**COVER LETTER** 

CONTACT: (850)-408-2067

EMAIL:BARRI16J@MYMAIL.TCC.FL.EDU

Dear Mr./Mrs./Ms.

My name is Topaz Barrington, and I am a recent graduate from Tallahassee Community College School of Nursing. I was enthralled after coming across your listing for a vacancy for the registered nurse position. As a highly motivated, dynamic, patient-focused certified new graduate nurse with a year of experience providing direct patient care in several medical and surgical settings, I am confident of being a valuable addition to your medical team. I was excited to find that my qualifications and personal strengths align with your needs and mission statement.

I can infer from your job description that the position requires someone knowledgeable and flexible enough to learn on the job. I fit these traits as I constantly strive to broaden my knowledge base and skill set. Moreover, I seek advice and welcome constructive criticism viewing it positively as a path to lasting professional development. In my professional experience, I have worked well in groups, often collaborating in all aspects of my role fulfilment. Also, I have a very extensive background with working with all age groups. If employed, I would bring this willingness to learn and collaborative spirit to your organization and hopefully contribute substantially to the fulfilment of your strategic goals.

I am confident that my education and experience are sufficient for this position. These attributes, coupled with my excellent work ethic, a knack for patient communication and unparalleled dedication, will immediately make me a valuable asset and net positive hire.

I am hopeful that I will secure the position and look forward to further discussions on my qualifications for the registered nurse position in more detail. I am always available for any follow up at your convenience. I appreciate your consideration.

Sincerely,

Topaz Barrington.

# **RESUME**

### TOPAZ BARRINGTON, 1303 TOWN CENTER PKWY APT 3121, SLIDELL, LA 70458 (850)-408-2067

Email: Barri16j@mymail.tcc.fl.edu

### **SUMMARY**

- Patient-focused Certified Nursing Assistant with almost a year of experience in providing direct patient care in several medical-surgical settings at TMH
- Highly adept at taking vital signs, drawing blood work, and performing basic everyday care for patients. CPR certified
- Meticulous in adhering to health and safety protocols to maintain infection control standards.
- Graduated nurse with 100+ hours of clinical experience at TCC

### **EXPERIENCE**

### JUNE 2022-CURRENT REGISTERED NURSE NEURO ICU (TULANE MEDICAL CENTER)

Gave compassionate care to critical patients suffering from injuries or debilitating conditions, assessed patient conditions and administered the appropriate medications, observed behaviors/symptoms and reported changes to on call physicians, educated families about patient conditions and provided support as needed, periodically took the position of a charge nurse & precepted students, managed life support equipment and iv administration of fluids and medications, provided basic patient care such as grooming and changing bedding, monitored telemetry and responded to codes, stocked supplies, reported malfunctioning equipment, utilized the meditech charting system, proactively learned new procedures & treatment protocols from more established nurses, assisted physicians with procedures, monitored adequacy of ventilation/LOC/Pain, maintained patient confidentiality at ALL times, developed critical thinking and analytical skills applicable across the entire nursing field, ensured compliance with standards of service, 95%+ compliance rate of scanning/delivering medications, assessed and monitored patients neurological statuses including calculating and maintaining desired ICP & CPP values, implemented & titrated hypertonic solutions & medications to maintain ICP values & BP in critically ill neurological patients, trained in ALS & BLS, prepared patients for echocardiograms, stress testing, MRI's, CAT scans, x-rays, & other diagnostic testing, cared for and discontinued chest tubes & drainage devices; monitored temporary pacing, & PCA pumps, & monitored glucose levels, collected specimens for labs and relayed results

#### JANUARY 2020 – APRIL 2022

### NURSING ASSISTANT (TALLAHASSEE MEMORIAL HEALTHCARE)

Assisted approximately 20-50 patients each shift with activities of daily living, provided social and emotional support to improve patient morale, established rapport with team

members, patients and families, helped patients with daily hygiene, including showering, oral and perineal care, incontinence care, preventing bed sores and rashes, and soiling, observed physical and emotional changes in patients & reported patients conditions to the nurse on shift, transferring patients from bed to chair, bed to commode, chair to commode, Hoyer lifts, Sara Steady's, ensuring patient safety and comfort in the process, conducting comprehensive healthcare checks, and develop & implement new practices and procedures to improve efficiency across the department.

## AUGUST 2020 – APRIL 2022 NURSING STUDENT (TCC NURSING)

Collaborated with other healthcare professionals to plan, manage and assess patient treatment in acute care settings, performed emergency lifesaving procedures like CPR and other condition stabilizing interventions, treatment and clinical documentation for patients on cardiac, labor and delivery, oncology, and medical-surgical floors, handled medication administration under the direct supervision of an RN & DNP, dressing changes, maintained strict adherence to HIPAA at all times, skill in practicing placing catheters, JP drain care, nasogastric tubes, with a high level of accuracy and concern for patient comfort, and extensive use of Cerner software to maintain patient records.

### **EDUCATION**

AUG. 2020-APRIL 2022 PURSUED ADN DEGREE (TCC COLLEGE OF NURSING)

AUG. 2017- MAY 2019
TALLAHASSEE COMMUNITY COLLEGE MAIN CAMPUS (ASSOCIATES DEGREE)

AUG. 2014- MAY 2017 HIGH SCHOOL DIPLOMA (AMOS P. GODBY HIGH)

### **SKILLS**

- Attention to detail
- Verbal and written communication
- Record keeping
- Technology skills
- Critical thinking & problem solving
- Interpersonal skills
- CPR certified
- Assessing bodily systems

- Knowledge of medical terminology
- Time management
- Patient safety
- Phlebotomy
- Patient education
- Medication administration
- Administering fluids on continuous IV pumps

- Patient Management
- Empathy
- Understanding of childhood development
- Attention to nonverbal cues
- HIPAA compliance

• Obtaining and interpreting blood lab values