

**Dedicated Registered Nurse**

**Staff Nurse II**

**St. Joseph's Medical Center - Stockton, CA**

**November 2021 to May 2022**

• Provide nursing care to various types of patients such as: Post Orthopedic Surgical patients, Covid Unit on Med Surg/Tele unit, Post Op patients transferring from PACU, PCU, ER, etc.

• Wound Treatments (ie: All stages of pressure wounds, burns, etc)

• Tele Monitoring and Intervention

• Venipuncture and I.V. placement for hydration and/or medications

• Administration of various types of medications/treatments (ie: blood products, heparin drips, TPN, IV fluids, etc)

• Management of various types of tubes (NGT, PEG, Drains, Foleys, etc.)

• Participate in Rapid Responses/Codes

• Management of indwelling foley catheterizations (obtaining initial/renewal orders, foley care, etc)

• Management of CBI (post TURP's, etc)

• Various other duties related to Medical Surgical/Telemetry/Orthopedic unit

**Registered Nurse**

**California Correctional Health Care Services - Stockton, CA**

**December 2019 to June 2021**

• Provided health care services to patients/inmates within the prison setting.

• Provided emergency treatment for stabbings, substance abuse, alcohol abuse, self-inflicted injuries,

assaults

• Assisted physician with suturing and various types of treatments/procedures as needed

• Wound care as ordered (wound vac's, post-surgical drains, surgical incisions, pressure wounds, etc)

• Intravenous placement, oral and naso airway placement

• Completed EKG as per physician orders

• Ensured patients complied with substance abuse programs

• Monitored patients in psychiatric crisis in licensed Inpatient Psychiatric Unit

• Venipuncture and IV placements

• Processed required assessments and charting for transfers, out to court, paroling inmates

• Performed COVID-19 patient testing (nasopharyngeal and nares swab)

• Provided nursing care to covid-19 positive patients

• Trained new nursing staff to unit

• Utilized PAPRs and N95 when providing patient care to covid-19 positive patients

**Registered Nurse**

**California Correctional Health Care Services - Represa, CA**

**February 2019 to June 2019**

• Provided health care services to patients/inmates within the prison setting.

• Provided emergency treatment for stabbings, substance abuse, alcohol abuse, self-inflicted injuries,

assaults

• Assisted physician with suturing and various types of treatments/procedures as needed

• Wound care as ordered (wound vac's, post-surgical drains, surgical incisions, pressure wounds, etc)

• Intravenous placement, oral and naso airway placement

• Ensured patients complied with substance abuse programs

• Monitored patients in psychiatric crisis in licensed Inpatient Psychiatric Unit

• Venipuncture, IV placements

• Completed EKG as per physician orders

• Processed transfers, out to court, paroling inmates/patients

• As an ambulatory nurse, referred patients to other specialties (ophthalmology, dental or physician)

as needed

• RN in TTA (Emergency Unit) responded to all emergencies within the prison facility.

• Participated in daily unit and IDT meetings to discuss effectiveness of ordered treatments and plans

of care

**Registered Nurse**

**Asbury Park Nursing and Rehabilitation Center - Sacramento, CA**

**November 2018 to June 2019**

• Medication Administration

• Wound care as ordered by wound doctor and house physician

• Processed admissions and discharges

• Supervised nursing staff (LVN & CNA)

• Communicated with director of nursing for any facility issues/concerns

• Ensured adequate staff for following shift

• Provided BLS in emergency situations

• Hospice and Palliative Care for residents

• Venipuncture and I.V. placement for hydration and/or medications

• Management of all I.V.'s, PICC lines and central lines in facility

**Registered Nurse**

**St Mark's Hospital - Salt Lake City, UT**

**September 2017 to April 2018**

• Provided nursing care to various types of patients such as: Post CVA, TBI, post-surgical (CABG, Ortho,

LVAD placements, etc.) vented patients, trauma patients in Med Surg unit

• Wound care such as Wound vac's, post-surgical drains, various types of surgical incisions, etc.

• Tele Monitoring

• Completed EKG as per physician orders

• Provided trach care (dressing changes, suctioning as needed, etc)

• Maintained all circuits of ventilator and ensured all alarms were immediately addressed and resolved

• Venipuncture and I.V. placement for hydration and/or medications

• Administered various types of medications/treatments (ie: blood products, heparin, NS, LR, Enteral

Feedings-DHT and PEG tubes, etc.)

• Participated in Rapid Responses/Codes

**Transitions of Care Coach**

**Molina Healthcare - Midvale, UT**

**April 2016 to February 2017**

• Ensured members had safe discharge to home/SNF by coordinating all discharge plans with

 PCP, home health, DME company and any others who were necessary

• Discharge planning

• Completed field visits (home or skilled nursing facilities) to complete health risk assessments (i.e.: PHQ9, etc.)

• Attended IDT meetings, discussed plans of care to ensure effectiveness

• Milliman Care Guidelines utilized to determine appropriate level of care was provided to our plan

members

• Worked occasionally in UM department in times of low staff to ensure inpatient reviews were completed to meet deadlines

• Occasionally processed appeals from hospitals requesting 2nd review

• Completed routine follow up phone calls to members, to ensure regular attendance to doctors

Appointments

**RN Supervisor**

**Windsor Care Center of Sacramento - Sacramento, CA**

**August 2014 to February 2016**

• Initially hired as RN Supervisor, then promoted to Assistant Director of Nursing

• Assisted DON to manage clinical operations of the nursing department

• Attended daily IDT meetings

• Developed nursing programs to ensure quality patient care

• Ensured nursing staff followed department procedures and policies

• Addressed and processed resident/responsible party concerns

• Processed all admissions and discharges

• Reviewed Surveyor results and assisted in completion of plan of correction alongside fellow department managers

• Assisted charge nurses with any and all resident care (Wound treatments/Medication pass, etc)

• Trained staff on electronic healthcare charting

• Utilized RAI (assessments) to evaluate the quality of emotional, mental and physical care being given to

long-term care residents through interview with each resident upon admission and throughout their stay

**Registered Nurse**

**St Joseph's Villa Rehabilitation - Salt Lake City, UT**

**December 2012 to July 2014**

• Managed Enteral feedings and TPN

• Central and midline management

• Wound care such as Wound vac’s, post-surgical drains, various types of surgical incisions, etc.

• IV management (TPN, IV antibiotics/medications, site care, rehydration, etc.)

• Tracheostomy and Ventilation management (Suction/Lavage, HLVN/SIM management, Vent settings/weaning per protocol, Emergency trach management, Circuit management, etc.) Management of Acute/Chronic Respiratory Failure patient’s: Adjustment of oxygen liter flow, monitoring CO2 levels, BiPAP/CPAP management (scheduling sleep studies)

• Completed EKG’s as per physician orders

• Managed Drain Tubes: JP Drains, nephrostomy drains, etc

• Placement/Discontinuance of foley catheters

• Bladder scanning for possible urinary retention

**EDUCATION**

Associate Degree in Nursing

12/2012

Fortis College

**LICENSE**

Registered Nurse - California

Initial: 12/2014

Exp: 03/2024

***Registered Nurse - Utah***

***Initial: 02/2013***

***Exp: 01/2019***

**CERTIFICATION**

BLS – Healthcare Providers

Expires 09/2022

AHA

*“If a nurse declines to do these kinds of things for her patient, "because it is not her business," I should say that nursing was not her calling. I have seen surgical "sisters," women whose hands were worth to them two or three guineas a-week, down upon their knees scouring a room or hut, because they thought it otherwise not fit for their patients to go into. I am far from wishing nurses to scour. It is a waste of power. But I do say that these women had the true nurse-calling—the good of their sick first, and second only the consideration what it was their "place" to do—and that women who wait for the housemaid to do this, or for the charwoman to do that, when their patients are suffering, have not the making of a nurse in them.”*

*― Florence Nightingale*