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**Sylivia B. Ngemera**

1020 Brand Ln, Apt. 911, Stafford, TX 77477

(202) 812-2988

**sylivia.ngemera@yahoo.com**

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**Summary of Qualifications**

Registered Nurse, BSN (Maryland Board of Nursing-Multi-State Privilege, Valid until May 2021)

BLS & ACLS active

Active AACN membership, CCRN in progress

**Education**

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| **Bachelor of Science in Nursing - GPA 3.5** Shenandoah University: Eleanor Wade Custer School of Nursing *(May 2017)***Bachelor of Education, Arts Honorable - GPA 3.4** University of Dar-es-Salaam, UDSM *(Nov. 2008)***Associate Degree in Art - GPA 3.88** Pulaski Technical College, PTC *(May 2016)* |

**Relevant Work Experience**

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| **Registered Nurse, PACU** **CHI St. Luke’s Health (11/2020 – Present, PRN)*** Managing care of postoperative patients through discharge and/or admission to inpatient unit.
* Utilizes established modalities of pain management to assist the patient toward optimal comfort.
* Collaborates with patient, family and other healthcare providers to establish plan of care.
* Provides and maintains therapeutic environment for both patients and family.
* Performs duties in accordance with unit specific standards of care and evidence by documentation, observation and competencies.

**Registered Nurse, PCU** **Supplemental Health Care (04/2019 – 04/2020, Full Time)*** Provided nursing care to cardiac patients of a unit consisting of 31 beds.
* Monitored individuals according to standard procedures for preoperative and postoperative cardiac patients, using techniques such as cardioversion, EGD, bronchoscopy, TEE, cardiac catheterization with PCI, CABG, Stress test, PEG placement and other procedures/surgeries
* Assisted patients in strength building toward a return to their home environment, ensuring readiness through health status monitoring and facilitation of treatment plans.
* Consulted with unit nurses, physicians, families, therapists and other pertinent personnel regarding patient health, home readiness and expectations as part of ongoing recovery.

**Registered Nurse, PREOP/PACU** **Advanced Endoscopy Center of Howard County (06/2018 – 04/2019, Part-time)*** Safely monitored patients, administered medication, provide education to patients and caregivers for discharge instructions with a focus on proper use of equipment, safety, infection control, and pain management;
* Collaborated effectively with a interdisciplinary team of medical and health professionals;
* Documented patient assessment, patient medications, healthy history and past surgeries.
* Monitored patients before and after surgery
* Performed interventions on patients when EKG shows signs of an irregular heartbeat.
* Obtained and removed IV access.

**Registered Nurse, PACU****Greenbelt Endoscopy Center (06/2018 – 04/2019, Part-time)*** Provided direct quality care to post-operative patients for both scheduled and emergent surgeries
* Assessed patient's condition and monitored post-surgical recovery
* Implemented post-surgical treatment plan and provided detailed report to med/surg nurse for patient transfer/admission
* Reviewed and implemented physician orders

**Registered Nurse, ICU** **Inova Health System (06/2018 – 04/2019)*** Provided high quality care for a wide variety of critical care patients, encapsulating all interventions with critical care RN scope of practice.
* Participated in codes situations (BLS/ACLS certified)
* Managed ventilated, sedated patients, Arterial lines, and continuous ECG monitoring and all other invasive procedures.
* Managed all pharmacological drips including vasoactive and sedative drips
* Collaborated with physicians from all disciplines including critical care team (MD / Pharmacist/Therapist) to provide and manage care for critically ill patients.
* Collaborated with and educates patient / family as appropriate in critical care setting.

**Registered Nurse, MICU** **CHI St. Vincent Health (10/2017 – 05/2018)*** Assessed, planned, implemented and evaluated patient care and performed patient education in accordance to unit standards for all patient types and age groups.
* Collaborated with professionals across the organization to formulate an integrated care plan.
* Devised health care goals using a holistic approach aligned with patient and family needs.
* Championed changes in documentation and drug administration processes.
* Promoted team environment by effectively identifying needs of other staff and assisting them.
* Administered the prescribed medications, changed dressings, clean the wounds and monitor the body

**Registered Nurse, Staff nurse** **Hospice Home Care – Inpatient Care Unit (09/2019 – 05/2018)*** Provided continuous and precise assessment of patient’s pain and comfort levels
* Managed physical, mental, emotional, and spiritual needs of patients and families as they journeyed through end of life issues
* Developed and implemented individualized plan of care via computerized documentation
* Utilized critical thinking, communication, time management, and problem solving skills

**Registered Nurse, Preop / PACU** **Arkansas Outpatient Surgery Center - Pre & Post Surgery (02/2019 – 05/2018)*** Safely monitored patients, administered medication, provide education to patients and caregivers for discharge instructions with a focus on proper use of equipment, safety, infection control, and pain management;
* Collaborated effectively with a interdisciplinary team of medical and health professionals;
* Documented patient assessment, patient medications, health history and past surgeries.
* Monitored patients before and after surgery
* Obtained and removed IV access.
* Provide education on procedures, treatment and discharge instructions.

**Arkansas Pediatric Facility– Charge Nurse (08/2017 – 10/2017)*** Assessed resident's condition upon admission and daily thereafter.
* Administered medications and treatments as ordered by the physician following facility protocol. Accountable for maintaining accurate narcotic count every shift.
* Responsible for maintaining documentation, which reflects health care needs of every patient, care and treatment provided, patient's response to care and treatment, and patient disposition.
* Implemented nursing plans of care, reviewed progress of patients, and revised plans of care as needed.
* Identified and provided additional assistance and support to ensure quality patient care and positive outcomes.

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