

Carmelina A. Shelton, MSN, APRN, FNP-C

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Objective

An experienced family nurse practitioner and registered nurse seeking a position in an environment with the opportunity for continual professional growth.

Leadership Roles: Charge nurse and preceptor. Frequently participated in quality process improvement panels and encouraged the implementation of evidence-based practices. Detail-oriented, and highly self-motivated. Strive to promote a positive work culture and maintain professionalism while delivering individualized patient-focused care. I am confident in working independently or in a team setting.

Experience

Aug 2020- present

Aya Healthcare, San Diego, CA- Travel Registered Nurse: Coral Gables Hospital, Novant Health Presbyterian Medical Center, Adventist Healthcare White Oak Medical Center & Washington Adventist Hospital (float pool), Northside Gwinnett Medical Center, Parkridge Medical Center, Tanner Medical Center Carrollton, Tennova Healthcare Cleveland Main Campus Medical surgical/telemetry unit, cardiac, clinical decision unit, ED overflow, rehabilitation unit

- Provide care for medical/surgical, telemetry, post-op, and covid patients
- Conducted admissions and discharges
- Administered medications via different routes
- Consulted doctors and other interdisciplinary staff members

May 2020- July 2020

Supplemental Health Care, Park City, UT- Travel Registered Nurse/ Pruitt Health Forsyth

Long term care skilled facility

- Medication administration of all routes
- Wound Care
- Assist with ADLs
- Complete thorough shift assessments and documentation
- Provide care for covid patients

April 2019- August 2020

AtHome Compassionate Care, Knoxville TN- Family Nurse Practitioner

In-Home Primary Care/Home Health

- Provide primary care to patients via office and telehealth
- Perform physical exams and patient observations
- Record patient medical histories and symptoms
- Diagnose health issues
- Create patient care plans and contribute to existing plans
- Administer medicines and treatments

- Consult with healthcare professionals
- Educate and train patients and families on managing illnesses or injuries and disease prevention
- Post-op care & education

June 2017 - April 2020

WellPark Rehabilitation Center, Knoxville TN - Registered nurse

Inpatient/outpatient rehabilitation/skilled facility

- Provide initial assessment
- Provide wound care
- Administer IV antibiotics treatments
- Patient education
- Assist with therapy
- Blood draws and collect laboratory specimens and follow up with results for provider
- Place and follow through on telephone and written orders

January 2017 - June 2019

University of Tennessee Medical Center, Knoxville, TN- Registered nurse

Medical- Surgical Unit

- Conducted admissions and discharges
- Medication administration of all routes
- NG tube placement, IV contrast, blood administration, TPN administration
- Care for post-surgical patients
- Collaborated with physicians, residents, nurse practitioners on patient care
- Provided end of life care

February 2015 - January 2017

Fort Sanders Medical Center, Knoxville, TN - Registered nurse

Transitional Care Unit

- Implemented, evaluated and documented all patient care interventions and responses
- Assessed patient/family learning needs
- Assisted clients with bathing, oral hygiene, grooming, feeding, and elimination
- Provided nursing services based on the care plan

Education

August 2017- May 2019

King University, Bristol, TN - Masters of Science in Nursing

Family Nurse Practitioner

August 2015- December 2016

King University, Bristol, TN - Bachelor of Science in Nursing, Honors with Distinction

January 2012- December 2014

Lincoln Memorial University, Harrogate, TN- Associate of Science in Nursing

August 2010- December 2012

Pellissippi State Community College, Knoxville, TN- Prerequisites of Nursing

Graduate Student Clinical Rotation

- Nursing Seminar
240 hours Family Practice, Westbrook Medical Center, Knoxville, TN
- Pediatric Primary care
120 hours Family Practice, Westbrook Medical Center, Knoxville, TN
- Adults/Geriatrics Primary care
180 hours Family Practice, In Good health, Chattanooga, TN
- Women's Health Primary Care
60 hours Urgent Care, ExacCare, Loudon, TN

Professional Licensure

Family Nurse Practitioner (Tn)	07/19/2019- 05/31/2024
Family Nurse Practitioner (Ga)	04/01/2020-01/31/2023
Registered Nurse (Tn)	01/26/2015- 05/31/2024
Registered Nurse (Ga)	08/12/2019- 01/31/2024
DEA license	03/02/2020- 02/28/2023

Professional Certifications

American Heart Association	Basic Life Support	10/5/2022
American Heart Association	Advanced Cardiac Life Support	05/12/2024
American Academy of Nurse Practitioners		05/27/2024
American Academy of CME	NIHSS Certification	06/12/2023
Aesthetic Medical Educators Training	Basic Botox Training/Dermal Filler	10/3/2021

Professional Portfolio <https://carmelinashelton.wixsite.com/mysite>

REFERENCES: AVAILABLE UPON REQUEST