor's in Nursing**

University of Phoenix-Online Campus - Phoenix, AZ October 2015 to October 2018

# **Associate Degree in Nursing**

Central Wyoming Community College - Riverton, WY 2007