# **Chelsea Crisp**

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# **Objective:**

To use my nursing skills and experience with the total patient to help them and/or their families get through some of the most grueling times they will ever have to deal with as well as educate the community on healthcare, and the abundance of opportunities that are out there that many have not been shown or made aware of.

### **Education**

Tyler Jr. College-

• LVN-Certificate, Nursing Rusk, TX- August 2015

RN-Associate degree in nursing Jacksonville, TX- December 2017

# Goals:

My goal is to continue to learn, and obtain more certifications by seeking every learning opportunity in hopes that I can reach out to the community as far as possible.

### **Experience**

### RN

-Texas health Resources Allen/Dallas/Bedford (ICU)

January 2022-present

-UT Health East Texas, Tyler (RN)

December 2017 to June 2022 -Trauma ICU - Level 1 trauma center

-Vascular Tyler, Tyler, Texas (RN)

September 2020 to January 2022 (PRN)- Pre-op/post-op, clinic

-Christus Trinity Mother Frances, Jacksonville, Texas (LVN/RN) (PRN)

December 2016 to May 2018- Med/Surg

#### Skills

- Management of a critical trauma patient and neuro critical patient with possible comorbidities.
- Troubleshooting equipment needed for close monitoring of patients.
- Communicating with each multidisciplinary team involved in the patient's care.
- Complete full head to toe assessment for each patient as well as new admissions including health history and medication reconciliation.
- Measurement of hourly vital signs and administration of ordered medication.
- Setting up for line insertion performed by MD such as arterial line placement, central line placement, chest tube
  placement and percutaneous gastrostomy tube placement.
- Setting up for airway placement such as endotracheal intubation, and tracheostomy placement and management of a patient requiring mechanical ventilation, working with respiratory therapist and reporting back to the physician.
- Management of cardiac drips for blood pressure and heart rate control as well as insulin and heparin drips.
- Obtaining venous access by insertion of IV catheters and foley catheter insertion for patients requiring strict monitoring of intake and output.
- Monitoring hemodynamic status such as SVV and CVP.
- Reporting critical results and any change in patient status to physicians.
- Educating patients and their families on admitting diagnosis as well as helping answering questions.
- Providing life saving measures in accordance with my ACLS certification if a patient needs resuscitation.
- Obtaining pre-op assessment of the patient including health history, allergy history and medication regimen.
- Obtaining vital signs as ordered by vascular surgeon.
- Obtaining venous access by IV catheter insertion.
- Administration of medication as ordered.
- Obtaining consent for vascular procedure along with the physician.
- Recovering surgical patient post operatively.
- Assessment of vascular site used for access during surgery and pulling of the sheath used for vascular access during the procedure
- Monitoring hemodynamic status after the sheath is removed.
- Patient education for discharge planning and continuing activities of daily living.
- Complete head to toe shift and admission assessment on new admissions as well as health history and medication reconciliation.
- Measurement of vital signs as ordered by the physician.
- Administration of medications as ordered.
- Performing activities of daily living with each patient.
- Performing wound care as needed.
- Troubleshooting equipment needed for close monitoring of patients.
- Communicating with each multidisciplinary team involved in each patient's care.

- Obtaining venous access by insertion of IV catheters.
- Foley catheter insertion for patients requiring strict monitoring of intake and output.
- Reporting critical results and change in patient status to physician.
- Discussion with patients and their families regarding the patient's status and condition as well as answering any questions or concerns.

### **LVN**

-UTHET – formally ETMC First Physicians Tyler, Texas (LVN) (PRN)

December 2015 to August 2017 - Clinic

-Senior Care Health and Rehabilitation, Jacksonville, August 2015 to December, 2015

### Skills

- Obtain vital signs on patients prior to their scheduled visit with the MD.
- Answer medical questions within my scope of practice regarding medications, scheduled diagnostic procedures, lab results and referrals.
- Communicate with the physician regarding patient medication regimen and relaying patient concerns voiced by the patient appropriately.
- Setting up referrals for diagnostic procedures.
- Handling PHI appropriately.
- Scheduling appointments.
- Refilling prescriptions by phone or computer to the pharmacy as ordered by the physician.
- Obtaining blood specimens by venipuncture.
- Obtaining EKG's to be read by the primary care physician and or cardiologist.
- Charge nurse over nurse aids and responsible for administering medication as ordered per MD.
- Completing full head to toe admission assessments on new admissions as well as health history and medication reconciliation.
- Focused assessments on established residents of the facility.
- Reports critical lab results to the MD.
- Performs activities of daily living and wound care as needed for an estimated census of 20 patients.
- Obtain vital signs on patients prior to their scheduled visit with the MD.
- Answer medical questions within my scope of practice regarding medications, scheduled diagnostic procedures, lab results and referrals.
- Communicate with the physician regarding patient medication regimen and relaying patient concerns voiced by the patient appropriately.
- Setting up referrals for diagnostic procedures.
- Handling PHI appropriately.
- Scheduling appointments.
- Refilling prescriptions by phone or computer to the pharmacy as ordered by the physician.
- Obtaining blood specimens by venipuncture.
- Obtaining EKG's to be read by the primary care physician and or cardiologist.

### **Certifications**

ACLS BLS/CPR certification NIHSS

# References

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