560 West Bryant Street, Apartment A 213

Springfield, MO 65810

(479) 426-0126

## Objective

Obtaining registered nurse position

## Education

Bachelor of Science in Nursing, Mercy College of Nursing and Health Professions - Southwest Baptist University, Springfield, MO

Fall 2021 – anticipated graduation Spring 2024

Associate of Science in Nursing, Mercy College of Nursing and Health Professions - Southwest Baptist University, Springfield, MO

Fall 2019 - Spring 2021

Program GPA: 3.94

Mercy College of Nursing and Health Sciences, Springfield, MO Fall 2016-Summer2017 Completion of prerequisites for ASN degree program Grade average: GPA 4.0

Vyatka State University of Humanities, Kirov, Russia September 2005 – May 2008 Linguist-interpreter, major in English and German languages Grade average: GPA 3.25

# License/Certification/Training program

Missouri state registered nurse license License number: 2021023338 June 21, 2021 – April 30, 2023 ACLS certification

October 1, 2021 – October 2023

**BLS** certification

September 14, 2021 – September 30, 2023

**NIHSS** certification

October 14, 2021 – October 14, 2023

Arkansas state nursing assistant license

Registration number: AR000070447E

Satisfactory Completion of the 90 Hour Nursing Assistant Training Program Approved by the State of Arkansas, Petra Allied Health, Inc.

Certificate number: A205335002

## Work experience

Registered nurse, Arc of the Ozarks, Springfield, MO November 2021 - present day

- Providing the support to persons served in dressing, bathing, personal hygiene, house cleaning, laundry, transfers, positioning/repositioning/
- Preparing, administering and recording medications as prescribed
- Providing breathing treatments as prescribed
- Monitoring the application of all physicians' orders including but not limited to treatments, procedures, labs, appointments, specialized diets, and adaptive equipment of each person served
- Observing, reporting and assisting in recording changes in the physical, emotional, behavioral status of person served and documenting progress in the outcomes listed in personal plans
- Responding to life-saving situations based upon nursing standards and protocol
- Transporting persons served to and from the necessary appointments and leisure activities
- Supporting persons served in participating in varied vocational, domestic, and leisure activities in the community of their choosing
- Assisting persons served in securing and effectively managing funds; ensuring the individuals' choices of how these funds are spent, budgeting
- Communicating to family/guardians/social workers appropriate information on patient's condition

- Encouraging the development and maintenance of a safe environment for individuals served in a home setting including developing plans for evacuation assistance in cased of emergency, using proper on-call notification
- Assisting in orientation of new employees

Graduate nurse resident on MICU unit, Cox Medical Center South, Springfield, MO June 2021 – October 2021

- Consulting and coordinating with healthcare team members to assess, plan, implement and evaluate patient care plans
- Preparing, administering and recording prescribed medications.
- Reporting adverse reactions to medications or treatments in accordance with the policy regarding the
- administration of medications by a licensed registered nurse
- Providing bedside care
- Initiating patient education plan as prescribed by physician, teaching patients how to manage their illness/injury, by explaining: post-treatment home care needs, self-administration of medication, diet and nutrition programs
- Recording patients' medical information and vital signs
- Ordering, interpreting and evaluating diagnostic tests to identify and assess patient's condition
- Taking samples for lab work, ordering prescribed lab work and evaluating/interpreting lab reports
- Preparing equipment and aiding physicians during examination and treatment of patient
- Responding to life-saving situations based upon nursing standards and protocol
- Recording all care information concisely, accurately and completely, in a timely manner, in the appropriate format and on the appropriate forms
- Monitoring catheters, leads and tubing for proper placement and functioning
- Acting as patient advocate by supporting the basic rights, values and beliefs of the patient
- Communicating to family/significant others appropriate information on patient's condition

Nursing assistant II on MICU/CCU unit, Cox Medical Center South, Springfield, MO

#### September 2020 – June 2021

- Assisting with activities of daily living including, but not limited to delivering meals to patients and feeding if needed, turning and ambulating patients
- Helping patients with personal hygiene: assisting with CHG baths, catheter care, bedpan and mouthcare
- Providing adjunct care for patients, including ice packs and non-sterile dressing
- Removing Foley catheters and peripheral IVs
- Checking patient's blood glucose level
- Assisting nurses and other staff as needed
- Responding immediately to calls from patients for assistance and alerting medical staff to pending emergency situations
- Replacing linens on beds, removing and replacing trash, linen bags and biohazard bags

Nursing assistant II on 400/500 West, Cox Medical Center South, Springfield, MO August 2019 – September 2020

- Checking vital signs and recording daily information in patient's chart
- Assisting with activities of daily living including, but not limited to delivering meals to patients and feeding if needed, turning and ambulating patients, providing plenty of fresh water
- Helping patients with personal hygiene: assisting with bedpans, sponge baths and mouthcare
- Providing adjunct care for patient, including ice packs and non-sterile dressing
- Removing Foley catheters and peripheral IVs
- Checking patient's blood glucose level
- Assisting nurses and other staff as needed
- Responding immediately to calls from patients for assistance or treatment and alerting medical staff to pending emergency situations
- Replacing linens on beds, removing and replacing trash and linen bags

Private home health personal care assistant, August 2017-August 2019

Assisting a male patient with C3/C4 complete spinal cord injury with activities of daily living including, but not limited to:

- Assisting with personal hygiene, shaving and dressing
- Assisting with bowel program and shower
- Transferring using Hoyer lift
- Range of motion
- Reminding about daily medications
- Meal preparation and feeding
- Light housekeeping, doing laundry and organizing the house
- Running errands, transporting to and from work as well as doctor's appointments

Patient safety assistant, Cox Medical Center South, Springfield, MO January 2016 - August 2017

Providing vigilant and continuous observation of an assigned patient:

- Observing the patient's activity and behavior and communicating on the regular basis to the nurse in charge
- Obtaining instructions from the nurse in charge regarding appropriate course of action for redirection of the patient, if needed
- Accompanying the patient to the medical procedures and tests (as directed by the nurse in charge) and maintaining observation of the patient during the procedures and tests
- Assisting the patient to and from the bathroom if the patient is not at the risk of falls
- Maintaining the patient's environment in a safe and orderly manner
- Documenting the patient's activities and providing a report at the end of the shift

Environmental services technician, Cox Medical Center South, Springfield, MO February 2015 - January 2016

- Performing a variety of assigned tasks including, but not limited to dusting, mopping, disinfecting and sanitizing patient rooms, nurses' station and lounge, clean utility room and hallways
- Turning over unoccupied beds by logging into the bed in appropriate software system, completing discharge clean per procedure and logging out of bed upon completion
- Collecting trash from patient rooms and work areas and completing appropriate disposal
- Restocking and replenishing supplies such as toilet paper, paper towels, soap, hand sanitizer and gloves in patient rooms and work areas
- Maintaining cleanliness of departmental equipment and notifying appropriate personnel as repairs become necessary