

# Shawna Dester

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## PROFESSIONAL SUMMARY

Dedicated and compassionate Registered Nurse (RN) with progressive career history in direct patient care, triage and care coordination in fast-paced environment. Proven to remain calm under pressure and skillfully handle difficult patients and high-stress situations. Consistently developing strong relationships with patients and families through empathetic communication, respectful attitude and excellent customer service.

The next step in my career goal is to become a labor and delivery nurse. This was the reason I entered the nursing field. I am ACLS certified as well as NIHSS certified. Looking to join a team I can learn from and also share knowledge with.

## WORK HISTORY

**RRMC.** Newport News, VA

*Registered Nurse* | 10/2021 - 03/2022

- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Provided direct patient care, stabilized patients and determined next course of action.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Implemented medication and IV administration, catheter insertion and airway management.
- Managed care from admission to discharge.
- Collected blood, tissue and other laboratory specimens and prepared for lab testing.
- Monitored patient condition by interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
- Advocated for patients by communicating care preferences to

## SKILLS

- Medication Administration
- Accurate Documentation
- Nursing Consultation
- Patient Care Oversight
- Monitoring Vital Signs
- Critical Thinking
- Creative Problem Solving
- Blood Draw and Sample Collection
- Compassionate and Caring
- Delegation and Motivation
- Direct Patient Care

## EDUCATION

**ECPI University**

Newport News, VA  
07/2021

Associate of Science: Nursing

- Dean's List [[Semester and Year](#)]
- 3.9 GPA

practitioners, verifying interventions met treatment goals and identifying insurance coverage limitations.

**Kiln Creek Golf Club And Resort.** Newport News, VA

*Retail Store Associate | 09/2016 - 01/2022*

- Provided professional telephone customer service pertaining to orders, promotions, store operations and products.
- Offered each customer top-notch, personal service to boost sales and customer satisfaction.
- Checked pricing, scanned items, applied discounts and printed receipts to ring up customers.
- Maintained customer satisfaction with quick and professional handling of product returns.