

CHRISTIE VARGAS

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Professional Summary

Dedicated, Compassionate, Knowledgeable Registered Nurse with 13yrs experience providing high quality care to patients presenting diverse medical conditions. Specialized practice in Intensive Care. MICU/SICU/NICU/PCU and some ER.

Skills

Critical Thinking

Strong clinical Judgment and Decision Making

Time Management

Rapid Response

Management of Vents and drips

ACLS/BLS/NIHSS

Experience

RN- STICU- University Hospital - contract Jan 2021-present

Total care of critical Surgical Trauma patients. Trauma including GSW, MVA,DAI, etc. Implementing certain protocols such as Chest wall protocol, rhabdo protocol, Sepsis and more. Care of patients with COVID and on ventilators. Use and

management of vents and drips such as paralytics, pressers, sedatives. Float to other units such as MICU and Neuro ICU.

RN- Regional Pool ICU/PCU

Baptist Health System - San Antonio, Tx

Recognizing life threatening arrhythmias
Computerized charting, Culturally competent care
ACLS
BLS

Jun 2012-Present

Float between 5 different hospitals within the Baptist System including MICU/
SICU/PCU and some ER

Frequent role of charge nurse in ICU

Monitor patients for changes in status and indications of conditions such as sepsis or shock and institute appropriate interventions.

Administer medications intravenously, by injection, orally, through gastric tubes, or by other methods.

Evaluate patients' vital signs and laboratory data to determine emergency intervention needs.

Set up and monitor medical equipment and devices such as cardiac monitors, mechanical ventilators and alarms, oxygen delivery devices, transducers, and pressure lines.

Prioritize nursing care for assigned critically ill patients based on assessment data and identified needs.

Document patients' medical histories and assessment findings.

Advocate for patients' and families' needs, or provide emotional support for patients and their families.

Administer blood and blood products, monitoring patients for signs and

symptoms related to transfusion reactions.

Assist physicians with procedures such as bronchoscopy, endoscopy, endotracheal intubation, and elective cardioversion.

RN-ICU Oct 2011-Jul 2012 MedPro - San Antonio, Tx

6 month travel Nurse assignment through MedPro with Main Methodist Hospital in San Antonio. Floated within that hospital to MICU/SICU /NICU/Tele

4 month travel assignment through MedPro with St Davids Downtown hospital in Austin Tx

Worked in ICU/PCU

RN- ICU May 2006-May 2011 Valley Baptist Medical Center - Harlingen, Tx

Worked in MICU 12hr days

Cared for critically ill patients, changed wound dressings, assisted in placement of chest tubes, central lines, swan ganz. Monitored arterial and central lines, wound vacs, ventilators and drips.

Served as preceptor for students and new oncoming nurses

Cared for GI bleeds, open-heart, neuro, pre-and post-operative patients.

Monitored pleurovac drainage, draw and interpret labs.

Floated frequently to NICU/CCU and stroke unit as needed.

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Education

Associate of Applied Science : ADN-Nursing UTB/TSC - Brownsville, Tx

Awards

two time nominee and Daisy Award winner