

Teresa Lane

Puyallup, WA 98374

teresalane.rn@gmail.com

+1 253 381 8816

I am seeking part-time or full-time employment. I am a motivated, dedicated, & caring Registered Nurse with an extensive range of experience, resulting in a broad knowledge base, exceptional nursing skill & the ability to exercise excellent critical thinking & professional judgment. I have over 30 years of nursing experience and am passionate about working together with my colleagues to make a difference in the lives of patients and their families. I enjoy being challenged, striving for continued growth in my profession, & investing my knowledge, skill & compassion to better the lives of people & healthcare in general.

- Self-motivated with a strong work ethic & commitment to pursue the highest quality in every endeavor
- Excellent communication & listening skills
- Approachable - I easily establish rapport with others
- Enjoy working both alone and as a member of a team - I value input from others
- Flexible & adaptable to new environments & situations
- Quick to learn & implement new knowledge & skill sets
- Thorough & organized
- Calm and focused during stressful situations

Authorized to work in the US for any employer

Work Experience

Contracted School Nurse with the Bethel School District

Supplemental HealthCare - Federal Way, WA

September 2013 to June 2021

- Healthcare Provider for students with chronic conditions, illness, & injuries (preschool - high school)
- Case Manager for students with chronic & complex health conditions - Coordinating health & community services for students & their families
- School Health Leader - Planning & leading health programs & policies - Advocating for student health
- Public Health Liaison - Sharing vital health & prevention information - Promoting nutrition, exercise, preventative care & health habits - Alerting community to health risks
- Covid Manager - Educated staff, students & families, managed contact tracing, administered vaccines for Covid-19 to students, oversaw at-school quarantine for sick students & Covid testing for students & staff
- Emergency Responder - Developing & implementing students' emergency action plans - Making assessments, first aid & timely decisions regarding emergency services
- Supervisor of Health Clerks, LPNs, & RNs - Educating, delegating duties & evaluating performances to ensure student safety

Home Health Case Manager

Kindred at Home - Puyallup, WA

January 2015 to December 2018

- Case Manager for patients with complex, chronic & acute health conditions & illnesses
- Conducted skilled nursing visits – education, wound care, medication reconciliation & administration
- Care Coordinator – conferred with healthcare providers in developing the initial plan of treatment based on HCP orders & initial patient assessment – coordinated & conferred with various ancillary services (e.g., PT, OT, SLP, MSW & HHA)
- Supervised & coordinated the work of LPNs, Home Health Aides & Personal Care Workers
- Prepared appropriate medical documentation & coding according to Medicare guidelines – including admissions, nurse visits, referrals, case conferences, medication reconciliation, wound care progression, care plan updates & discharge/transfer summaries

Independent Contractor, Case Manager for Maternal Support Outreach

ANSWERS Counseling, Consultation & Case Management Services - Gig Harbor, WA

January 2009 to December 2014

- Case Manager for at-risk obstetric clients (pre/postnatal) – worked directly with clients & their families in their home environment, identifying targeted risk factors that needed further assessment &/or intervention
- Promoted health birth outcomes & increased access to early prenatal care with the goal of reducing infant morbidity & mortality to a vulnerable, at-risk population
- Educated clients on health promotion messages & warning signs, advocated for & assisted them with resource information, referrals & linkages to needed services (e.g., counseling, drug treatment, WIC, CPS, etc.)
- Case conferenced with various health disciplines & healthcare providers to reduce duplication of services & ensure a comprehensive & coordinated delivery system

Professional Specialty Sales Associate

Noven Pharmaceuticals - Miami, FL

January 2004 to December 2009

- Managed territory through effective time management, organization & meeting administrative deadlines
- Developed & organized sales routing throughout King, Pierce, Kitsap, Thurston, Mason & Lewis counties
- Provided product education & strong customer service – excellent communicator & negotiator – quickly building credibility & cultivating lasting relationships with major accounts
- Planned & facilitated luncheon educational events, evening speaker programs & teleconferences with top area thought leaders
- Professional company representative at medical conferences
- Primary resource to team members for technical & computer related concerns

Instructor, Education Department & Registered Nurse, Obstetrics

Good Samaritan Hospital - Puyallup, WA

January 2000 to December 2004

- Developed & facilitated Nursing Orientation classes for new nursing staff
- Assisted hospital educators in curriculum development & training of various hospital-wide education programs
- BLS Instructor (Infant, Child, Adult)
- Education Dept. representative at monthly hospital administrative meetings
- Managed patient care throughout the perinatal process – provided nursing care for newborns & surgical patients postoperatively

- Discharge Planning – Educated patients & their families on procedures, physiology, disease states, medication, equipment use, self-care & newborn care

Registered Nurse, Utilization Review

Foundation Health, Inc. - Federal Way, WA

January 1999 to December 2000

- Traveled throughout western Washington to medical clinics, conducting chart reviews to analyze & measure clinic compliance with various insurance & government regulations
- Created reports to reflect findings & action plans as needed for clinics to regain regulatory compliance

Registered Nurse, Operating Room Circulator

St. John Medical Center - Longview, WA

January 1998 to December 1999

- Prepared pediatric & adult patients for procedures & ensured preparation of the OR prior to surgery
- Conferred with surgeons & anesthesiologists to develop the Plan of Care for patients during surgery, continually evaluating the patient's condition & updating the POC in order to achieve the desired outcome
- Managed operating room during procedures, ensuring proper technique was maintained & patient safety was priority

Registered Nurse

Internal Medicine Clinic & Longview Orthopedics - Longview, WA

January 1995 to December 1998

- Delivered quality nursing care to internal medicine & orthopedic patients
- Conducted patient centered responsibilities including lab draws, injections, pulmonary function testing, x-ray, splinting, casting, brace fitting, education, phone triage/advice & follow-up
- Managed back-office paperwork, maintained inventory & met with medical vendors for product updates & orders

Registered Nurse

Kaiser Permanente - Cascade Park - Vancouver, WA

January 1993 to December 1995

- Provided phone triage & clinical advice for Pediatric, Family Practice, Internal Medicine, Occupational Health & Obstetric practices
- Initiated, co-developed & implemented a nurse-run clinic for Pediatrics & Family Practice to help offset the high volume of same-day appointments being added to providers schedules
- Saw pediatric & adult patients in the nurse-run clinic – assessed & treated per standing orders
- Organized & taught classes for first-time mothers-to-be on navigating through a healthy pregnancy

Registered Nurse, Staff & Charge

Whitman Memorial Hospital - Colfax, WA

January 1992 to December 1993

- Delivered quality nursing care to pediatric, medical-surgical, cardiac, oncology, obstetrics & emergency room patients
- Supervised & supported nursing & ancillary staff, while maintaining a high level of patient care throughout the hospital
- Performed administrative duties to include schedules, maintaining adequate supplies & keeping staff updated on policy & procedure updates

Education

Bachelor of Science in Nursing

Washington State University - Intercollegiate Center for Nursing Education

December 1991

Skills

- Child Protective Services (10+ years)
- Physiology Knowledge (10+ years)
- Nursing (10+ years)
- Experience Administering Injections (10+ years)
- Case Management (10+ years)
- Anatomy Knowledge (10+ years)
- Curriculum Development (4 years)
- Medical Imaging (2 years)

Languages

- English - Expert

Awards

Cum Laude, WSU

December 1991

Graduated 3.76 GPA

Presidential Honors, WSU

December 1991

Peer Award, ICNE

December 1991

Awarded at my commencement ceremony from nursing school - voted on by the peers of my graduating class at the Intercollegiate Center for Nursing Education.

Faculty Award, ICNE

December 1991

Awarded at my commencement ceremony from nursing school - voted on by the faculty at Intercollegiate Center for Nursing Education in Spokane, WA.

Presidential Honors, WSU

December 1990

Presidential Honors, UW

December 1989

Certifications and Licenses

BLS Instructor Certification

First Aid Certification

RN License

February 2022 to February 2023

WA State

RN00108778

Registered Nurse License

First Issue Date: 03/20/1992

American Red Cross BLS Certification

February 2020 to February 2022

Assessments

Medical terminology – Expert

June 2022

Understanding and using medical terminology

Full results: [Expert](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.