

Paola Perez

Bakersfield, CA

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Work Experience

Registered Nurse

THV Enterprises - Bakersfield, CA

March 2021 to Present

- Perform physical assessments for initial or reassessment applications.
- Document medication and create care plans based on diagnosis.
- Weekly nursing calls to participants to assess safety and changes in condition.
- Call providers to report abnormal vital, refill medications and report any abnormal findings.

Telemetry Registered Nurse-Neuro Unit

Memorial Hospital - Bakersfield, CA

March 2020 to Present

- Provide direct nursing care including neurology checks, NIH stroke assessment, physical assessment, medication administration, wound care and cardiac monitoring.
- Collaborate with other health care members including doctors, respiratory therapist, occupational therapist, physical therapist, speech therapist, case managers to enhance patient outcomes.
- Reinforce education based on their health condition and discharge education.

Health Education Intern

Kern family Healthcare - Bakersfield, CA

August 2018 to December 2018

- Organized and presented monthly parent workshops regarding healthy eating in Spanish and English.
- Taught a health class to grades first, second and fifth weekly.
- Promoted kern Family Health Care healthy initiatives with community outreach initiatives.
- Created monthly brochures for parents regarding healthy habits in Spanish and English.

Education

Associate of Science degree in Nursing

Bakersfield college

December 2019

Skills

- Bilingual- Proficient with English and Spanish, Experience with Cerner, Basic life support
- exp 01/2023, ACLS- exp 01/2023., NIH stroke scale certificate. Registered Nurse License, Team player can multitask and good communication
- Nursing

- Hospital Experience
- Medication Administration
- EMR Systems

Languages

- Spanish - Fluent

Certifications and Licenses

NIHSS Certification

RN License

ACLS Certification