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Objective

Registered nurse

Qualifications

I have been a Registered Nurse (RN) for 19 years and has traveled as a RN for 12 yrs. I have Basic Life Support (BLS), NIH and Advance Cardiovascular Life Support (ACLS). I have licensure in Florida (compact), California, New York, and Washington, D.C.

Education

Finger Lakes community college, Canandaigua, NY - 08/2000 to 05/2003

Associates Degree

Relevant Experience

Bravera Health, Crystal River, FL- 05/09/2022-present

Med-Surg/Tele: admit patients and initiate plan of care and physician orders. Pre/post-op teaching for procedures. Administer medications and draw labs. Start peripheral iv. Wound care and diabetic teaching. Monitor intake and output. Monitor telemetry strips.

Brockton signature healthcare, Brockton, MA- 01/2022-04/2022

Travel Rn: (PCU/ FLOAT): Monitor and interpret telemetry strips and administer antiarrhythmic medications. Monitor lab values for cardiac patients. Admit patients for observation to rule out MI, TIA and stroke. Patient teaching for CHF, stroke and pre/post op procedures. Floated to M/S units.

Bravera health, Brooksville, Florida- 05/2020 to present

PCU (CHARGE/RESOURCE) RN:

Charge nurse duties- bed placement for patients, assist with daily assignments and precept new Rns and Lpns. Monitor and interpret telemetry strips and administer antiarrhythmic medications. Monitor lab values (cardiac enzymes, CBC, PT/INR, K+, and MAG). Observe pts to rule out MI, TIA, stroke and monitor pt with chest pain. Chf and stroke teaching (s/s, diet, daily weight risk factors and what to expect).

Washington Hospital Center, Washington D.C. - 10/2014 to 09/2020

Medical Surgical (m/s) Float Rn: Float to m/s overflow unit (PACU, ED) – Charge RN responsibilities for overflow unit. Administer medications and initiate plan of care until bed is available. Draw labs and take to diagnostic testing. Call report to the unit assigned when bed available. Preop and postop teaching. Wound care- (dressing changes, measuring the wound). Pain management.

Sibley memorial Hospital, Washington D.C. - 10/2014 to 10/2020

M/S Float :( Ortho, ONC, MS) - Initiate plan of care and pain management (PCA). Monitor and measure surgical drains (JP, Hemovacs and wound vacs). Insert saline locks, draw and monitor lab values. Blood transfusions, post transfusion labs. Assist pt with transferring and Activities of daily living.

George Washington University Hospital, Washington, D.C. - 09/2012 to 3/2013

Oncology unit: admit and discharge patients, pre-op and post-op teaching for Pt and family, translating and transcribing physicians orders. Implementing individualized care plans and treatments. Administering medications, blood transfusions, heparin gtts. Drawing labs from central lines. Diabetic teaching to patient and families.

Holy Cross Hospital, Silver Spring, MD - 05/2011 to 9/2013

Telemetry Float Pool: monitor and interpret telemetry strips and administer antiarrhythmic medications. Monitor lab values (cardiac enzymes, CBC, PT/INR, K+, and MAG). Observe pts to rule out MI, TIA, stroke and monitor pt with chest pain. Chf and stroke teaching (s/s, diet, daily weight risk factors and what to expect).

Ft. Belvoir Community Hospital, Ft. Belvoir, VA - 10/2011 to 7/2014

Surgical unit: pre -op and post-op teaching to pt and families, measure and monitor surgical drains (JP, hemovac, and wound vacs). Keep strict intake and output, and monitoring foleys. Performs colostomy care and teaching. Pain management with PCA’s, epidurals and PO medications. Blood transfusions and surgical dressing changes.

Prince William Novant Hospital, Manassas, VA - 10/2008 to 03/2011

PCU: monitor and interpret telemetry strips. Administer medications and implement appropriate treatments. Pre and Post procedure teachings. Observe patients with MI, chest pain, TIA, stroke and heart failure etc. Monitor and draw labs.

St. Ann’s Nursing Home, Rochester, NY - 05/2008 to 09/2008

Long Term Care: translate physician’s orders and create individualized care plans. Pass medications, apply medicated creams and treatments. Assist with ADL such as: feeding, transferring, toileting and bathing. Wound care (preventive care and dressing changes).

Adventura Hospital, Adventura, FL - 01/2008 to 04/2008

M/S: admit and discharge patients. Pre-op and post-op teachings for procedures. Administering and teaching side effects of medications (lasix, coumadin etc.). Transcribing physician’s orders. Diabetic teaching for pt and families. Blood transfusions and monitoring the appropriate lab values. Pain management teaching and alternative methods (music, aromatherapy and massage).

North Shore Medical Center, Miami, FL - 03/2007 to 01/2008

Float: floated between M/S, telemetry, and oncology. Administered medications and treatments. Transcribed and implemented physician orders with individualized care plans and pain management. Care of central lines and inserting saline locks. Drawing labs and monitor lab values. Pre and post procedure teaching and care with patients and families.

Unity Hospital, Rochester, NY - 10/2006 to 03/2007

Ortho: admitting and discharging patients. Pre-op and post-op teaching with Pt and families. Monitoring and drawing labs. Blood transfusions, and heparin gtts. Teaching of medications (coumadin, plavix, and lovenox), diet and when to get PT/INR drawn. Pain management and daily therapy sessions. Monitor drains (JP, hemovacs).

Ormond Beach Hospital, Ormond Beach, FL - 02/2006 to 09/2006

M/S: transcribed physician’s orders and implemented care plans. Administered meds, blood transfusions, heparin gtts, and antibiotics. Draw labs and monitor lab values. Care of central lines and saline locks. Monitor I/O’s, and drains (JP, Hemovacs, Nephrostomy tubes). Pre and post procedure care and teaching.

Orlando Hospital, Orlando, FL 07/2005 to 01/2006

Renal transplant/Diabetes: pre and post teachings for renal transplants. Teaching of Transplant medication with side effects. Strict monitoring for vital signs, urinary output, and drains. Diabetic teaching for Pt and families. Monitoring and administering IV fluids. Daily lab testing and monitoring renal functioning with s/s of infection and rejection.

Holmes Regional Medical Center, Melbourne, FL - 01/2005 to 07/2005

Ortho: Admitting and discharging pt. Pre and Post procedure testing and teaching. Administering medications with teaching of purpose and side effects. Monitoring vital signs, I/O’s and pain management. Daily therapy sessions with CPM machines. Administer blood products (RBCs, Platelets etc.). Monitor lab values and drawing blood. Care of central lines and saline locks.

Long Beach Medical Center, Long Island, NY - 10/2004 to 01/2005

Detox: Assist patients with alcohol withdrawal, drug abuse and administer methadone. Monitor vital Q2hr. Assess for hallucinations, paranoia, tremors, and seizures Q2hr. Frequent observing Q15 min if psych issues involved. Administering medications and search for hoarding of medications. Monitoring cardiac monitors for changes in heart rhythm and heart rate. Daily meetings with the psychologist and group therapy sessions.

Rochester General Hospital, Rochester, NY - 06/2003 to 09/2004

M/s: admit and discharge pts. Transcribing and implementing physician orders. Creating and implementing individualized care plans. Administering medications within the hospital guidelines and protocols. Draw labs and monitoring lab values. Pain management

References upon request