

Clara Vela, CNA, LVN, BSN, RN

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GRADUATE NURSE OBJECTIVE:

Licensed Vocational Nurse with 12 years of nursing experience in direct patient care, seeking a full-time position as an ICU nurse.

PROFESSIONAL SUMMARY:

Ambitious and passionate nurse aspiring to practice, acquire and improve skills to promote prudent nurse care across the community and strive to positively impact the quality of care of future patients using the collaborative approach.

EDUCATION/AWARDS:

Bachelor of Science in Nursing, West Coast University, Ontario, CA	April 2022
<ul style="list-style-type: none">3.7 GPA, Dean's List – 2020 - 2022	
License Vocational Nurse, Concorde Career College, Grand Prairie, TX	July 2017
Associate of Arts in Nursing, Tarrant County College, Hurst, TX	July 2015
Certified Nurse Assistant (CNA), Brookhaven College, Dallas County	September 2010

LICENSES & CERTIFICATIONS:

Registered Nurse - CA License # Pending	Exp. May 2024
Licensed Vocation Nurse – CA License # 702085	Exp. February 2024
Basic Life Support (BLS) - American Heart Association	Exp. September 2022
Advanced Cardiovascular Life Support (ACLS) - American Heart Association	Exp. November 2023

CLINICAL ROTATION:

Riverside Community Hospital - Preceptorship - CVU MedSurg, Telemetry, ER	136 Hours
Riverside University Heath System Hospital (RUHS) - Advanced Med-Surg – Med-Surg	136 Hours
Telehealth West Coast University – Public Health, Pediatrics, Obstretics, Med-Surge II, Mental Health	

WORK EXPERIENCE:

Hospice Nurse – LVN, Prestigious Health Services, Covina, CA

September 2021 – Present

- Physical comfort/support with end-of-life care, emotional support, environmental needs to ensure patient safety at the comfort of their home or retirement care facilities.
- Knowledge-related needs with an accuracy of medication administration by caregivers per physician's orders.
- Interpersonal relationship support, structural/functional/activity support for comfort measures.

Behavioral Health Specialist – LVN, Aurora Charter Oak Hospital, Covina, CA

September 2018 – Present

- Provide professional nursing care to emotionally disturbed and mentally ill patients under general supervision.
- Professional nursing principles practices while providing care and treatment of psychiatric patients.

Mental Health Tech/CNA, Garland Behavioral Hospital, Garland, TX

March 2015 – August 2017

- Adherence to safety guidelines in a psychiatric care setting. Including, q15min rounds.
- Maintenance of accurate charting records while informing the healthcare team of any changes.
- HIPAA standards compliance among all patient documentation and interactions.

Patient Assistant, Brookdale Senior Living, Hurst, TX

March 2013 – March 2015

- As a CNA assisting in maintaining the residents' independence while protecting and promoting their rights.
- Caring for residents' needs in an assisted living or memory care setting.

Mental Health Tech, Sundance Mental Hospital, Garland, TX

January 2014 - October 2015

- Coordinated mental health care services, monitored, and documented care.
- Identified the personal needs of patients while working under the supervision of a registered nurse.

Patient Care Tech, Baylor Orthopedics and Spine Hospital, Arlington, TX

January 2011 – January 2012

- Certified nurse aid assistant care in surgical, acute-care, hospital settings.
- Preserving patients' dignity and minimizing discomfort while providing direct care including bedpan care, incontinence care, bathroom, and ambulation assistance.
- Audit of chart accuracy, effective team collaboration, patient relations, and consistent delivery of empathetic care.

SKILLS:

Fluent in Spanish (Written and spoken) / Proficient in Microsoft office (Power Point, Outlook, Word, Excel)

VOLUNTEER EXPERIENCE:

Blood donor – American Red Cross, Pomona, CA / COVID-19 Testing – El Monte / Pomona CA

HOBBIES:

Hiking, Photography, Gardening