

CURRICULUM VITAE

HAGAR BAIDOO

Komfo Anokye Teaching Hospital, P.O. Box 1934, Kumasi

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PERSONAL INFORMATION

An experienced and certified Emergency Nurse with sixteen years experience of working in different directorates of this hospital after completion of one year mandatory internship. Able to work on my own initiative or in support of team members, while paying attention to details and adhering to procedures and practices according to the hospital protocols. Experienced in caring to all patients presenting with acute state of diseases as well as traumatic injuries requiring emergency nursing interventions. Currently working as a Principal Nursing Officer at Accident and Emergency Centre of the Komfo Anokye Teaching Hospital.

CAREER HISTORY

Playing a key role by being responsible for the delivery of practice emergency nursing services care to patients. Focusing upon supporting patients by monitoring of their long-term conditions, administering treatment and advising on health prevention.

- Making patients aware of their treatment to ensure they are fully informed and consent to their treatment.
- Having to communicate in a caring manner with patients and their family members.
- Involved in working in the intensive care units as well as general hospital wards.

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- Looking after patients of all ages from the very young to the very old.
- Responsible for assessing the medical history of patients and their record details and then evaluating patients and prioritizing their treatment.
- Supervising and mentoring student and newly qualified nurses.
- Involved in the administration procedures for a patient's admission and also their discharge.
- Being the main point of contact for patients and communicating on their behalf with hospital managers.
- Liaising with hospital physicians and other healthcare professionals to write patient care plans.
- Carrying out tests, evaluations and also investigations.
- Carrying out administrative duties like updating and maintaining patient records.
- In hospital wards administering daily drug and medicine prescriptions to patients via injection or orally.
- Educating patients on matters of hygiene.

EDUCATIONAL BACKGROUND

Kwame Nkrumah University of Science and Technology, Kumasi

August, 2010 – June, 2012

Bachelor of Nursing (Emergency Nursing)

University of Ghana, Legon, Accra

June, 2008

Diploma in General Nursing

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Kumasi Nurses Training College, Kumasi

October 2001 - December 2004

Registered General Nursing

Osei Kyeretwie Secondary School, Kumasi

February, 1997 - December, 1999

General Science

Senior Secondary School Certificate

RESEARCH

1. Strategies used by Nurses to Assess Orthopaedic Pain at Kwame Nkrumah
University of Science and Technology.
2. Does the Public Appreciate the work of Nurses?

PROFESSIONAL EXPERIENCE

Komfo Anokye Teaching Hospital, Kumasi

September, 2020 – Present

Emergency Medicine Directorate

Red Unit

Principal Nursing Officer

Management of the following patients: cardiac arrest, current seizures, inhalational burns, hypoglycaemia, severe head injury, life-threatening Asthma, polytrauma, myocardial infarction, haemorrhagic cerebrovascular accident, Electrocution, organophosphate poisoning, Anaphylactic shock patients with evisceration respiratory distress among others.

Procedures carried out at Red include: Rapid sequence intubation, cardioversion, defibrillation, chest tube insertion, pericardiocentesis, and central venous catheterization.

Able to participate actively in these procedures.

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Komfo Anokye Teaching Hospital January, 2017 – August, 2020

Emergency –Medicine Directorate
Yellow Unit.

Yellow unit takes care of patients who can wait for one hour. The following cases are seen at unit; fractures, burns of less than 20 percent, deep vein thrombosis, hypertensive crisis, diabetic emergencies, appendicitis, intussusceptions, volvulus, typhoid ileal perforation, immunosuppressive patients etc. Able to detect adverse effects of patients and prioritize their care. Able to discuss patients complaints with emergency physicians and care for them accordingly.

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Komfo Anokye Teaching Hospital, Kumasi September, 2015 – December, 2017

Emergency Medicine Directorate

Orange Unit

Senior Nursing Officer

Orange unit manages patients with hyperglycemia, snake bite, chest pain, difficulty in breathing, breathlessness, acute psychiatric conditions, and open fractures, dislocations involving long bones, abdominal trauma, and burns over 20% with no inhalation, acute asthmatic attack, and post-seizures, myocardial infarction, Hyperglycemia with ketonuria etc

Procedures carried out at orange include; intubation, chest tube insertion, pericardiocentesis

Komfo Anokye Teaching Hospital, Kumasi July, 2013 – August, 2015

Emergency Medicine Directorate

Triage Unit

Senior Nursing Officer

Triage unit is the first point of call when patients report to Emergency centre. Patients' physiological parameters are used to score them. Patients with low oxygen saturation are administered oxygen whilst they are being taken to the wards. Three main units are within the centre and they are Red, Orange and Yellow. Patients who are triaged green are sent to the outpatient department for care. Aside the parameters, there are discriminators that are also used to send them to higher score unit for urgent management. Again patients with peculiar parameters are discussed with emergency physicians before decisions are taken. Supervises junior colleagues during triaging to arrive at exact triaging scores for patients. Educates students who are on clinical trials. Make sure adequate logistics are available to work with and various equipment that are used are checked when on duty to make sure they are in good shape. Duty roster is done monthly to suit the unit and duties are assigned to nurses when on duty.

Komfo Anokye Teaching Hospital, Kumasi September, 2012 – June, 2013

Emergency Medicine Directorate

Red Unit

Nursing Officer

Red unit is the unit where life-threatening conditions are being sent to having triaged them. Cases that are seen at this unit are; seizures (current), organophosphate poisoning, respiratory distress, inhalational burns etc. Able to assess each patient who arrived at the unit and then prioritize which care should be given first. Able to assess airways and administer required oxygen to the needed patients. Depending upon individual patients saturations oxygen catheter, non-rebreather masks and BIPAP by the use of mobile ventilators are used to administer oxygen. Able to take samples and set intravenous lines for drugs and fluids. Able to put patients on monitor and monitor patients physiological parameters. Able to do cardiopulmonary resuscitations when patients went into cardiac arrest. Able to do Electrocardiogram (ECG) for patients with cardiac arrhythmias and able to interpret it. Able to take care of patients with seizure disorders.

Komfo Anokye Teaching Hospital, Kumasi

May, 2009 – July, 2010

Emergency Medicine Directorate

Clinical Decision Unit

Senior Staff Nurse

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Able to take care of patients whose conditions had been stabilised at Red, Yellow and Orange units of the centre. Patients who had been transferred to this unit were those who were waiting for elective surgeries, those on conservative treatment and those medical cases to be sent to the ward for management. Blood glucose monitoring was done for patients with diabetes, blood pressure monitoring for those with Hypertension and other physiological parameters were also monitored. Patients for surgeries were prepared both pre –operatively. Administration of drugs were done when due. Able to set intravenous line and took samples for those who needed them.

Komfo Anokye Teaching Hospital, Kumasi January, 2009 – May, 2009

Surgery Directorate

Male Surgical Unit

Senior Staff Nurse

Posted to males surgical ward at the said time. This ward takes care of males with general surgical conditions for example; appendicectomy, laparotomy, patients with skin grafting, hernioraphies and urological cases such as prostatectomy, priapism who have undergone corporal suctioning, Fourniers gangrene Orchidopexy, patients with repaired testicular torsion etc Able to prepare patients both pre-operative and post-operative depending upon the type of surgery .patients were educated to eat their last meal at 6pm prior to the day of surgery and the importance of nil per os was also explained to them. Surgical sites were always shaved prior to surgery. Patients were educated thoroughly prior to surgery to

alleviate anxiety and fears. The importance of the surgery was elaborated to the patients and informed consent signed having explained to them the consequences of the surgery. Patients vital signs were always monitored pre and post-operatively. Able to dress patients wounds under aseptic technique and stitches were being removed according to the Doctors discretion and the nature of the wounds.

Komfo Anokye Teaching Hospital, Kumasi February, 2006 – May, 2008

Child Health Directorate

Paediatric Surgical Unit

Staff Nurse

First posted ward after the rotation was pediatric surgical ward. Cases seen are Aganglionic megacolon (Hirschsprungs disease), intussusceptions, Volvulus, gastric outlet obstruction, children on tractions, other orthopaedic cases, skin grafting, children with shunts, hypospadias etc. Able to prepare children and their parents prior to surgery. On the day of surgery bathed theatre gowns on them and took them to theatre for surgeries. Post-operative preparations were initiated after patients had been brought to the ward. Surgical wounds sites were always observed for bleeding. Competent to do dressings under aseptic technique. Able to administer medications when due for children. Able to remove stitches as ordered by physicians. Able to write patients report and documented all adverse drug reactions of the operated children. Those Children who were treated conservatively were observed closely for any signs and symptoms that will warrant surgery. Supervised students who were on clinical trials.

Komfo Anokye Teaching Hospital, Kumasi January, 2005 – December, 2005

All Directorates

Nurse Intern

Had experience in nursing patients with various medical conditions from January to February 2005. Supervised to administer patient medications with ease, able to monitor patient vital signs and was always reporting deviations. Monitored diabetic patients random blood sugar, blood pressure for patients with hypertension and also monitored

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patients with chronic and acute renal failures. Nursed patients with surgical wounds for two months. Able to dress patients wounds under aseptic technique but with supervision since I had now completed Nursing. Able to remove surgical wound stitches under aseptic technique with supervision. Educated patients and relatives on importance of good nutrition and follow –up.

Had two months experience to nurse patients with psychiatry conditions. Able to educate patients relatives to report any adverse drug reactions and the importance of administering drugs to the clients. Also had time to visit patients who had defaulted on the importance of reviews as it prevents relapses.

Moreso had two months experience of public health at Suntreso Government Hospital in Kumasi. Had time to weigh babies and children under five years and also went for series of outreach programmes to weigh them and immunize those who were due to be immunized. Mothers were educated for importance of immunizations. They were also educated on signs and symptoms of post immunization and to report them as needed. The childhood killer diseases were also elaborated to the mothers during my rotation.

During my rotation I also had experience with obstetric and gynecological cases that had been learnt in school. Assessed the progress of labour by supervision as women were going through the stages of labour and also assisted in deliveries. Health talks were given to the mothers on how to take care of new babies and themselves. Mothers were also educated on the importance of good nutrition and how to breastfeed the newborns.

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CONTINUOUS PROFESSIONAL DEVELOPMENT

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| 1. Basic life support | April, 2006 |
| 2. Ethical Issues in Nursing | April, 2007 |
| 3. Neonatal Resuscitation | September, 2007 |
| 4. Infection Prevention and Control | April, 2008 |
| 5. Handing Over and Taking up/Report Writing | July, 2009 |
| 6. Communication Skills | July, 2009 |
| 7. Management of HIV Patients | November, 2009 |
| 8. Triaging of Patients | January, 2010 |
| 9. Cardio Pulmonary Resuscitation | October, 2009 |
| 10. Guidelines for Post Exposure Prophylaxis | July, 2012 |
| 11. Quality Customer Relations | November, 2012 |
| 12. Medico-Legal Training | July, 2013 |
| 13. Teamstepps Fundamental Teamwork Training | November, 2014 |
| 14. Blood Transfusion Information for Patients | October, 2015 |

ACHIEVEMENTS

1. Nursing audits
2. Care Management.
3. Patient Counselling.
4. Administrative Skills.
5. Information Technology skills.

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6. Ward Management.
7. Emergency Assessment.
8. Wound Dressing

REFERENCES

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Komfo Anokye Teaching Hospital

Emergency Medicine Directorate

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