

RESUME

HELLEN ACHIENG WASONGA

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OBJECTIVE:

Ambitious and dedicated individual with over thirty six years' experience as a Registered nurse looking forward to work for your organization and seeking a position where I can show my capabilities.

PROFESSIONAL SKILLS:

- Acute Inpatient Rehab Nurse April 2019 – Present.
- Medical-Surgical Nurse Mar. 2006 - April 2019.
- Accident and Emergency Room RN Sept. 1998 – Feb.2006.
- Adult Medical RN July 1988 – Aug. 1997.
- Pediatric Surgical RN Jan. 1986 – July 1988.

EDUCATIONAL INSTITUTIONS:

- Western Governors University- MSN in Education. Graduated, Nov.2019.
- University of Texas at Arlington – Arlington, Texas. Graduated, Aug.2010.
RN to BSN (Bachelor of Science in Nursing)
- Kenya Medical Training College – Nairobi, Kenya. Graduated, Aug.1998.
(Higher Diploma in Community Health Nursing)
- Kenya Medical Training College – Nairobi, Kenya. Graduated, Dec. 1985.
(Diploma in Registered Nursing)
- Our Lady of Mercy High School – Nairobi, Kenya. Graduated, Dec.1981.
(Kenya Certificate of Secondary Education)

CERTIFICATIONS/ACHIEVEMENTS:

- Employee of the Quarter-2nd runner up
- Nurse Preceptor (Clinical Coach) Course
- CPR/BLS - Healthcare Provider Jun.2024
- ACLS - Healthcare Provider Jun.2024
- State of Texas Registered Nurse Licensure Dec.2023
- Certified Medical-Surgical RN (CMSRN)

EMPLOYMENT HISTORY:

- Medical City Arlington May 2009-Present
3301 Matlock Road, Arlington, Texas 76015.
Acute care hospital in the city of Arlington, Texas where I work as a Registered Nurse in the adult Medical/Surgical and Neurology unit and presently in the Rehab unit. I provide direct patient care using the respective nursing process as well as being a resource person for the unit. Often, I get assigned as a charge nurse, supervising other staff members and coordinating activities within the unit. I am a preceptor /clinical coach to newly hired nurses and student nurses as assigned. I carry out projects and assignments as delegated to me by the Department Director.
- Abilene Regional Medical Center February 2006 – May 2009
Hwy 83-84, Abilene, Texas 79605.
Worked as a Registered Nurse in the 35-bed, acute care Medical/Surgical Department. I carried out direct patient care using the nursing process on the acute medical/surgical conditions. Occasionally, I worked as a relief charge nurse when the designated charge nurse was unavailable, supervising other staff members and coordinating activities within the unit. I was a preceptor to new employees and student nurses as assigned. I carried out assignments as delegated to me by the Director.
- Kenyatta National Hospital January 1986 – February 2006
Nairobi, Kenya
Accident and Emergency Room Department: September 1998 – February 2006

A major teaching and referral hospital in the city of Nairobi; I was a team leader of the assigned shift carrying out supervisory duties. I supervised several departments on weekends and on night duty when allocated. I was the duty allocation officer where I had the responsibility of staffing and scheduling nurses and auxiliary staff to cover all shifts and ordering of supplies for the department. I carried out direct patient care using the nursing process on the acutely ill patients who visit the emergency room. I ensured their safe and timely transfer to their appropriate floors when admitted. I was a member of the disaster preparedness team for the national hospital in the event of a mass accident.

Adult Medical Floor: July 1988 - September 1998

I worked as a Registered Nurse in the Adult medical floor Department where I carried out direct patient care using the respective nursing process on adult patients. I was the nursing officer in charge in this department and I was responsible for the administrative duties and inventory keeping. I carried out projects and assignments as assigned to me by my supervisors.

Pediatric Surgical Floor: January 1986 – July 1988.

Pediatric Surgical Floor: My first assignment as a Registered Nurse in a Pediatric Surgical unit after graduation. I carried out direct inpatient care using the nursing process on children aged 0-12 years that required various surgical interventions, pre- and post operative.

CORE STRENGTHS:

Organizational skills, Multitasking, Detail oriented/numerically accurate, full of Integrity, Strong work ethic, and a reliable team player. Good problem-solving abilities; excellent customer service and can function effectively under minimal supervision.

LANGUAGES SPOKEN:

- English – Spoken and written fluently.
- Swahili– Spoken and written fluently.

REFERENCES: Available upon request.