

ANNA

WALKOSZ

Registered Nurse

CONTACT

PHONE:
708-691-7484

EMAIL:
walkosz.a01@mymail.sxu.edu

HOBBIES

Exercise
Running
Tennis
Swimming
Skiing
Socializing
Gardening
Indoor Decorating
Reading

LANGUAGES

FLUENT IN BOTH

English
Polish

CERTIFICATIONS

Registered Professional Nurse
License # 041517412
State: Illinois

American Heart Association
BLS, CPR, AED Certified

Advanced Cardiac Life Support
ACLS Certified

NIHSS Stroke Certified

RECOGNITIONS/AWARDS

On dean's list for outstanding GPA

**Sigma Theta Tau International
Honor Society of Nursing**

EDUCATION

Saint Xavier University, Chicago IL

May 2020 – August 2021
Accelerated Bachelor of Science in Nursing

Awarded: Sigma Theta Tau International Honor
Society of Nursing for superior academic
integrity and excellence

Saint Xavier University, Chicago IL

August 2015- May 2017
Bachelor in Business Administration, concentration in Management

Moraine Valley Community College, Palos Hills IL

May 2014- May 2015
Associates Degree in Applied Science

WORK EXPERIENCE

Northwestern Memorial Hospital – Registered Nurse (CV- ICU)

October 19, 2022- Present

- Provide care for patients dealing with cardiothoracic conditions and diseases (2:1)
- Close hemodynamic monitoring, involving a pulmonary artery catheter in the right side of the heart
- Monitoring measurement of central venous pressure (CVP), fill pressure, preload pressure, pulmonary artery pressures and cardiac output
- Assessed patients' cardiovascular status, including vital signs, heart sounds, peripheral perfusion, skin color changes, and mental status
- Monitored and recorded electrocardiogram readings, and other patient data according to unit standards and procedures

Rush Oak Park Hospital- Registered Nurse (Telemetry)

November 2021 – October 15, 2022

- Monitor chest tubes, JP drains, catheters and pacer wires
- Prepare and administer medications: oral, rectal, NG/PEG tubes, SUBQ, IM, IV, PICC lines
- Manage and provide clinical direction to CNAs/PCTs
- Offer patient and family guidance and support in illness management, home-care, medication and side effects, diet, nutrition and exercise
- Participated in a multidisciplinary team of medical professionals to assess, evaluate patients and develop effective treatment plans under direction of the physician
- Patient population that includes cardiac/cardiovascular, neuro, GI conditions and diseases that include CAD, PVD, COPD, CHF, metabolic disorders among others
- Monitor vitals and administer treatment plans for patients, observed progress and updated patient charts
- Monitor closely pre/post op patients
- Collaborated with physicians and technicians to interpret hemodynamic parameters
- Set up for multiple blood transfusions
- Administered medications to manage irregular cardiac rhythms and evaluated outcomes
- Plan culturally competent care to adult patients
- Provide quality care to ensure patient satisfaction
- EPIC system for documentation/charting

- Cross trained and had the ability to float to MedSurg, Orthopedic, and Same Day Surgery units

Rush Oak Park Hospital- Nurse Assistant (Float)

September 2020 – October 2021

- Maintains a therapeutic relationship to provide optimal customer, focused care
- Train new hires (SNAs)
- Properly applies safety devices on patients during ambulation
- Assures that patients are set up and ready for meals and assists with feeding as appropriate
- Performs accuchecks 30 minutes before meals or as directed by the RN and reports and documents blood sugar levels to the RN
- Immediately inform RN of any change in patient's condition; call RRT if needed
- Communicates effectively with patients at level appropriate to age and cognitive status, showing sensitivity to cultural diversity
- Interacts effectively with peers and other hospital staff to foster positive working relationships
- Accurately calculates and documents calorie count, intake and output and patients weights
- Assists patients with transfers and mobility activities observing appropriate techniques, precautions and assistive devices
- Enhance patient satisfaction by hourly rounding and prevention of call light needs. Improves response to call lights when they occur
- Work collaboratively with other members of the health care team to insure high levels of patient care
- Follows CDC guidelines for hand washing and isolation precautions
- Works as a team with nurse to ensure that the patient feels safe and well cared during hospital stay
- EPIC system for documentation/charting

School Clinical Experience

Little Company of Mary- Med Surg I

July 2020 - September 2020

Trinity Advocate – Med Surg II

September 2020 - December 2020

Little Company of Mary- OB/Mother & Baby

Feb 2021 - March 2021

Christ Advocate Hospital – Critical Care/Trauma

May 2021 - June 2021

Palos Hospital- Med Surg III/Orthopedics

June 2021 - July 2021

- Assisting RNs and Patient Care Techs
- Change bedding, bathe patients, feed patients, assist with ambulating patients, prepare and administer medication, and injections
- Monitor vital signs
- Record and maintain accurately in EPIC
- Adapts to a rapidly changing environment
- Able to communicate effectively, multi-task, and delegate

Woss Family, Childcare Worker

September 2018- May 2020

- Providing exceptional care to two children
- Organized schedules, meals, recreational activities

- Proficient in communicating with children at different developmental stages
- Light housekeeping duties, errands

A New You Plastic Surgery and Laser Center, Business Consultant
 May 2018–September 2018 Outpatient Center/Temporary Position

- Assisted two Board Certified Plastic Surgeons in junction with the RN staff
- Ensured compliance with HIPPA and OSHA regulations
- Worked under Practice Manager with various daily tasks
- Conducted effective and informative client consultations in order to determine goals, educate patients and set realistic expectations regarding possible results
- Attended weekly meetings and scheduled weekly meetings
- Developed and maintained strong relationships with potential and current patients
- Provided informative one-on-one consultations to patients in a confident, respectful and a positive patient experience
- Worked with team and followed up with patients to ensure a world-class patient experience
- Interacted regularly with patients to ensure service/product satisfaction; respond quickly and appropriately to any concerns
- Aesthetic TLC, Business Administration and Medical Assisting

Aesthetic TLC, Business Administration and Medical Assisting
 March 2010- July 2012

- Spoke to multiple clients per day, handled incoming and outgoing phone calls
- Prepared client charts for technicians and doctors with the proper forms
- Transferred progress records, treatment records, and medical records into computer software
- Scanned important documents onto computer and transferred into clients' portfolios/folder
- Performed general administrative office assignments, scheduling appointments for patient visits, documenting clinical notes, filing and maintaining health information records
- Strong ability to multitask, organized, disciplined and detail oriented

TOP SKILLS

