

# Adrienne Munoz

San Antonio, TX 78108

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Willing to relocate: Anywhere

## Work Experience

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### **Emergency Room Nurse**

Distinctive Home and Health Care/Naval Medical Center - San Diego, CA

November 2021 to Present

- Assess, plan, implement, evaluate and document nursing care for a variety of patients with 1:4 nurse-patient ratio
- Effectively execute multiple skills including cardiopulmonary resuscitation, medication administration, blood transfusions, IV access, electrocardiogram and interpretation, wound care, dressing changes, accessing central lines, splinting, Foley insertion, and first aid treatments
- Multitask and prioritize responsibilities based on analyzation of patient conditions through presentation, lab results, knowledge of disease pathophysiology and other diagnostic tools
- Leverage interpersonal communication strengths to establish rapport and provide emotional support for patients and families
- Provide coordination and management of patient care to patients and families within a continuum of care

### **Emergency Room Nurse (VN-0610-III, Step**

VA San Diego Healthcare System - La Jolla, CA

April 2021 to September 2021

- Provide emergency medical assessments to recognize life threatening situations, identify disease and deterioration, assign acuity, and initiate timely and appropriate interventions independently
- Educate patients and families on communicable diseases, illness, injuries, prevention care and medications/holistic therapy to achieve desired outcomes
- Participate in continuous quality improvement activities to ensure the delivery and improvement of safe and quality patient care
- Continuously observe and monitor ER, ICU and medical surgical patients and intervene to prevent complications to restore hemodynamic stability

### **Emergency Room Nurse**

United States Air Force-Emergency Dept - Langley AFB, VA

September 2017 to February 2021

Active Duty, 42 hrs/wk, Sept 2017-Feb 2021

- Trauma Program Manager at Bagram Airfield, Afghanistan during 6-monh deployment; taught weekly trainings/simulations for ER team and pararescue jumpers, coordinated and presented at Joint Trauma System Conferences, reviewed resuscitation records for over 100 traumas and performed as lead trauma nurse for over 50 traumas

- Responsible for training and surveillance as Infection Control Coordinator
- Evaluate nursing team and utilize the nursing process to improve care as Peer Review Officer
- Train regularly and evaluate co-workers on emergency preparedness
- Demonstrate leadership as charge nurse and supervise up to 5 nurses, 5 medical technicians and 3 students
- Certified, trained and validated in Moderate Sedation (Adult and Pediatric)

### **Community Health and Prevention Nurse PRN, 4-20 HRS/WK**

Optima Health - Virginia Beach, VA

June 2019 to April 2020

- Performed health assessments to include BMI, A1C, cholesterol, blood pressure, etc
- Educated and counseled community and individuals about health concerns, screening results, disease prevention and health promotion
- Assisted in developing and implementing health education programs
- Administered a wide variety of vaccines, vitamins and similar treatments

### **Emergency Room Nurse**

Mountainview Hospital-Emergency Dept - Las Vegas, NV

May 2016 to August 2017

- Fast-paced 42-bed ER, Certified Chest Pain Center, Certified Primary Stroke Center

### **Mental Health Technician**

Aurora Behavioral Health - San Diego, CA

March 2013 to February 2016

- Facilitated community meetings and wrap-ups, promoting collaborative therapeutic environment
- Provided proactive and recovery-focused engagement with high-risk, mentally ill patients
- Ensured patient safety through monitoring and awareness of unusual behavior
- Thoroughly documented patient program participation, ADL's, mental status, appetite and other relevant behavior

## Education

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### **Bachelor of Science in Nursing**

Roseman University of Health Sciences - Henderson, NV

2016

### **Master of Public Health in Health Promotion**

National University - La Jolla, CA

2014

### **Bachelor of Applied Health Science in Applied Health Science**

Wheaton College - Wheaton, IL

2010

## Nursing Licenses

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### **RN**

Expires: August 2024

State: TX

## Skills

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- Nursing
- Triage
- Infection Control Training
- Critical Care Experience
- Vital Signs
- Medication Administration
- Hospital Experience
- Behavioral Health
- Emergency Management

## Military Service

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### **Branch: United States Air Force**

Service Country: United States

Rank: Captain

September 2017 to February 2021

Emergency room nurse

Commendations:

Air and Space Achievement Medal

Air and Space Commendation Medal

Afghanistan Campaign Medal

## Certifications and Licenses

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### **Certified Emergency Nurse**

### **NIHSS Certification**

### **First Aid Certification**

### **PALS Certification**

### **BLS Certification**

### **TNCC Certification**

**RN**

**ACLS Certification**

**AHA Certification**

**NRP Certification**

**CPR Certification**

**Secret Clearance**

Additional Information

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Texas RN license in process