

# Teressa Payne-Lewis, AA RN

## **Experienced Registered Nurse**

Rancho Cucamonga, CA 91739

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+1 310 678 6730

Bright and energetic seeking a RN position in a thriving hospital setting. A fast-paced learner who is able to adapt in any environment whether working individually or as part of a team. Maintains a positive attitude and thrives under pressure. Committed to providing exceptional service to patients, families, and staff. Dedicated to protecting patient dignity, safety and privacy.

Authorized to work in the US for any employer

## Work Experience

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### **Registered Nurse ICU**

Kindred Hospital - West Covina, CA

March 2020 to Present

As an ICU Registered Nurse / ICU RN you will:

- Deliver quality patient care by contributing to the nursing care plan from admission to discharge.
- Prepare assessment of patient's progress and keep family informed.
- Monitor pain management procedures.
- Participate in the discharge planning process.
- Ensure current and accurate patient documentation.
- Supervise ancillary staff members.

### **Registered Nurse - Travel Assignment**

Beverly Hospital - Montebello, CA

February 2022 to April 2022

- like staff nurses, medical-surgical travelers are registered nurses who provide care for adult patients before and after surgical procedures. They monitor vital signs, operate equipment like IVs, feeding tubes, catheters, and assisted breathing devices.
- Deliver quality patient care by contributing to the nursing care plan from admission to discharge.
- Prepare assessment of patient's progress and keep family informed.
- Monitor pain management procedures.
- Participate in the discharge planning process.
- Ensure current and accurate patient documentation.
- Supervise ancillary staff members.

### **Clerk/Driver/Dispatcher**

UNITED PARCEL SERVICE - Los Angeles, CA

August 1987 to September 2020

- Worked collaboratively with various postal departments to ensure timely delivery of bulk commercial and residential mail packages
- Audited packages and organized parcels in an expedited manner per delivery schedule

- Obtained Class A Commercial Driver's license
- Transported parcel trailers locally and out of state.
- Ensured customer satisfaction by escalating and resolving complaints and concerns to the appropriate individual

### **Registered Nurse**

Los Angeles Community Hospital - Los Angeles, CA

February 2019 to September 2019

- Provides patient care, reviews and administers patient medications, treatments and procedures in a safe, effective and age appropriate manner that meets scope of practice and standards of nursing practice. Recognizes change in patient's clinical conditions, taking appropriate action and documenting intervention. Effectively collaborates with the health care team to intervene, and advocate as necessary. Intervenes appropriately in instances of abuse, assault or neglect, or when adequate financial or social resources are not available. Makes appropriate referrals to resolve patient issues effectively.
- Develops long and short-term goals consistent with treatment plans, standards of practice, and the plan of care, incorporating patient preference and discussing plan of care with patient. Appropriately utilizes pain management resources and other interventions to provide pain relief. Provides ongoing assessments and documents the patient's physical and psychosocial condition, as well as response to care. Reviews patient test results, identifies critical results, and communicates in a timely manner consistent with the condition of the patient and correlates information into the plan of care. Consistently ensures nursing practice is evidence based, within scope of licensure and compliant with hospital wide standards of nursing care, including core measures. Ensures Infection Control procedures and HIPPA compliance.
- Collaborates with staff, physicians and members of the healthcare team, ensuring the coordination of care between other disciplines and support staff. Supervises, monitors and delegates patient care activities to appropriate members of the health care team, provides effective leadership and ensures that care is safe and of high quality. Acts as a source of information and articulately responds to questions, providing resources, guidance, and education about treatment plan, plan of care, and medications. Develops and implements accurate teaching and ongoing discharge plans.
- Empathizes with patient and patient support systems, expresses compassion and understanding for the situation and demonstrates care which is appropriate for the age, and cultural, religious, gender identity, or ethnic background. Engages in caring behaviors, taking conscious ownership for work and takes deliberate/thoughtful actions regarding how to best carry out interactions with the patient, families, physicians, and co-workers.

### **VOLUNTEER**

Pomona Valley Hospital Medical Center - Pomona, CA

November 2010 to September 2012

- Assisted clinical staff (i.e. Physicians, Physician Assistants, Nurses, and EMT's) with various patient related tasks in the Emergency Department
- Escorted patients from the ED waiting room to evaluation rooms
- Carried out errands to and from the Lab, X-Ray rooms, as well as restocking and setting up patient examination cubicles

## Education

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### **Associate Degree in Nursing in Nursing**

Mount St. Mary's University - Los Angeles, CA

May 2017

## Skills

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- Dispatch
- Dispatching
- Customer Service
- Trucking
- ICU Experience
- Nursing

## Certifications and Licenses

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**RN License**

**BLS Certification**

**RN**

**ACLS Certification**