# Quintisa Hawkins-Bowens

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Scott Community College Class of 2010 Practical Nurse (PN/LPN/LVN) Diploma, Genesis Net University Telemetry Certification 2007, Scott Community College 2003 Certified Nurse Assistant Davenport West High School Class of 2002 Diploma

## **Work Experience**

## **License Practical Nurse**

Friendship Manor-Rock Island, IA February 2022 to present

Admitting new residents, Aiding physicians and RNs during rounds of the residents' rooms. Supervising other care staff, performing health assessments, administering medication, helping residents with personal hygiene and eating. Monitoring patients, such as charting vital signs and overall health. Changing bandages and catheters. Keeping a detailed record of patients health, collecting samples for blood tests, urinalysis, and other labs. Communicating treatment and health information to patients, doctors, and other nursing staff. Changing bandages, wound dressings, and catheters. Assisting with exercise and rehabilitation routines for patients aiding with medications.

## **Telemetry Monitor Technician**

Veteran Affairs Medical - Iowa City, IA March 2019 to March 2022

Conducted tests as ordered via EKGs /or Heart Monitor. Interrupt rhythms data collected. Reported any rhythmic changes according to their severity rank. Documented in patient's medical records with providing narrative summaries to communicate patient information to other health care providers. Daily monitor pack counts check. Daily monitoring of patients' demographic and doctors' orders. Troubleshoot heart monitors pack and computer equipment as needed and place an order for repairs appropriately. Assist in training fellow technicians and medical students.

## Manager

Quin's Painting and Wallpaper - Davenport, IA October 2015 to Present

Self-Employed painting service. Communicate with clients. Obtain an estimate. Accept appropriate jobs according to time available. Manage budget and payroll. Maintain a safe work environment Follow up with clients during and after completion.

## **Nurse Assistant**

Lutheran Living - Muscatine, IA October 2018 to August 2019 Provided basic patient care under direct supervision of nursing staff. Checked patients' vital signs. Observed patients.

Reported patient condition to nursing staff. Collected patient specimens, urine samples, stool samples and blood samples. Prepared patients for exams, treatment and going home.

Stocked and organized supplies. Maintained a clean, safe, and organized work environment. Reported problems to supervisors. Followed all health and safety rules. Maintained patient confidentiality. Experienced working in a long-term care facility and in a doctor's office or clinic.

## Telemetry Monitor Technician / Nurse Aide II

Genesis HealthCare System - Davenport, IA March 2014 to May 2016

Conduct tests or studies such as EKGs. Calibrate, troubleshoot, or repair equipment and correct malfunctions as needed. Collect patients' medical information

needed to customize tests. Assist in training technicians, medical students, residents or other staff members.

Document patients' medical histories.

Write information in medical records or provide narrative summaries to communicate patient information to other health care providers.

## **Nurse Assistant**

St. Mary Health Care and Rehab - Davenport, IA August 2010 to January 2014

Provided basic patient care under direct supervision of nursing staff. Checked patients' vital signs. Observed patients.

Reported patient condition to nursing staff. Collected patient specimens, urine samples, stool samples and blood samples. Prepared patients for exams, treatment and going home.

Stocked and organized supplies. Maintained a clean, safe, and organized work environment. Reported problems to supervisors. Followed all health and safety rules.

Maintained patient confidentiality. Experienced working in a long-term care facility and in a doctor's office or clinic.

## **Nurse Assistant**

Select Specialty Hospital - Davenport, IA November 2008 to September 2009

Provided basic patient care under direct supervision of nursing staff. Checked patients' vital signs. Observed patients.

Reported patient condition to nursing staff. Collected patient specimens, urine samples, stool samples and blood samples. Prepared patients for exams, treatment and going home.

Stocked and organized supplies. Maintained a clean, safe, and organized work environment.

Reported problems to supervisors. Followed all health and safety rules.

Maintained patient confidentiality. Experienced working in a long-term care facility and in a doctor's office or clinic.

## **Nurse Assistant**

Ridgecrest Village - Davenport, IA August 2002 to October 2006

Provided basic patient care under direct supervision of nursing staff. Checked patients' vital signs. Observed patients.

Reported patient condition to nursing staff. Collected patient specimens, urine samples, stool samples and blood samples. Prepared patients for exams, treatment and going home.

Stocked and organized supplies. Maintained a clean, safe, and organized work environment.

Reported problems to supervisors. Followed all health and safety rules.

Maintained patient confidentiality. Experienced working in a long-term care facility and in a doctor's office or clinic.

Education

## **Diploma in PN Nursing-President List**

Scott Community College - Bettendorf, IA August 2002 to August 2010

## Diploma

West High School August 1998 to August 2002

Skills

Long-term care Hospice Assisted Living EKG's Telemetry Home Health Scheduling Operations Payroll Inventory Staff Training Fundraising