
LANA DEL CARMEN

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Professional Summary

Emergency Room Registered Nurse with over years of experience working in fast-paced and high-volume patient settings. Strong and extensive background in trauma, triage, and other aspects of emergency department operations. Calm under pressure and skilled at providing quick response during crisis situations.

Experience

10/2021 - 02/2022

Christus Santa Rosa
Westover Hills
San Antonio, TX

Travel Nurse, Emergency Department

- Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions.
- Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.
- Assessed patient conditions, monitored behaviors and updated supervising physicians with observations and concerns.
- Collaborated with interdisciplinary personnel to create, implement and manage patient care plans suiting individual needs and preferences.
- Utilized MEDITECH EMR to document all patient interventions, such as evaluations, care plans and observations.

02/2019 - 09/2021

McAllen Medical
Center
McAllen, TX

Emergency Room Registered Nurse

- Responded quickly to codes and coordinated efficient and skilled care.
- Triageed and treated high-volume caseload in busy emergency room setting.
- Rendered direct patient care by stabilizing patients and determining course of action based on triage.
- Administered critical IV medications to stabilize patients for assessment and treatment.
- Provided skilled direct nursing care to trauma patients in the emergency department.
- Supervised and mentored several newly-graduate nurses in the emergency department through continuous training and open communication.
- Imparted medical, operational and patient care knowledge to junior nurses, supporting personal growth and enhancing professional development.
- Oversaw ER department and team of multi-disciplinary professionals in high-volume, fast-paced environment.

12/2017 - 01/2019

Carrousel MTS
McAllen, TX

Emergency Medical Technician

- Documented calls in reports detailing incident type and course of treatment.
- Operated emergency vehicles with caution to keep patients, public, and first responders safe.
- Developed strong rapport with other medical professionals to foster quality and efficient patient care.
- Assessed emergency situations and prioritized medical care for patients.
- Evaluated patients' medical status and monitored vital signs during transit.

Education and Training

- Expected in 12/2022 **Bachelor of Science** in Nursing
Arlington, TX The University of Texas At Arlington
- 12/2018 **Associate of Applied Science** in Nursing
McAllen, TX South Texas College
- 12/2016 **Certificate** in Emergency Medical Technology
McAllen, TX South Texas College

Skills

- Extensive knowledge of trauma care and ability to communicate effectively with physicians and health care professionals
- Neuro/Trauma experience
- Current certifications in BLS, ACLS, PALS, NRP, TNCC, and CPI
- Experience in out-of-hospital and in-hospital emergencies
- Experience in care of critical burn patients
- Experience in care of critical COVID-19 patients
- Cerner, FirstNet, and Meditech documentation
- Team-focused coordinated care
- Multilingual in English, Tagalog, and medical Spanish
- Proficient in use of central lines, arterial lines, chest tubes, ventilators, and Belmont Rapid Infuser