

# STEPHANIE FUALAU, RN

Stockton, CA 95209

Mobile: (209) 298-6650

Email: sfualauRN@yahoo.com

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## Dedicated Registered Nurse

### Staff Nurse II

**St. Joseph's Medical Center - Stockton, CA**

**November 2021 to May 2022**

- Provide nursing care to various types of patients such as: Post Orthopedic Surgical patients, Covid Unit on Med Surg/Tele unit, Post Op patients transferring from PACU, PCU, ER, etc.
- Wound Treatments (ie: All stages of pressure wounds, burns, etc)
- Tele Monitoring and Intervention
- Venipuncture and I.V. placement for hydration and/or medications
- Administration of various types of medications/treatments (ie: blood products, heparin drips, TPN, IV fluids, etc)
- Management of various types of tubes (NGT, PEG, Drains, Foleys, etc.)
- Participate in Rapid Responses/Codes
- Management of indwelling foley catheterizations (obtaining initial/renewal orders, foley care, etc)
- Management of CBI (post TURP's, etc)
- Various other duties related to Medical Surgical/Telemetry/Orthopedic unit

### Registered Nurse

**California Correctional Health Care Services - Stockton, CA**

**December 2019 to June 2021**

- Provided health care services to patients/inmates within the prison setting.
- Provided emergency treatment for stabbings, substance abuse, alcohol abuse, self-inflicted injuries, assaults
- Assisted physician with suturing and various types of treatments/procedures as needed
- Wound care as ordered (wound vac's, post-surgical drains, surgical incisions, pressure wounds, etc)
- Intravenous placement, oral and naso airway placement
- Completed EKG as per physician orders
- Ensured patients complied with substance abuse programs
- Monitored patients in psychiatric crisis in licensed Inpatient Psychiatric Unit
- Venipuncture and IV placements
- Processed required assessments and charting for transfers, out to court, paroling inmates
- Performed COVID-19 patient testing (nasopharyngeal and nares swab)
- Provided nursing care to covid-19 positive patients
- Trained new nursing staff to unit
- Utilized PAPRs and N95 when providing patient care to covid-19 positive patients

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- Intravenous placement, oral and naso airway placement
- Ensured patients complied with substance abuse programs
- Monitored patients in psychiatric crisis in licensed Inpatient Psychiatric Unit
- Venipuncture, IV placements
- Completed EKG as per physician orders
- Processed transfers, out to court, paroling inmates/patients
- As an ambulatory nurse, referred patients to other specialties (ophthalmology, dental or physician) as needed
- RN in TTA (Emergency Unit) responded to all emergencies within the prison facility.
- Participated in daily unit and IDT meetings to discuss effectiveness of ordered treatments and plans of care

## **Registered Nurse**

**Asbury Park Nursing and Rehabilitation Center - Sacramento, CA**

**November 2018 to June 2019**

- Medication Administration
- Wound care as ordered by wound doctor and house physician
- Processed admissions and discharges
- Supervised nursing staff (LVN & CNA)
- Communicated with director of nursing for any facility issues/concerns
- Ensured adequate staff for following shift
- Provided BLS in emergency situations
- Hospice and Palliative Care for residents
- Venipuncture and I.V. placement for hydration and/or medications
- Management of all I.V.'s, PICC lines and central lines in facility

## **Registered Nurse**

**St Mark's Hospital - Salt Lake City, UT**

**September 2017 to April 2018**

- Provided nursing care to various types of patients such as: Post CVA, TBI, post-surgical (CABG, Ortho, LVAD placements, etc.) vented patients, trauma patients in Med Surg unit
- Wound care such as Wound vac's, post-surgical drains, various types of surgical incisions, etc.
- Tele Monitoring
- Completed EKG as per physician orders
- Provided trach care (dressing changes, suctioning as needed, etc)
- Maintained all circuits of ventilator and ensured all alarms were immediately addressed and resolved
- Venipuncture and I.V. placement for hydration and/or medications
- Administered various types of medications/treatments (ie: blood products, heparin, NS, LR, Enteral Feedings-DHT and PEG tubes, etc.)
- Participated in Rapid Responses/Codes

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## **Transitions of Care Coach**

### **Molina Healthcare - Midvale, UT**

**April 2016 to February 2017**

- Ensured members had safe discharge to home/SNF by coordinating all discharge plans with PCP, home health, DME company and any others who were necessary
- Discharge planning
- Completed field visits (home or skilled nursing facilities) to complete health risk assessments (i.e.: PHQ9, etc.)
- Attended IDT meetings, discussed plans of care to ensure effectiveness
- Milliman Care Guidelines utilized to determine appropriate level of care was provided to our plan members
- Worked occasionally in UM department in times of low staff to ensure inpatient reviews were completed to meet deadlines
- Occasionally processed appeals from hospitals requesting 2<sup>nd</sup> review
- Completed routine follow up phone calls to members, to ensure regular attendance to doctors appointments

## **RN Supervisor**

### **Windsor Care Center of Sacramento - Sacramento, CA**

**August 2014 to February 2016**

- Initially hired as RN Supervisor, then promoted to Assistant Director of Nursing
- Assisted DON to manage clinical operations of the nursing department
- Attended daily IDT meetings
- Developed nursing programs to ensure quality patient care
- Ensured nursing staff followed department procedures and policies
- Addressed and processed resident/responsible party concerns
- Processed all admissions and discharges
- Reviewed Surveyor results and assisted in completion of plan of correction alongside fellow department managers
- Assisted charge nurses with any and all resident care (Wound treatments/Medication pass, etc)
- Trained staff on electronic healthcare charting
- Utilized RAI (assessments) to evaluate the quality of emotional, mental and physical care being given to long-term care residents through interview with each resident upon admission and throughout their stay

## **Registered Nurse**

### **St Joseph's Villa Rehabilitation - Salt Lake City, UT**

**December 2012 to July 2014**

- Managed Enteral feedings and TPN
  - Central and midline management
  - Wound care such as Wound vac's, post-surgical drains, various types of surgical incisions, etc.
  - IV management (TPN, IV antibiotics/medications, site care, rehydration, etc.)
  - Tracheostomy and Ventilation management (Suction/Lavage, HLVN/SIM management, Vent settings/weaning per protocol, Emergency trach management, Circuit management, etc.) Management of Acute/Chronic Respiratory Failure patient's: Adjustment of oxygen liter flow, monitoring CO2 levels, BiPAP/CPAP management (scheduling sleep studies)
  - Completed EKG's as per physician orders
  - Managed Drain Tubes: JP Drains, nephrostomy drains, etc
  - Placement/Discontinuance of foley catheters
  - Bladder scanning for possible urinary retention
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## EDUCATION

Associate Degree in Nursing

12/2012

Fortis College

## LICENSE

Registered Nurse - California

Initial: 12/2014

Exp: 03/2024

*Registered Nurse - Utah*

*Initial: 02/2013*

*Exp: 01/2019*

## CERTIFICATION

BLS – Healthcare Providers

Expires 09/2022

AHA

*"If a nurse declines to do these kinds of things for her patient, "because it is not her business," I should say that nursing was not her calling. I have seen surgical "sisters," women whose hands were worth to them two or three guineas a-week, down upon their knees scouring a room or hut, because they thought it otherwise not fit for their patients to go into. I am far from wishing nurses to scour. It is a waste of power. But I do say that these women had the true nurse-calling – the good of their sick first, and second only the consideration what it was their "place" to do – and that women who wait for the housemaid to do this, or for the charwoman to do that, when their patients are suffering, have not the making of a nurse in them."*

*— Florence Nightingale*