

# Kathy McGuinn

## **Registered Nurse/ Multiple business owner**

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I am a results oriented professional with multiple talents. I have been a registered nurse for over 37 years experience in oncology, mental illness, hospice, wound care, diabetic teaching and pediatrics. I owned and was the Chief Operating Officer of my own home care company for 24 yrs which I built to an over 600 employees and over 1000 clients; elderly, pediatric, mentally ill and/or challenged. This business served all Western North Carolina with seven offices. My mother, also a registered nurse, and I retired this business in May 2019.

During this same time I became a raw vegan chef and health coach from the Tree of Life Institute in 2010. I grew this into a raw vegan chocolate business in 2010 which I sold to my sons in 2016.

I have own, contracted the remodeling and decorating of nine vacation rentals since 2012 with premium properties as managed the upkeep and rental of these.

I would love to bring my knowledge of business, health care and people skills to work for a company that would be able to use my varied experiences to help them grow to the next level. I am currently running my vacation rental business and I have been working full time in a long term acute care unit at Prisma Health in South Carolina last year , then Care Partners Rehabilitation Hospital for a year and a half. Now I am working at Kindred at Home. I am also interested in travel nursing if the position is mutually beneficial.

Willing to relocate: Anywhere

Authorized to work in the US for any employer

## Work Experience

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### **RN Admission Nurse**

CenterWell - Asheville, NC

January 2022 to Present

I do agency admissions in over 6 counties in Western NC with many types of complex patients with many commodities including wound, CV, and cancer etc.

### **Creator and Owner**

Sinless Vegan, LLC - Asheville, NC

August 2010 to Present

I was a private health and wellness coach after getting trained at the Tree of Life in Patagonia,Arizona and then created as a start up from public demand of my own raw vegan naturally sugar-free chocolate manufacturing,shipping and marketing business then sold it to my son's in 2017 and it is still going successfully today. I still am still involved in consulting with them about the growth and direction of this business.

### **Registered Nurse**

Care Partners Rehabilitation - Asheville, NC

June 2020 to September 2021

I am responsible for involved long term acute care adults from 18 up. These clients are post CVA, CABG, multiple fractures, MVA, Current and post COVID-19, acute dementia and dialysis patients. They have multiple wounds, PIC lines, tube feedings, catheters, etc.

### **Vacation Rental Manager**

Owner operator - Asheville, NC

June 2012 to August 2021

I own and operate five vacation rental properties in Asheville NC. I interact with the guests 24 hours per day. I have overseen the remodel and decoration of all of the properties, created and maintain the online vacation rental profiles and supervise the cleaning and maintenance crews. I have owned and operated 10 units in the past. They are all 5 star rated properties. Going forward my partner will be taking over this function.

### **Long Term Acute Care Nurse**

Prisma Health - Greenville, SC

January 2020 to April 2020

Care for long term acute care patients  
avg of 3 to 4 patients / nurse ratio.

Caring for patients with critical multiple system impairments with PIC IV's ,tracheotomies,colostomies, tube feedings, stage 4 complicated wounds with wound vacuum, amputations, dementia, uncontrolled type one diabetes, morbid obesity, heart arrhythmias with continuous EKG monitoring, paraplegic and quadriplegic populations.

Used EMR-custom Epic computer system for care and Omnicell System for supplies.

### **Co-Owner and Chief Operating Officer**

Advantage Care Services, Inc - Asheville, NC

August 1995 to May 2019

As the co-owner, with my mother, also a registered nurse of many years as my partner, we developed and built this business from a startup to generate over and \$12 million in yearly sales and over 600 employees and over a thousand clients.

We did care in private homes, staffing in nursing homes and hospitals. We were awarded many state maintained case management programs with forty social worker/case managers with over seven hundred clients with severe disabilities and mental illness throughout Western North Carolina.

I was the Chief Operating Officer and oversaw the nursing, human resource and marketing directors. I negotiated contracts with the NC medicaid programs for millions of dollar contracts; Veteran's home care contracts, private insurance companies as well as grants for all Western North Carolina counties. I sold twenty-four hour homecare to wealthy private clients worth over \$100,000 each per year.

I also shared the duties with my partner of the fiscal budget etc. and direction for the company including cash flow, profit and loss etc.

We provided exemplary care for almost 25 years as evidenced by:

- grants to provide health insurance for our staff in a pilot programs.
- We always received certification with accommodation with reviews from the programs that we participated in.
- We were JCAHO certified for the last twelve years we were in business maintaining an excellent rating
- We enjoyed an A+ rating with the Better Business Bureau

- We had very low staff turn over in an industry that averages more than 50% turn over yearly with some staff working for us for over 20 yrs.

My mother was retiring and I wanted to go in other directions so we closed Advantage Care Services in 2019.

### **HOME HEALTH/HOSPICE REGISTERED NURSE**

Visiting Health Professionals - Asheville, NC

January 1988 to June 1998

Independently cared for complex hospice, oncology, wound, diabetic and pediatric clients in the homes of Western North Carolina.

### Education

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#### **Bachelor of Nursing in Nursing**

MARS HILL UNIVERSITY - Mars Hill, NC

August 1982 to May 1988

#### **A.S. in Nursing**

WAKE TECHNICAL COLLEGE - Raleigh, NC

May 1985

### Skills

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- Microsoft Office (10+ years)
- QuickBooks (10+ years)
- Teaching (10+ years)
- Public Speaking (10+ years)
- Health Coaching (10+ years)
- Contract Negotiation (10+ years)
- Mediation (10+ years)
- Marketing (10+ years)
- Professional Level Watercolor Artist (10+ years)
- Reiki Energy Healing Touch Practitioner (10+ years)
- Yoga (10+ years)
- Sales (10+ years)
- Account Management
- Cold Calling (10+ years)
- Data Entry
- MS Office
- Inventory Management
- Powerpoint (5 years)
- Salesforce (2 years)
- CRM (10+ years)

- Receptionist (10+ years)
- Inside Sales (10+ years)
- Outside Sales (10+ years)
- Recruiting (10+ years)
- Tube Feeding
- Hospice Care
- Dementia Care
- Case Management (10+ years)
- Dementia Care (10+ years)
- Hospice Care (10+ years)
- Profit & Loss (10+ years)
- EMR Systems
- Patient Care (10+ years)
- Tube Feeding (10+ years)
- Epic
- Hospital Experience (10+ years)
- Nursing
- Medical Office Experience
- Medication Administration
- Sales Management (10+ years)
- Vital Signs (10+ years)
- Business Development (10+ years)
- Caregiving (10+ years)
- Management (10+ years)
- Supervising Experience (10+ years)
- Medical Billing
- Leadership (10+ years)
- Venipuncture
- Medical Records
- Nurse management (10+ years)
- Acute care
- Phlebotomy
- Experience Administering Injections
- Employee Orientation
- Anatomy knowledge
- Basic IV
- Triage
- Care plans
- Patient monitoring
- Catheterization

- Microsoft Excel
- Microsoft Word
- Laboratory Experience (10+ years)
- Critical Care Experience (Less than 1 year)
- Social Work (10+ years)
- Travel nursing
- AHA (2 years)
- Analysis skills
- Home health
- Medicare
- Documentation review
- Discharge planning
- Managed care
- Typing

## Certifications and Licenses

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### **Registered Nurse (RN)**

June 1985 to July 2023

My registered nursing license was expired for several years as I was co-owner and director of my own home care company for over twenty-four years and I was not performing hands-on-care. To update my portfolio , I completed the RN Refresher course from July 2019 through October 2019 with 120 hrs of hands-on-care and over 100 hours of online and in person classes with an A transcript through MAHEC.Details of classes available if requested.

### **Reiki Energy Healing Touch Practitioner**

May 2003 to Present

I completed a three year program with Helen Yamada which has been a Healing Touch Practitioner for over 50 yrs. I learned techniques for healing touch through intuition and energy flow.

### **Raw Vegan Chef**

January 2010 to Present

I completed an education program with living food preparation and food as medicine from Dr. Cousins, MD at his Tree of Life Healing Institute in Patagonia, Arizona. I then went on to create and teach workshops in Charleston, SC and in Asheville, NC then I created the Sinless Vegan, LLC brand chocolate that is raw,vegan and sugar free.

### **BLS Certification AHA**

### **ACLS Certification**

### **CPR Certification**

### **AED Certification**

### **First Aid Certification**

## Compact State Nurse License

### Assessments

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#### **Outside Sales — Expert**

October 2019

Actively listening and responding appropriately; performing common sales calculations.

Full results: [Expert](#)

#### **Inside Sales — Expert**

October 2019

Actively listening and responding appropriately; performing common sales calculations.

Full results: [Expert](#)

#### **Customer Focus & Orientation — Highly Proficient**

October 2019

Responding to customer situations with sensitivity.

Full results: [Highly Proficient](#)

#### **Problem Solving — Highly Proficient**

October 2019

Measures a candidate's ability to analyze relevant information when solving problems

Full results: [Highly Proficient](#)

#### **Management & Leadership Skills: Impact & Influence — Highly Proficient**

October 2019

Adapting leadership style to accomplish goals using rational or emotional appeal.

Full results: [Highly Proficient](#)

#### **Active Listening — Highly Proficient**

October 2019

Actively listening and appropriately responding in conversations.

Full results: [Highly Proficient](#)

#### **Logic & Critical Thinking — Highly Proficient**

October 2019

Using logic to solve problems.

Full results: [Highly Proficient](#)

#### **Human Resources Skills: Compensation and Benefits — Highly Proficient**

October 2019

Knowledge of compensation and benefits programs.

Full results: [Highly Proficient](#)

#### **Research — Highly Proficient**

October 2019

Following protocols, interpreting statistics and graphs, identifying errors, and choosing research methodology.

Full results: [Highly Proficient](#)

### **Marketing — Highly Proficient**

October 2019

Understanding a target audience and how to best communicate with them

Full results: [Highly Proficient](#)

### **Nursing Skills: Patient Focus & Orientation — Highly Proficient**

October 2019

Addressing concerns and using sensitivity when responding to needs and feelings of patients

Full results: [Highly Proficient](#)

### **Medical Terminology — Highly Proficient**

October 2019

Understanding and using medical terminology

Full results: [Highly Proficient](#)

### **Nursing Skills: Clinical Judgment — Highly Proficient**

April 2020

Assessing a patient's condition and implementing the appropriate medical intervention.

Full results: [Highly Proficient](#)

### **Clinical judgment — Highly Proficient**

April 2020

Assessing a patient's condition and implementing the appropriate medical intervention.

Full results: [Highly Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.