# LaSondra Carson

## Patient Care Tech/ Relief Secretary - Christian Hospital

St. Louis, MO 63136 Itcarson85@gmail.com +1 314 326 3232

To obtain employment utilizing skills within the scope of practice of a registered nurse while servicing the community during the pandemic.

Authorized to work in the US for any employer

# Work Experience

## Staff Nurse

SSM Health-DePaul - Bridgeton, MO June 2021 to Present

- Use standards of critical care nursing practice
- Patient advocate
- Develop and implement plan of care
- · Educate patient and family about measures to promote and maintain health
- Interdisciplinary teamwork

## Patient Care Tech/ Relief Secretary

Christian Hospital - St. Louis, MO June 2014 to Present

- \* Obtain and document vital signs, intakes, outputs, and activities of daily living
- \* Report irregular findings to Registered nurse
- \* Under supervision of registered nurses
- \* Care for patient's needs: feed, clean and comfort
- \* Professional communication with patients, families, and medical team
- \* Operate telemetry monitors
- \* Check blood glucose levels
- \* Answer and Make calls to doctor's offices
- \* Direct families to different areas of hospital
- \* File and document paper and electronic charts

### **Program Supervisor**

Easter Seals Midwest - St. Louis, MO March 2008 to July 2015

- \* Level 1 Medication Aid
- \* Crisis intervention training
- \* Oversee effective and efficient delivery of services to customers with disabilities.
- \* Formal responsibility for making recommendations regarding job related policies and procedures.
- \* Ensure agency paperwork and customer files (paper and electronic) are current.
- \* Implement and complete Person Centered Plans.
- \* Complete mandatory training following training deadlines

\* Professional communication via email and telephone with clients, families, case managers, and service providers

#### **Customer Service Representative**

Sears Roebuck Corp - St. Louis, MO May 2007 to May 2008

- \* Maintain and update inventory.
- \* Assist customers with shopping needs.
- \* Ensure safety of store for customers and employees
- \* Professional communication with public

#### Support Staff

Emmaus Homes - Saint Charles, MO December 2004 to April 2007

- \* Administer medications and ensure customers follow doctor orders.
- \* Crisis intervention training
- \* Ensure clients' safety and health.
- \* Follow and implement support plans for each customer
- \* Professional communication via telephone and email with service providers

# Education

#### Associate's in Nursing

St. Louis Community College - St. Louis, MO August 2019 to May 2021

#### **Bachelor of Arts in Psychology**

Webster University - St. Louis, MO

#### Skills

- CERTIFIED NURSING ASSISTANT (Less than 1 year)
- CPR (Less than 1 year)
- CPR/ (Less than 1 year)
- CPR/BLS (Less than 1 year)
- EXCEL (Less than 1 year)
- Vital Signs
- Crisis Intervention
- Medication Administration
- Developmental Disabilities Experience
- Medical Terminology
- ADLs
- Patient care
- First aid

- Caregiving
- Hospital experience
- Nursing
- Phlebotomy
- Critical Care Experience
- Epic (5 years)
- Experience Administering Injections

# Certifications and Licenses

## CNA

# **CPR** Certification

# Additional Information

- SKILLS
- Registered Nurse: 07/2021
- Certified Nursing Assistant: 04/2014
- Certified Medication Technician: 12/2017
- Proficient in all Microsoft Office Applications including Excel, Word, Powerpoint, and Outlook
- Excellent verbal, written, and listening skills
- Strong attention to details
- Excellent at multitasking
- CPR/BLS and First Aid