

Heather Tessnear

Inman, SC 29349

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Authorized to work in the US for any employer

Work Experience

Registered Nurse

Spartanburg Regional Healthcare System

February 2020 to Present

- Provided nursing care for up to 6 patients per shift
- Admitted patients
- Collected and interpreted patient data
- Formulated and evaluated health care plans
- Facilitated the plan of care
- Administered medication and treatments through Point Click Care
- Delivered patient education
- Worked directly with physicians, pharmacists, social workers, patient and physicians and therapists

Operating Room Nurse

Carolina Eye and Laser Center - Boiling Springs, SC

Present

CAREGIVER

HELPING HANDS HOME CARE - Boiling Springs, SC

August 2018 to February 2019

Assist patients with bathing, dressing, ambulating, and preparing meals. Ensure each client takes medications at the appropriate time.

- Collected and interpreted patient data
- Formulated and evaluated health care plans
- Facilitated the plan of care
- Administered medication and treatments through Point Click Care
- Delivered patient education

SERVER

TSUNAMI JAPANESE SUSHI BAR AND GRILL

July 2018 to October 2018

DUTIES INCLUDE FAMILIARIZING GUESTS WITH MENU AND DAILY SPECIALS, RECORDING FOOD AND DRINK ORDERS, RUNNING MULTI-COURSE MEALS, AND TALLYING BILLS.

TRAINER/SERVER

LA CIMA RESTAURANTS

August 2017 to July 2018

Provide excellent customer service to guests while following all health department regulations.

SALES ASSOCIATE

PRIMROSE GALLERIES

November 2014 to May 2017

Provide exceptional customer service while promoting merchandise and maintaining organization of the store.

PRESTIGE BEAUTY CONSULTANT

November 2013 to January 2015

ULTA BEAUTY

Promote specific cosmetic brands while assisting customers throughout the store; maintain a clean and organized work environment.

SALES ASSOCIATE

CVS Pharmacy

September 2011 to November 2013

FRONT STORE/ PHARMACY CASHIER

Assisted customers; answered guest's telephone questions; operated cash register in front store and pharmacy.

Education

Bachelor's in Nursing

USC Upstate

August 2015 to May 2017

HIGH SCHOOL DIPLOMA

CHASE HIGH SCHOOL

August 2007 to June 2011

ASSOCIATE OF SCIENCE degree

SPARTANBURG COMMUNITY COLLEGE

BACHELOR'S DEGREE OF SCIENCE IN NURSING in NURSING

UNIVERSITY OF SOUTH CAROLINA UPSTATE

Skills

- ORGANIZATIONAL SKILLS
- Nursing
- Medication Administration
- American Sign Language
- Critical Care Experience

Awards

Took honors classes throughout high school; studied Allied Health during Senior year and obtained CNA license upon graduation; graduated 9th in class of 2011; participated in leadership as Vice President of student body

Outstanding organizational skills

ACLS certified and fluent in American Sign Language. Graduated top 10 of graduating class in high school. Received Bachelor's degree of Science in Nursing in 2017

Certifications and Licenses

certification

RN

BLS Certification

CPR Certification

Additional Information

SKILLS

- Excellent interpersonal communication
- Outstanding organizational skills
- Intuitive
- Focused

- Great multi-tasking ability
- Detailed
- Ability to prioritize tasks