Paige Washington

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**Education**

**University of Texas at El Paso**

* Psychiatric Mental Health Nurse Practitioner Program
* Anticipated Graduation Date: May 2023
* GPA 4.0

**University of Texas at El Paso**

* December 2014 - Bachelor of Science in Nursing
* Registered Nurse, State of Texas, #841999
* GPA 3.63

**El Paso Community College**

* May 2013 - Associates of Science in Nursing
* Registered Nurse, State of Texas, #841999
* Licensed Vocational Nurse, State of Texas, #231337
* GPA 3.35

**Certifications**

* American Heart Association Advanced Cardiac Life Support Certified, 05/2024
* American Heart Association BLS for Healthcare Providers (CPR and AED) Program, 12/2023
* Association of Women's Health, Obstetric and Neonatal Nurses Intermediate Fetal Monitoring (AWOHN)
* Neonatal Resuscitation Program certified
* Breastfeeding Friendly Consortium certified

**Honors/Awards**

* The University of Texas at El Paso Presidential Scholarship Recipient
* Hispanic Chamber of Commerce Scholarship Recipient
* Ysleta Education Foundation Scholarship Recipient
* Health Occupations Students of America Area IV Scholarship Recipient

**Acitivities/community work**

* Annual participant in NAMI Walks El Paso - National Alliance on Mental Illness (NAMI)
* Annual participant in Making Strides Against Breast Cancer of El Paso
* Volunteer at El Caldito Soup Kitchen, Las Cruces, NM

**Skills**

* Leadership / Management skills
* Regulation compliance
* Psychiatric, Home Health, OB/GYN, Triage, Admissions, Operating Room, Emergency, and PACU RN experience
* Electronic medical record management/administration
* Oasis D proficient
* Skilled in Word, Excel, Power Point Processors
* Proficient in typing: 80 words per minute
* Maintaining standards of professional nursing practice

**Experience**

**University Medical Center⧫ 4815 Alameda Ave., El Paso, TX 79905**

***Registered Nurse II-Labor & Delivery* ⧫ November 2021 – Current**

* Region’s only level IV maternal care and baby friendly hospital
* Providing nursing care and education to the women during the four stages of labor: antepartum, intrapartum, postpartum and neonatal care
* Consulting with physicians/ residents and other members of the healthcare team in order to provide optimal patient care
* Acting as a triage, operative room, recovery, emergency, and floor nurse throughout shift while assisting medical doctor perform various procedures: cesarean deliveries, inductions of labor
* Identifying and assisting with complications in the pregnant patient
* Communicating with the patient and family by providing education and support throughout hospitalization

**Rio Vista Behavioral Health Hospital ⧫ 1390 Northwestern Dr., El Paso, TX 79938**

***Nursing Supervisor/Registered Nurse* ⧫ October 2019 – September 2021**

* Supervise and support a team of 8 registered nurses and 8 mental health technicians. Delegate daily functions and ensure all tasks accomplished according to specific regulations and protocols. Maintain the highest level of personnel safety.
* Supervise and monitor psychiatric nursing functions for up to 80 patients to include safe and proper patient containment, admission and discharge procedures, risk assessments of suicide, creating treatment plans, monitoring vital signs, administering medication, and updating charts and documentation.
* Perform as a vital member of a healthcare team providing psychiatric and mental health care. Provide a full range of nursing care to patients experiencing mental illness, chemical dependency, depression, emotional, behavioral, and cognitive issues.
* Performing monthly/ annual audits on facility to maintain state certifications and licensing.

**Cuidado Casero Home Health and Hospice ⧫ 1617 East Missouri, El Paso, TX 79902**

***Registered Nurse* ⧫ June 2018 – Februry 2020**

* Perform initial assessment of patients’ and family to determine home care needs.
* Develop a care plan, which establishes goals based on nursing diagnosis and incorporates therapeutic, preventive, and rehabilitative nursing interventions.
* Initiate appropriate preventive and rehabilitative nursing procedures.
* Administer medications and treatments as prescribed by the physician.
* Counsel/ educate the patient and family in meeting nursing and related needs.
* Provides health care instructions to the patient as appropriate per assessment and plan.
* Identify discharge planning needs as part of the care plan development and implements prior to discharge of the patient.
* Communicate with the physician regarding the patient’s needs and reports and changes in the patient’s condition; obtains/receives physicians’ orders as required.

**Del Sol Medical Center⧫ 10301 Gateway Blvd West, El Paso, TX 79925**

***Registered Nurse-Labor & Delivery* ⧫ April 2016 – April 2018**

* Providing nursing care and education to the women during the four stages of labor: antepartum, intrapartum, postpartum and neonatal.
* Consulting with physicians and other members of the healthcare team in order to provide optimal patient care
* Acting as a triage, operative room, recovery, emergency, and floor nurse throughout shift while assisting medical doctor perform various procedures: cesarean deliveries, inductions of labor.
* Identifying and assisting with complications in the pregnant patient
* Communicating with the patient and family by providing education and support throughout hospitalization
* Lead RN in the operating room setting to include the preoperative and post anesthesia phase

**Peak Behavioral Health Services**

**⧫ 5065 McNutt Road, Santa Teresa, NM 88008**

***Nursing Supervisor/Registered Nurse* ⧫ September 2010 – December 2017**

* Supervise and support a team of 9 registered nurses and 17 mental health technicians. Delegate daily functions and ensure all tasks accomplished according to specific regulations and protocols. Maintain the highest level of personnel safety.
* Supervise and monitor psychiatric nursing functions for up to 110 patients to include safe and proper patient containment, admission and discharge procedures, risk assessments of suicide, creating treatment plans, monitoring vital signs, administering medication, and updating charts and documentation.
* Answer patient and family member questions concerning medication refills, lab results, and disease management after a full consultation with the assigned physician. Provide for the overall well-being of the patient. Liaise with family members and offer guidance and support.

**Guardian Angels Home Healthcare ⧫ 1537 N Zaragoza Rd. #2A El Paso, TX 79936**

***Licensed Vocational Nurse – Field Nurse* ⧫May 2011 – July 2012**

* Provided assistance with Activities of Daily Living (ADLs) to the sick, elderly, and disabled patients - bathing, toileting, hygiene/grooming, light meal prep & feeding, light cleaning around patient area, ambulation, and vital signs.
* Complied with protocols, procedures, safety policies, regulatory compliance, process improvement, and staff development in order to provide and perform superior patient care.
* Provided and managed goal-orientated patient care through nursing processes and principles including medication administration, wound care, and skilled teaching.
* Performed nursing assessment and develops, implements, and evaluates in conjunction with the physician, RN, patient, and caregivers per agency policies and procedures.

**Oasis Nursing Home and Rehabilitation Center ⧫ 9001 N Loop Dr., El Paso, TX 79907**

**Pebble Creek Nursing Center ⧫ 11608 Scott Simpson Dr., El Paso, TX 79936**

***Certified Nursing Assistant* ⧫January 2008 – September 2010**

* Provided assistance with Activities of Daily Living (ADLs) to the sick, elderly, and disabled patients - bathing, toileting, hygiene/grooming, light meal prep & feeding, light cleaning around patient area, ambulation, and vital signs