



# April M. Hansen, RNFA, BS

*RN First Assistant*

Portland, OR 97213

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## Work History

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2013-present

### **Certified Holistic Health Coach**

HoneyMaker Wellness

Leading clients to successfully achieve personalized health goals through motivational interviewing, assessments, clarification, action plans and ongoing support. Health goals include hormone balance, weight loss/gain, smoking cessation, blood sugar balance, exercise for body type, specific nutrition, stress management and work/life balance. Running successful social media marketing campaigns, specials and events while tracking ROI's.

2020-2021

### **RN Holistic Health Nurse**

Heart Spring Health

Holistic care for adult patients in a busy naturopathic medical clinic, skin treatments & injections, IV therapy and blood draws, phone consultation and triage, minor outpatient procedures, patient education, and care coordination. Charm EMR.

2016-2018

### **RN Home Health Care**

Hope for Cancer

Home health nursing care for stage IV cancer patients including central port IV access, IV fluids, IM injections, nebulizer treatments, manual therapy, care coordination with health team members, hospice nurse care and end of life care. Cerner EMR.

2016-2017

### **Clinic RN Internal Medicine & Pediatrics**

Broadway Medical Clinic

Actively helping adult and pediatric patients in a busy internal medical clinic, phone triage, minor outpatient procedures, cardiac stress echocardiograms, dermatology skin treatments & injections, occasional blood draws, patient education, and care coordination with other specialists. Working with 19 providers across various specialties including dermatology, mental health, pediatric and adult internal medicine. NextGen EMR.

- 2006 - 2013      **RN First Assist, Surgical Education**  
Legacy Health System, float to all five campuses  
First assist, scrub and circulate all specialties including plastics, ENT, pediatrics, GYN, orthopedics, neuro, vascular and trauma. Educate new hires and develop programs for team trauma training. Epic EMR.
- 2001 - 2006      **Pediatric and Adult Registered OR Nurse**  
Doernbecher Children's Hospital  
Operated, trained, and supervised staff in a high acuity surgical setting. Worked and trained in trauma surgery, including specialties in plastic reconstruction surgery, orthopedics, neurosurgery, ENT, re-implantation, thoracic and spine. Work history includes clinic work and phone triage. Epic EMR.

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## Education

- 1994 - 1996      **Registered Nurse**  
Missouri Baptist School of Nursing  
St. Louis, MO
- 1998-2000      **Registered Nurse First Assistant**  
Northern New Mexico Community College  
Taos, NM and Eugene, OR
- 1996 - 2001      **Bachelors of Science-Sociology & International Studies**  
University of Oregon  
Eugene, OR
- 2013 - 2013      **Certified Holistic Health Coach**  
Brilliant Solutions Group  
Bellevue, WA

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## Additional Training

BLS Certification: Basic Life Support  
PALS Certification: Pediatric Advanced Life Support  
ACLS Certification: Advanced Cardiac Life Support  
CNOR: Certified Nurse of the Operating Room  
Reiki Level I & II Attunement  
Certified Therapeutic Essential Oil Educator  
Reflexologist of Hands, Ears & Feet