

Sonam T Gurung
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CAREER OBJECTIVE:

To have RN position in the facility and to provide efficient services to the patient based on the experiences and education.

CORE COMPETENCIES:

Customer Service
Multitasking
Regular and Punctual
Focus
Goal oriented
Trustworthy

EXPERIENCES:

1. Post-Acute Victorian Healthcare Center, San Francisco, CA

LVN- March 2020 and RN- Current.

- Passing medications.
- Injection.
- Wound treatment.
- IV medication.
- Creating care plan.
- Creating progress notes.
- Transferring and admitting to the facility in and out.
- PEG care, NG tube care, Trach care.
- Long-term and short-term plan.

2. Laguna Honda Hospital, San Francisco, CA, Seton Medical Center, Daily City, CA, Zuckerberg San Francisco General Hospital and Trauma Center, CA, Sonoma Valley Hospital, CA.

As a student, performed following duties,

- Head to toe assessment.
- Administering medications via Oral, G-tube, intramuscular, subcutaneous.
- Taking and monitoring vital signs.
- Assistance in personal care.

- Ambulation and safety
- Performed Trach care
- Performed PEG dressing, PEG care.
- Labor and Delivery care.
- Postpartum care
- Neonatal care.
- Wound care
- Coordination with plan of care
- Discharge teachings
- Medication teachings
- Start a new IV line.
- IV medications.

**3. John Muir Hospital, Concord and Walnut Creek, CA July 2018-Current
Certified Nursing Assistant**

- Providing care for the patients.
- Bathing, dressing, and feeding the patients.
- Answering the call lights.
- Working under registered nurse supervision.
- Taking the vital signs and record the whereabouts of the patients.
- Safely transfer from bed to chair and chair to bed.

4. Post-Acute Victorian Healthcare Center, San Francisco, CA Oct 2012- December 2019.

Certified Nursing Assistant

- Providing care for the patients.
- Bathing, dressing, and feeding the patients.
- Answering the call lights.
- Working under registered nurse supervision.
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5. Subway store, San Francisco, CA May 2011- June 2014.

Cashier, Customer service

- Taking care of customers.
- Making sandwiches, taking orders.
- Proving customer service.

6. BP Gas Station, New Jersey, NJ

7. Nov 2009-Feb 2011

Store Manager

- Making orders and receive deliveries for the store.
- Maintain the store expenses and sales.
- Managing the store employees schedule and hours.

EDUCATION:

- Completed junior school from SOS Herman Gmeiner School, Nepal in 2000.
- Graduated High School from Tibetan Homes Foundation, India in 2002.
- Completed GED from Berkeley Adult School, California on March 3, 2018.
- Completed Certified Nursing Assistant school from Lifeline Healthcare School, Oakland, 2011.
- Completed Licensed Vocational Nursing from John Adams College, San Francisco, CA.
- Completed Bachelor of Science in Nursing from Gurnick Academy of Medical Arts, CA.

ADDITIONAL SKILLS:

- Web designing course completion in 2005.
- Bakery course in 2006.
- Computer application course in 2005.