
CAREER OBJECTIVE

Highly-motivated Registered Nurse with two years of clinical experience striving to obtain a *Registered Nurse* position and provide compassionate and quality care to all through proven triage, daily care, problem solving with excellence, integrity, & service before self.

EDUCATION

Bachelor of Science in Nursing, Indiana State University, Terre Haute, IN *August 2019*
• GPA: 3.72; Dean's list 4/4 semesters

Bachelor of Arts in Kinesiology and Integrative Physiology, Hanover College, Hanover, IN *May 2018*
• GPA: 3.28; Dean's list 3/6 semesters
• Senior Thesis: "Does College Major Influence Nutritional Choices?"
• Presented senior thesis at Butler University Undergraduate Research Conference

WORK EXPERIENCE

Registered Nurse, Ascension St. Vincent, Indianapolis, IN *September 2021 – June 2022*
• Full-time nurse (minimum 36 hrs per week) on a 51 bed unit at an ortho trauma medical surgical unit with overflow of medical, spinal surgery and orthopedics providing nursing care up to five patients per shift from ER/level 1 trauma, OR (pre-operatively, post-operatively), & ICU.

Registered Nurse, Indiana University (IU) Health Methodist, Indianapolis, IN *September 2019 – September 2021*
• Full-time nurse (minimum 36 hrs per week) on a 31 bed unit at a surgical trauma medical surgical unit with overflow of medical, general surgery or orthopedics providing nursing care up to five patients per shift from ER/level 1 trauma, OR (pre-operatively, post-operatively), & ICU.
• Assess and manage patients from laparoscopic cholecystectomy, splenectomy, appendectomy, bowel resections, acute pancreatitis, skin grafts, hemo/pneumothorax, upper/lower GI bleeds, chest and abdominal traumas (gunshot wounds, stabbings), motor vehicle accidents/crashes, multiple trauma, whipples, chest tubes, epidurals, neuro- CVA, SAH, TBI
• Assess and manage patients who suffer from complex traumatic injuries including multiple fractures, traumatic brain injuries, sustained blunt or penetrating injuries (chest and/or pulmonary injury), intraabdominal injuries, orthopedic fractures, head/neck/face injuries, musculoskeletal surgeries, open reduction internal fixator (ORIF), grafts, flaps, total joint replacement (knees, hips, shoulders, and elbows)
• Perform care for patients with complex acute and chronic medical conditions including: infectious diseases, sickle cell disease, liver disease, diabetes, pneumonia, congestive heart failure (CHF), chronic obstructive pulmonary disease (COPD), wound care management, peritoneal dialysis, hemodialysis, sepsis, UTI, renal failure, cellulitis, encephalopathy, cirrhosis, amputation, and bowel obstruction.
• Collaborate with physicians and other health care providers to achieve optimum patient care
• Mentor as a team builder to inexperienced licensed and unlicensed staff
• Assist patients with bathing, dressing, maintaining, personal hygiene, moving in bed, standing and walking
• Educate patients and their families on disease processes, med/surg procedures and medications
• Implement skilled nursing care of chest tubes, tracheostomies, multiple drains (Jackson-Pratt, Tru-close), wound managers, Wound Vacuum Assisted Closure (VACS), dressing changes, proper pin care, colostomies, ileostomies, complex wound care, patient-controlled analgesia machines, sequential stockings, Foley catheter, central line and PICC maintenance, blood administration, parenteral nutrition administration, thrombostabilizer and subcutaneous glucostabilizer set up, & proper isolation dependent on infectious disease

Camp Counselor, Bradford Woods, Martinsville, IN *May 2016 – August 2016 & May 2017 – August 2017*
• Assisted with activities of daily living including hygiene, feeding, toileting, catheterization, range of motion, transferring, turning, and communication via lip-reading, non-verbal, and sign language Assisted participants in a range of activities according to their level of ability.

- Assisted participants in a range of activities according to their level of ability.
- Helped participants achieve individual goals.
- Observed participants abilities and implanted training programs accordingly.
- Documented regular records of individual's behaviors and progress.
- Strictly observed safety rules and regulations.
- Monitored individuals proper nutrition according to established diet restrictions.

LEADERSHIP EXPERIENCE

Employee Engagement Committee, IU Health Methodist, Indianapolis, IN *March 2019 – Present*
 • Engaged in monthly meetings to implement ideas on employee engagement from a unit level to a hospital-wide level

Student-Athlete, Men's Tennis, Hanover College, Hanover, IN *August 2015 – May 2018*
 • Established goals for the team
 • Helped members contribute in every way possible
 • Lead by example and provided my all every practice
 • Advocated the team to compete harder
 • Attended practice and matches and support team
 • Developed good sportsmanship, time management, arranged overall balance, critical thinking and dedication

VOLUNTEER EXPERIENCE

Nurse's Boot Camp, Indiana State University, Terre Haute, IN *January 2019*
 • Taught incoming nursing student how to properly insert a nasogastric tube (NG tube) and the nursing considerations

Volunteer, Holiday Bakery Help, Misericordia, Chicago, IL *December 2018*
 • Helped make baked goods during the holidays for individuals with intellectual and developmental disabilities

Lambda Chi Alpha Philanthropy, Hanover College, Hanover, IN *May 2016, May 2017, May 2018*
 • Conducted a 3-week wiffleball tournament for the students and faculty of Hanover College to participate during May Term
 • Committed to being on night duty to ensure the field was cared for and ready for the next game
 • Supervised as security to ensure a safe environment for the players and guests
 • Raised roughly \$3,000 per event and donated to Team Type 1 Foundation

Patient-Care Rounds, Eskenazi Health, Indianapolis, IN *May 2015 – July 2015*
 • Communicated with patients about Eskenazi Health meeting their needs
 • Helped give patients supplies for self-care such as warm blankets, new socks, fresh toothbrush
 • Listened to patients attentively to help comfort their stay at Eskenazi Health

MEMBERSHIPS AND CERTIFICATIONS

- Basic Life Support